#### MUNIRA TAMIM ELECTRICWALA

Pune, Maharashtra, India

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#### **EDUCATION**

#### M.Sc., Clinical Psychology, MIT World Peace University (Pune, Maharastra, INDIA)

**Completion: May 2024** 

- Cumulative GPA: 9.10 or 86.45%
- **Key Courses:** Abnormal Psychology; Developmental Psychology; Clinical Psychology; Counselling Psychology; Cognitive Psychology; Psychopathology; Research Methodology; Statistics in Behavioral Sciences; Neuropsychology

# B.A., Psychology, Sociology, Economics, *Mount Carmel College Autonomous* (Bengaluru, Karnataka, INDIA) Completion: April 2021

- Cumulative GPA: 7.43 or 73.43% (FIRST CLASS DISTINCTION)
- **Key Courses:** General Psychology; Biopsychology; Research Methodology; Statistics in Behavioral Sciences; Industrial & Organizational Psychology; Health Psychology

#### TECHNICAL SKILLS AND LANGUAGES

IT Skills: MS Word, MS Excel, MS PowerPoint

Software: SPSS, JASP, RStudio

Languages: Gujarati, English, Hindi, Urdu, French

#### RELEVANT WORK EXPERIENCE

# Clinical and Research Intern, Niche Advocacy Foundation

March 2024 - May 2024

Pune, Maharashtra

- Conducted visits to OPD and IPD, where I observed, assessed, and reported case histories, and administered the WHODAS
  Scale and various psychological assessments for clients with neuro-clinical disorders and their caregivers under the
  mentorship of Dr. Poornima Gauri (CEO, MD, DNB (Neurology)) at Joshi Hospital and Sancheti Hospital.
- Attended weekly lectures on allied neuroscientific topics at Sancheti Healthcare Academy.
- Delivered presentations on neuroscientific topics for skill development purposes.
- Authored blogs and curated online lecture videos for Niche Advocacy Foundation's YouTube channel.
- Organized and facilitated workshops focused on skill development, emotional well-being, prevention, and palliation for children, women, urban youth, and the elderly.

## Psychology, Behavioral & Mental Health Solutions & Psychometrics Intern, Nolmë Labs

July 2023 - March 2024

Mumbai, Maharashtra

- Worked in the capacity of a mental health and psychology intern at Nolme Labs.
- Curated content and aided in projects centric on psychometric test construction for psychological advocacy and awareness purposes on various platforms.
- Primary work entailed transcription and editing, graphic designing, curating social media content, and writing articles on psychological awareness and advocacy.

# Student Research Collaborator, The Therapy Room

Jun 2023 - July 2023

Kerala, INDIA

- Guided a team of undergraduate and graduate students from India to facilitate a qualitative research paper titled, "The Lived Experiences of Cannabis Addiction: Understanding the Physiological, Psychological, and Social Implications".
- Reviewed, analyzed, and synthesized around 100+ papers to generate a qualitative research paper in collaboration with The Therapy Room.

## Psychology Intern, Havoc Therapy Private Limited

Dec 2022 - Jan 2023

Hyderabad, Telangana

- Was trained to be an 'Active Listener' for the company's in-house mental health app "We Hear You".
- Attended training sessions on LGBTQIA+ Mental Health and Affirmative Listener, Cognitive Behavior Therapy, Grief Counselling, Initial Rapport Building and Creating Therapeutic Space, Art Therapy, and Music Therapy.

# Counselling and Research Intern, MindTribe.in

July 2021 - Feb 2022

Delhi, New Delhi

- Offered one-on-one counseling sessions, wrote blogs, and curated and conducted relevant workshops.
- Mentored the Social Media Management Team of MindTribe, and overlooked the Social Media Page (<u>@mindtribe.in</u>) and Admin responsibilities for the company (Recruitment and Training).

# Associate Project Manager, KAARMIC Education Services

Feb 2020 - Mar 2020

Hyderabad, Telangana

- Facilitated KAARMIC operations by managing a team of around 5+ Campus Ambassadors.
- Overlooked recruitment in Mount Carmel College and various other Universities in Maharashtra, India.
- Conducted Orientation and Recruitment Drives at Mount Carmel College.

# Campus Ambassador, Under 25

**July 2019 – Sept 2020** 

Bengaluru, Karnataka

- Fostered the ethos of Under 25 at Mount Carmel College through the curation of diverse online and offline student experiences.
- Directed and supervised online operations for Under 25 at Mount Carmel College via Instagram (@under25mcc).
- Led a team of over 40 members across various sectors including ideation, content writing, and social media management.
- Acted as a liaison between Under 25 and Mount Carmel College to ensure effective communication and collaboration.

# Camp Facilitator, KAARMIC Education Services

Apr 2019 - May 2019

Hyderabad, Telangana

- Facilitated and fostered collaboration with around 15 volunteers in carrying out learning experiences for children in grades 6 to 8 in a Rural Social Welfare School at Nalagonda, Telangana.
- Aided in Curriculum Development which aimed at teaching soft and hard skills to the school children.
- Ensured efficient functioning between the students and volunteers.
- Overlooked the company's project operations, and maintained liaison with Mount Carmel College.

## Camp Intern, KAARMIC Education Services

Oct 2018 - Nov 2018

Hyderabad, Telangana

- Resided with and instructed over 250 children of the Gondi Tribe in rural Andhra Pradesh, teaching life skills including English language, Mathematics, Science, Physical Education, Theatre, Dance, and Music in collaboration with a team of volunteers and mentors.
- Facilitated the development of employable skills in children and community members, enabling their seamless integration into mainstream Indian society.

# LEADERSHIP AND VOLUNTEERING EXPERIENCE

## Child Rights Leader, C.R.Y (Child Rights & You)

July 2019 - June 2020

Bengaluru, Karnataka

- Promoted the values of Child Rights and You (C.R.Y.) at Mount Carmel College by organizing online and offline activities to advocate for the educational rights of children from underprivileged areas in India.
- Managed a team of 20+ team members divided into multiple sectors (Ideation, Content Writing, Social Media Management, Finance, Fundraising).

- Successfully raised approximately 1 million INR during the COVID-19 pandemic to support underprivileged families in India
- Served as the liaison between Child Rights and You (C.R.Y.) and Mount Carmel College.

#### Teacher Volunteer, U&I.Org

June 2019 - Feb 2020

Bengaluru, Karnataka

- Instructed an assigned student in English, Mathematics, and basic life skills.
- Monitored and assessed the student's behavioral progress throughout the year.
- Developed lesson plans and tailored teaching methods to suit the student's individual learning style.

#### ONGOING RESEARCH PROJECTS

- The Alzheimer's Caregiving Gauntlet A Comprehensive Analysis of Indo-International Carer Strain (Complete/In the process for publication).
- Review paper on the Transcendental Psychology of Sexuality and Consciousness (working title/paper).
- Social Barriers Faced by People with Locomotor Disabilities and Measures for their Mainstreaming in India (Complete/In the process for publication).
- Review paper on the Neuropsychological Correlates of Sexual Trauma among Indian Males (working title/paper).
- Review paper on the Neurobiological and Epigenetic Correlates of Transgenerational Trauma among Asian Cultures (working title/paper).
- The Lived Experiences of Cannabis Addiction: Understanding the Physiological, Psychological, and Social Implications (Complete/In the process for publication).
- Review paper on Dark Triad and the experience of Sexual Trauma in Young Adults (working title/paper).

#### ADDITIONAL ACHIEVEMENTS & AWARDS

- Event Coordinator World Mental Health Day 2023: Spearheaded a conference dedicated to World Mental Health Day with a team of 50+ individuals across various sectors in October 2023 at MIT-WPU.
- Event Coordinator *Jagruti 2023*: Spearheaded a symposium highlighting awareness of addiction and its impact on society with a team of 20+ individuals across various sectors in February 2023 at MIT-WPU.
- Runner Up Hack MIT-WPU 2023: Was awarded the 'Runner Up' place at MIT-WPU's Hackathon '23 Competition for curating and developing a mental health app for the student body of MIT-WPU.
- MIT-WPU Merit Scholarship: Was awarded the MIT-WPU Merit Scholarship covering 20% of the annual tuition fees for the academic year 2023 2024.
- **Literary Association Secretary:** Was the Secretary of *Mount Carmel College's Literary Association* for the Academic Year 2020-2021. Recruited and managed a group of 25+ students divided into various sectors. Curated the Annual Literary Fest *Apostrophe 2021* online for up to 500 attendees with 10 curated events. Maintained and curated online events for students and Association Members of the college.
- Content Head: Was the content head for *Mount Carmel College's Women's Cell* and *Sociology Association* for academic years 2019 to 2021.
- **Sub-Head of Marketing and Public Relations:** Was the Sub-Head of Marketing and Public Relations for *Mount Carmel College's Annual Inter-Collegiate Fest Cul-Ah! 2019.*
- Panel Speaker: Was the Panel Speaker for Mount Carmel College's Sociology Symposium on "Myth and Realities of Gender in Contemporary Society" in 2018.

#### **CERTIFICATES**

• 2023/10 Coursera

Fundamental Neuroscience for Neuroimaging

• 2023/05 Monk Prayogshala

Eighth Annual Research Summer School

• 2023/02 Coursera

Psychological First Aid

• 2021/08 Centre of Excellence

Neuropsychology Diploma

• 2021/07 Asean Online Education AOE

Basic French