

# KHUSHI MALHOTRA

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My career objective and expectation is to excel in my field through hard work, research and perseverance and to obtain a position where I could effectively apply my skills and knowledge.

## ACADEMIC QUALIFICATIONS:

- Completed **Professional Diploma in Clinical Psychology** (PDCP) from **IIS** (**Deemed to be University**), **Jaipur** with **9.38 SGPA** (2023-2024).
- Completed MA. Applied Psychology from Amity University, Noida with 8.87 CGPA in the year 2023.
- Completed B.A. (prog) Psychology from Mata Sundri College for Women, University of Delhi with 7.2 CGPA in the year 2021.
- Completed **10+2 from Apeejay School, Noida** in Humanities with aggregate **85%** in the year2018.

## INTERNSHIPS:

# • Clinical Psychologist Trainee at Gautam Hospital and Research Centre, Jaipur

(Completed RCI clinical training under Dr.Shiv Gautam(psychiatrist) during Professional Diploma in Clinical Psychology 16<sup>th</sup> August 2023 - 14<sup>th</sup> August 2024. Managed a diverse range of clinical cases, including diagnosis, psychometric assessments, psychotherapy, and counseling.)

• Clinical Training at <u>The Lifestyle Clinic.</u>

(Completed clinical training under Dr. Jateen Ukrani(psychiatrist) & Dr.Varsha Ukrani (Psychiatrist) 5<sup>th</sup> March -5<sup>th</sup> May 2022 ,20<sup>th</sup> June- 24<sup>th</sup> July 2022. Participant Observer- Mental Status Examinations, Psychotherapy, Psychological Assessments, Training Sessions.)

# • Clinical Training at <u>Raj Psychological Services</u>.

(Completed clinical internship under Dr.Mala Vohra Khanna(Child &Clinical Psychologist) in November,2021. Observed clinical setup counselling sessions, assessments.)

# • Former Marketing Head at Power Within Psychology.

(Virtual internship for the year 2021 (May-August) working on campus engagement and developing new marketing strategies, conducting soft skills development workshops and

psychology awareness workshops, project and data management. Led a team of 10 interns in the marketing team)

- Former **Social Media Intern** <u>at Power Within Psychology.</u> (Virtual internship for the year 2020 (July-November) working on organization's social media management, content creation, digital marketing)
- Completed Online Child Psychology & Counseling Course from Manovedh Foundation.

(Virtually trained under Psychologist Mrs. Pranoti Tilak, Founder of Manovedh Foundation in April 2020)

• Completed 'Clinical Psychology' training course organized by Department of Mental Health and Behavioral Sciences. Fortis Healthcare Limited in April-May,2021.

#### **VOLUNTEERSHIP:**

• Club Secretary of Rotaract Club of Capital City New Delhi- NGO.

(Volunteered-"Mind Over Matter", conducted mental health awareness programs with team support to remove taboo and effectively cope stress in day to day life.)

• Former Member of Umeed- NGO. (Volunteer at project- "Knowledge for All", conducted educational workshops and recreational activities for the social skills development of the underprivileged children).

#### POSITION OF RESPONSIBILITY:

• Club Secretary of Rotaract Capital City (RID 3012) for the year 2021-22.

(Project leader for Mental Health Awareness Campaign, Team and event management, Fulfilling deliverables of on-going projects, Data management, Club Representative in Inter-club competitions andmeetings)

- Former member of Rotaract Capital City (RID 3012) for the year 2020.
- Former member of Women Development Cell of Mata Sundri College for Women for the year 2019.
- Former member of Cultural Fest Club at Mata Sundri College for Women for the year2019.
- Sports Captain at Apeejay School, Noida (2017-2018)

#### ACHIEVEMENTS:

- Presented a paper on "Application of Cognitive Behavior Therapy and Parental Management in a case of conduct Disorder" in the 50<sup>th</sup> National Annual Conference of Association of Clinical Psychologists (NIACP) (9<sup>th</sup>-11<sup>th</sup> February ,2024).
- Participated in the two-day workshop on Acceptance And Commitment Therapy (ACT) organized by the department of Clinical Psychology, IIS University, Jaipur.

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(31<sup>st</sup> January–01<sup>st</sup> February,2024)
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- Participated in the two-day workshop on Mindfulness Based Cognitive Therapy (MBCT) organized by the department of Clinical Psychology, IIS University, Jaipur. (29<sup>th</sup> 30<sup>th</sup> January ,2024)
- Awarded Gold Medal for outstanding academic performance at the convocation, Amity University, Noida, 2023.
- Received Scholarship Award during the first year of MA in Applied Psychology at Amity University, Noida (2021-2022)
- Awarded as Aid to The President in Thanksgiving Ceremony, Rotaract Club of Capital City New Delhi. (2021-2022)
- Award Recognition as Club Secretary in District level Thanksgiving, Rotary District 3012. (2021-22)
- Awarded as best Rotractor of the month in September 2021.
- Participated in District Conference organized by Rotaract District Organization, Rotary International District 3012 -13<sup>th</sup> feb-14<sup>th</sup> February 2021.
- Organized an online campaign on Artificial Intelligence with Rotaract Club of Capital CityNew Delhi RID 3012.
- Participated in 'Mental Health Fiesta' organized by Mental Health Foundation, All India Institute of Medical Science, Delhi in October, 2019.
- Participated in various co-curricular activities at school and inter-school level.
- Scored highest marks in the 2018 batch in Information Practices (IP).
- Awarded with the certificate of 100% attendance in the year 2010.