




# Kamendra Kumar

## Contact Me

 rkamendra551@gmail.com

 9760502180

 8859988982



## About Me

Hello! I am Kamendra. I am an experienced and empathic listener with skills in developing individual and group counselling and treatment with utilizing evidence based intervention cognitive behavior therapy and psychotherapy under supervision.



## skills

- Evidence based therapy
- Active Listening
- Interpersonal counselling.
- Nature therapy
- Professional problem solver
- Group counselling
- Individual counselling



## Education

- Hemvati Nandan Bahuguna Garhwal University
- Bachelor of Arts programme 2015-2018
- Masters of Arts (psychology) 2022-2024



## Language

- English
- Hindi



## Work Experience

- 2019-2021:- Internship from Nivh in clinical psychology.
- 2022-2023:- Internships from Doon hospital in clinical psychology.
- Experience of Nature Therapy.
- Experience in freelance Counselling therapy