

# DR. ARCHITA GUPTA

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## EDUCATION

<b>Bakson Homoeopathic Medical College</b> <i>Doctor of Medicine - MD, Psyciatry</i>	<b>Nov 2019 - Apr 2023</b>
<b>Dr. B.R. Sur Homoeopathic Medical College And Hospital</b> <i>B.H.M.S, Homoeopathy</i>	<b>Nov 2019 - Apr 2023</b>
<b>Holy Child Auxilium School</b> <i>Undergrad (10 +2)</i>	<b>Nov 2019 - Apr 2023</b>

## PUBLICATIONS

<b>Thesis</b>	<b>2023</b>
<ul style="list-style-type: none"><li>– Published a thesis on "Role of Homoeopathic intervention in the treatment of Major Depressive Disorder in housewives - A prospective observational study" in Bakson Homoeopathic Medical College</li><li>– Got recognised as the one of the most detailed thesis with a different approach in the whole department</li></ul>	
<b>Wissen 2, Bakson Homoeopathic Medical College and Hospital</b>	<b>2021</b>
<ul style="list-style-type: none"><li>– Published article on the topic of "Can interpersonal relationships be a threat to youth's mental health" and got awarded for the best article presentation.</li><li>– Got awarded as the Best Article presented.</li></ul>	
<b>Thesis</b>	<b>2017</b>
<ul style="list-style-type: none"><li>– Published a thesis on "Role of Homoeopathic Treatment in cases of Geriatric age group" in Dr. B R Sur Homoeopathic Medical College</li><li>– Oversaw many patients related to most common problems observed in the geriatric age group and experienced life changing results in common diseases like BHP, Blood Pressure and Diabetes through Homoeopathic Intervention.</li></ul>	

## EXPERIENCE

<b>Dr. Archita's Homoeo Clinic</b> <i>Homoeopathic Psychiatrist</i>	<b>Apr 2023 - Present</b>
<ul style="list-style-type: none"><li>– Diagnosed and treated 20-30 patients monthly by administering personalized medication plans for various mental, behavioral, and emotional disorders; improved patient recovery rates by 40 percent</li><li>– Providing guidance and support to guardians, relatives, and significant others regarding patients' conditions and treatment plans. Counseling them to enhance understanding and adherence to the prescribed treatment regimen.</li><li>– Supervising an average of 15 psychiatric patients and 20 general patients monthly.</li></ul>	
<b>Bakson Homoeopathy</b> <i>Psychiatry Intern</i>	<b>Nov 2019 - Apr 2023</b>
<ul style="list-style-type: none"><li>– Conducting Mental Health Awareness Camps in Rural Areas and Providing General Consultations</li><li>– Led initiatives focused on raising mental health awareness within rural communities through organized camps.</li><li>– Actively engaged in providing psychiatric and general medical consultations in peripheral OPDs facilitated by Baksons College, catering to diverse patient populations, thus making around 10-15 patients to benefit each day.</li></ul>	
<b>Dr. D P Rastogi Central Research Institute for Homoeopathy, Noida</b> <i>Psychiatry Intern</i>	<b>Nov 2021 - Nov 2022</b>
<ul style="list-style-type: none"><li>– Consulting patients with Major Depressive Disorder and specifically counselling housewives suffering with the same in rural population.</li><li>– Therefore helping in screening around 15-20 females in each visit for the symptoms of depression and helping to treat them accordingly.</li><li>– Acting as a General Homoeopathic physician for other general patients and participating in different medical projects being organized in different OPDs in the hospital and able to screen around 20-30 patients in each visit.</li></ul>	
<b>Bakson Homoeopathy</b> <i>General Physician</i>	<b>Jan 2020 - Mar 2020</b>
<ul style="list-style-type: none"><li>– Working in Peripheral OPD of Baksons Homoeopathic Institute, helping to screen and treat about more than 30 patients each day and treating them accordingly</li><li>– Consulting patients and making them aware of their present condition and available treatment options, managing around 20 patients individually each day</li></ul>	

**Dr. Kalyan Banerjee's Clinic - Delhi****Jun 2019 - Oct 2019***Homoeopathic Physician*

- Provided comprehensive patient consultations under the esteemed guidance of Dr. Banerjee, enhancing treatment adherence rates by 40percent.
- Assumed a pivotal role as the primary consultant for patients under Dr. Banerjee's care
- Conducted diligent monitoring of patients' vital signs, skillfully adjusting care plans for optimal comfort; effectively managed the screening and treatment of 300 patients each day, improving overall patient outcomes by 15 percent

**Dr. Krishnas Cancer Healer Center Private Limited****May 2018 - Jun 2019***Senior Homeopathic Consultant*

- Oversaw patient treatment plans and addressed their concerns with a focus on optimizing outcomes.
- Conducted thorough evaluations of treatment protocols across multiple centers to ensure consistency and efficacy.
- Educated and suggested patients for the appropriate treatment plans to be undertaken, helping around 40 patients each day across all the centers

**Dr. B.R. Sur Homoeopathic Medical College And Hospital****May 2017 - May 2018***Internship Trainee*

- Experience in managing, out patient department and in patient department patients ( around 70-80 patients each day)
- Experience in how to handle patients in geriatric age group (around 30 per cent of the whole number)

**Ayush dispensary - Katwaria Sarai****Feb 2018 - Mar 2018***Intern*

- Exposure as that of a Homoeopathic consultant.
- Exposure to common diseases being faced by the rural population in the modern age, thus helping around 50-60 patients each day

**PRIMARY HEALTH CENTER (Najafgarh)****Aug 2017 - Sep 2017***Internship Trainee*

- Exposure as that of a consultant and procedures and measures adopted at the district level to manage patients with all sorts of diseases , with experience as to immunization of children and experience of field visits in to the village.
- Helping treat more than 300 patients per day

**C.G.H.S Maternity Centre – R.K Puram****Jul 2017 - Aug 2017***Internship Trainee*

- Exposure as that of a physician to manage all the maternity cases ,deliveries , surgeries , ANC cases , PNC cases and to manage all the gynecological cases
- Exposure in cases of common female problems at different age groups

**Aruna Asaf Ali Memorial Trust - Delhi****May 2017 - Jun 2017***Internship Trainee*

- Exposure as that of a homoeopathic consultant.
- Helping to treat around more than 15 patients in a day

**Deen Dayal Upadhyay Hospital -Harinagar****2016 - 2015***Internship Trainee*

- Worked as an intern in Emergency room. (May 2016 - Jun 2016)
- Oversaw around more than 200 Emergency cases
- Worked as an intern in Gynae and Obs department, surgery room, labour room, Gynae and Obs O.P.D and experience in managing in Antenatal and Postnatal Cases. (Jun 2015 - Jul 2015)
- Took charge of more than 150 Normal Vaginal Deliveries and 100 Cesarean sections.

## VOLUNTEER EXPERIENCE

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**Mental Health Awareness Camp****Mar 2021 – April 2022**

- Provided psychiatric expertise to spearhead mental health awareness initiatives in rural areas, targeting government schools in peripheral districts of Greater Noida.
- Facilitated educational sessions for parents of affected children, contributing to community-wide understanding of mental health.
- Successfully oversaw the care of over 90 patients, ensuring their mental well-being was prioritized.

**Thyroid Camp****Jan 2015 - March 2015**

- Coordinated medical camps alongside senior colleagues and educators to raise awareness about thyroid conditions and aging in various Army schools across Delhi, helped in screening around more than 80-90 giels each day for thyroid disorders.
- Played a key role in educating school girls about menstrual health issues exacerbated by thyroid imbalances, empowering them with crucial knowledge for their well-being.