

Ms. AGRIIMA NANDA

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PROFILE

As an MSc Applied Neuropsychology graduate with a BA (Hons) in Psychology, I have published two research papers and gained extensive hands-on experience across a variety of settings, including hospitals, SEN schools, NGOs, and counselling services. My academic training, coupled with real-world clinical exposure, has equipped me with a deep understanding of psychological assessment, therapeutic interventions, and patient care. I have honed exceptional interpersonal and communication skills, enabling me to connect effectively with individuals from diverse backgrounds. Driven by a passion for continuous professional development, I have pursued multiple certifications across key psychological domains. I am now seeking clinical roles where I can apply my knowledge, skills, and dedication to providing high-quality psychological services, with a focus on improving patient outcomes and supporting mental health and well-being.

EDUCATION & QUALIFICATIONS

MSc. Applied Neuropsychology

University of Bristol, UK — 2022 to 2024

Completed a Master's degree with Merit, as part of a program offered in collaboration with North Bristol NHS Trust, providing hands-on clinical experience in diverse healthcare settings. Gained advanced knowledge in neuropsychology, including the neurological foundations of cognitive and emotional processes, neuropsychological assessment methods, and evidence-based approaches to patient care and rehabilitation.

- **Key Coursework:** Applied Clinical Neuropsychology, Neuropsychological Assessment, Functional Neuroanatomy, Clinical Issues in Neuropsychology, Theoretical Frameworks, Neuropsychological Rehabilitation, Evidence-Based Practice.
- **Empirical Dissertation:** Developed and validated innovative neuropsychological measures, including a *Symptom Experience Questionnaire* for symptom validity assessment and a *Visual-Search Task* for performance validity testing, enhancing diagnostic accuracy in neuropsychological evaluations.

BA (Hons) Psychology

University of IILM, Gurgaon, India — 2018 to 2021

Graduated with a solid understanding of psychological principles, including the biological and cognitive bases of behaviour, developmental psychology, and psychological testing techniques. Demonstrated strong academic performance, graduating with a comprehensive understanding of both theoretical and practical aspects of psychology.

- **Key Coursework:** Biological Basis of Behaviour, Developmental Psychology, Research Methods, Cognitive Psychology, Emotional Intelligence, Cross-Cultural Psychology, Positive Psychology, OB, Counselling Psychology, among others.
- **Cumulative CGPA** (6 semesters): 9.18

Senior School Certificate Examination (10+2)

DPS Sector 45, Gurgaon, India — 2017 to 2018

- **Cumulative Score:** 95.6% | **Best of Four:** 97.0%
- Coursework: Psychology, Political Science, History, Geography, English Core and Physical Education.
- Awarded *Proficiency in Psychology* for outstanding performance in 12th grade psychology.

WORK EXPERIENCE

Special Educational Needs (SEN) Practitioner & Key Person

Monkey Puzzle, London — Sept 2024 to Present

- Delivered tailored academic and behavioural support to students with a range of neurodiverse needs, including autism, ADHD, global developmental delay, intellectual disabilities, and sensory processing challenges. Achieved improved student outcomes, collaborating with educators to integrate assistive technologies, counselling strategies, and alternative communication interventions.
- Designed and implemented both short-term and long-term developmental plans for multiple students, contributing to Education, Health and Care Plans (EHCPs) and following the assess-plan-do-review cycle across key developmental areas such as behaviour management, emotional regulation, literacy, mathematics, expressive arts and understanding the world.
- Maintained comprehensive documentation including daily observations, developmental progress reports, and summative assessments to monitor and support individual student growth.
- Created inclusive, sensory-friendly classroom environments using activity-based learning approaches that supported smooth transitions, student engagement, and emotional well-being.

- Provided consistent safeguarding, emotional support, promoted positive peer interactions, and effectively communicated student progress, contributing to data-driven decisions on interventions and support strategies.
- Collaborated closely with multidisciplinary teams—SENCOs, speech and language therapists, school staff, and families—to develop coordinated, holistic support plans tailored to each child's individual needs.

Special Educational Needs (SEN) Practitioner

Sea Mills Primary School, Bristol — Sept 2023 to Aug 2024

- Supported the academic and behavioural development of students with a wide spectrum of special educational needs, including autism, ADHD, global developmental delay, and complex communication profiles. Delivered targeted interventions that led to measurable improvements in individual learning outcomes.
- Played a key role in adapting the mainstream curriculum into accessible, differentiated learning experiences, resulting in increased participation and engagement among SEN students.
- Developed and maintained inclusive, sensory-aware learning spaces that reduced anxiety, enhanced focus, and promoted smooth daily transitions for neurodiverse learners.
- Built strong, trust-based relationships with pupils, helping to improve emotional regulation and social interaction skills, while fostering a positive and respectful classroom culture.
- Regularly communicated progress insights and behaviour observations to class teachers and the wider team, directly contributing to successful adjustments in student support plans.
- Actively participated in multi-agency planning meetings, collaborating with speech and language therapists, SENCOs, and families to ensure a holistic and consistent approach to each student's development and care.

Clinical Psychology Trainee & Intern

Indian Counselling Services (ICS) — Nov 2021 to Feb 2022

- Gained practical expertise in administering psychological assessments, including provisional and differential diagnoses, case history compilation, and mental status evaluations, utilizing ICD-10 and DSM-5 diagnostic criteria.
- Actively engaged in case conferences, mock therapy sessions, and role-play exercises to strengthen clinical problem-solving, develop interpersonal skills, and refine therapeutic communication techniques essential for effective client interaction.
- Acquired an in-depth understanding of various psychological disorders and evidence-based therapeutic modalities through direct clinical exposure and observational learning, enhancing diagnostic and treatment planning skills.

Clinical Psychology Intern

Psychoflakes OPC Pvt. Ltd. — Sept 2021 to Oct 2021

- Participated in comprehensive training on diagnostic practices, including case conceptualization, clinical interviewing, and mental status examinations, mastering the use of ICD-10 and DSM-5 criteria through intensive case analysis and supervision.
- Contributed to clinical rounds, case conferences, and multidisciplinary meetings, fostering an evidence-based and collaborative approach to patient care and treatment planning. Developed therapeutic communication and problem-solving skills through role-plays, mock therapy sessions, and family therapy simulations.
- Gained practical exposure to psychometric testing, including intake interviews and structured assessments, as well as hands-on experience in a variety of therapeutic approaches such as CBT, DBT, psychodynamic therapy, and group therapy.
- Developed strong competencies in ethical practice, including confidentiality, legal compliance, cultural sensitivity, crisis management, suicide risk assessment, and comprehensive documentation.

Counselling Intern

National Association for the Blind (NAB) — Jun 2020 to Aug 2020

NAB India Centre for Blind Women & Disability Studies

- Delivered individual counselling services to visually impaired trainees at the NAB India Centre for Blind Women & Disability Studies, establishing a supportive, empathetic therapeutic environment to address emotional challenges and life adjustments.
- Conducted psychometric assessments to evaluate trainee progress and gain experience in psychological testing and evaluation, contributing to tailored treatment strategies.
- Implemented evidence-based interventions, including cognitive-behavioural techniques and mindfulness exercises, customized to meet the unique needs of the visually impaired community. Notably improved self-esteem, social skills, and psychosocial perspectives among trainees through group therapy and shared therapeutic experiences.

Psychology Intern – Department of Mental Health and Behavioral Sciences

Fortis Memorial Research Institute — Jun 2019 to Jul 2019

- Conducted comprehensive clinical casework, producing high-quality case reports that integrated detailed patient histories, counselling session observations, psychodiagnostic assessments, and insights gained from art therapy interventions, all under the mentorship of Dr. Samir Parikh and team. Developed strong skills in diagnostic formulation and clinical writing, contributing to accurate case documentation.
- Participated in mock therapy exercises and shadowed experienced clinicians, enhancing therapeutic communication skills, including active listening, rapport-building, and managing complex emotional dynamics. Progressed swiftly in developing core counselling competencies necessary for establishing effective therapeutic alliances with diverse patient populations.
- Gained invaluable hands-on experience in a fast-paced clinical environment, working with patients across a wide range of mental health disorders and refining diagnostic and treatment planning techniques.

Summer Intern – Department of Mental Health and Behavioral Sciences

Fortis Healthcare — May 2017 to Jun 2017

- Attended rigorous academic modules on clinical disorders and psychotherapies, building a solid theoretical foundation in psychological assessment, clinical interviewing techniques, and treatment approaches.
- Completed a self-reflective project that allowed for practical application of psychological concepts, fostering critical thinking, problem-solving, and the development of clinical judgment skills.
- Participated in immersive experiential training focused on self-awareness and human behaviour understanding, which enhanced my ability to navigate complex clinical environments and interact with patients from diverse backgrounds.

ACADEMIC PROJECTS & CERTIFICATIONS

Professional Certifications

- **Psychological First Aid** — John Hopkins University, 2021
- **Graduate Basis for Chartered Membership (GBC)** — British Psychological Society, 2021
- **Diploma in Modern Applied Psychology** — Achology, The Academy of Modern Applied Psychology, 2021
- **Accredited Master Practitioner in Emotional Freedom Technique (EFT) & Thought Field Therapy (TFT)** — CTAA Accredited by The Priority Academy, 2021
- **Clinical Hypnosis (Level 1) & Cognitive Hypnotherapy (Level 2)** — Endorsed by IACAH, 2020

Other Certifications

Safeguarding Level 2, Basic First Aid, Child Sexual Exploitation Awareness, Prevent Duty Training, In-the-Moment Teaching, Breast Ironing Awareness, Female Genital Mutilation (FGM) Awareness, Food Safety and Hygiene Level 2.

Publications

- **Research Paper:** “Effect of Parental Support and Expectations on Child’s Academic Performance During a Global Pandemic”
Published in *The International Journal of Indian Psychology* (Vol. 9, Issue 4, 2021). DOI: 10.25215/0904.026
- **Research Paper:** “Towards Owning Accomplishments: The Relationship Between Self-Esteem, Locus of Control, and Imposter Syndrome Among Undergraduate University Students”
Published in *The International Journal of Indian Psychology* (Vol. 9, Issue 4, 2021). DOI: 10.25215/0904.012

KEY SKILLS

Clinical & Assessment:

- Neuropsychological assessment and interpretation
- Psychometric testing and evaluation
- Case formulation and intervention planning
- Evidence-based therapeutic interventions (CBT, DBT)
- Crisis intervention and emotional regulation strategies

Educational & Support

- Special Educational Needs (SEN) support
- Behaviour management strategies
- Creating inclusive learning environments
- Adapting curriculum for diverse learners
- Safeguarding and risk assessment

Professional Competencies

- Cultural competence and ethical practice
- Communication in English and Hindi
- Multidisciplinary team collaboration
- Research and data analysis using SPSS
- Technical proficiency in Microsoft Office Suite