

# Nisha Karar

M.B.B.S., M.D. PSYCHIATRY

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**Objective**      As a newly qualified psychiatrist, I'm eager to embark on my professional journey. My areas of interest include psychopathology, psychopharmacology, neurobiology, and psychotherapy, with a specific passion for working with children and adolescent populations.

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<b>Education</b>	2021-2024	<b>M.D (Doctor of Medicine), Psychiatry,</b> Central Institute of Psychiatry, Ranchi University
	2015-2020	<b>M.B.B.S. (Bachelor of Medicine and Bachelor of Surgery)</b> College of Medicine and Sagore Dutta Hospital, West Bengal University of Health Sciences.
	2013-2015	Krishnabhabini Nari Shiksha Mandir (93.4%) West Bengal Council of Higher Secondary Education
	till 2013	Ichapore Girls' High School (93.4%) West Bengal Board of Secondary Education

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<b>Professional Training</b>	2022-2025	<b>Junior Resident</b> Central Institute of Psychiatry Special Postings in Deaddiction, Child and Adolescent Psychiatry, Cognitive Neurosciences.
	2021-2022	<b>House staff</b> Department of <b>Pulmonary Medicine</b> College Of Medicine and Sagore Dutta Hospital
	2021-2022	<b>House staff</b> Department of <b>Paediatrics</b> College Of Medicine and Sagore Dutta Hospital
	2020-2021	<b>Medical Intern</b> Department of Pulmonary Medicine College Of Medicine and Sagore Dutta Hospital

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<b>Research experiences</b>	2021-2024	Adjunctive Cariprazine in Drug-Resistant Obsessive-Compulsive Disorder: A Double-Blind Randomized Placebo-Controlled Study  <i>Guide: Prof. (Dr.) Aniruddha Mukherjee</i>
<b>Conferences</b>	Feb, 2025	<i>Indian Association for Child and Adolescent Mental Health 3<sup>rd</sup> National Mid-term CME (IACAM)</i>
	Jan, 2025	<i>Annual National Conference of Indian Psychiatric Society (ANCIPS 2025)</i>
	Nov, 2024	<i>Annual Conference of Indian Psychiatric Society Jharkhand State Branch (JASCON 2024)</i>
	Nov, 2023	<i>48<sup>th</sup> Conference of Eastern Zonal Branch of the Indian Psychiatric Society (CEZIPS 2023)</i>
	Sept, 2023	<i>22<sup>nd</sup> Post Graduate CME Indian Psychiatric Society-Eastern Zone</i>
	Sept, 2023	<i>Diamond Jubilee International Conference on Mental Health 2023 (DJICMH 2023), PGIMER, Chandigarh</i>
	Jan, 2023	<i>CME on Addictive Behaviors, CIP, Ranchi</i>
	Sept, 2022	<i>CME on 'Know Dementia', CIP, Ranchi</i>
	Sept, 2022	<i>National CME on Suicide Prevention, CIP, Ranchi</i>
<b>Workshops</b>	May, 2022	<i>CME on Mental Health in Post-COVID World, CIP, Ranchi</i>
	Feb, 2025	DBT for Children: helping parents help their children By Dr. Francheska Perepletchikova, Ph.D.
	Feb, 2025	ICD 11 (Mortality and Morbidity Statistics)

<b>Presentations</b>	2025	Free Paper Presentation in <b>ANCIPS 2025</b> <i>Adjunctive Cariprazine in Drug-Resistant Obsessive-Compulsive Disorder: A Double-Blind Randomized Placebo-Controlled Study – A Pilot Study</i>
	2025	Free Poster Presentation in <b>ANCIPS 2025</b> <i>Attempted Suicidal Hanging - Impact on Brain And Mind: Behavioral Sequelae In Survivor Of Suicidal Hanging</i>
	2023	Free Poster Presentation in <b>CEZIPS 2025</b> <i>The Diary of a Fawning Kid Turning into a Rebel</i>
	2023	Free Poster Presentation in <b>DJICMH 2023</b> <i>Klingsor Syndrome: Grievous Self Mutilations In Schizophrenia And Challenges In Management</i>
<b>Publication</b>	Indian Journal of Psychiatry (Supplementary)	Abstract: <i>Adjunctive Cariprazine in Drug-Resistant Obsessive-Compulsive Disorder: A Double-Blind Randomized Placebo-Controlled Study – A Pilot Study</i>
	Indian Journal of Psychiatry (Supplementary)	Abstract: <i>Attempted Suicidal Hanging - Impact on Brain And Mind: Behavioral Sequelae In Survivor Of Suicidal Hanging</i>
<b>Professional membership</b>	2023 - Present	<b>Indian Psychiatric Society</b> Life Ordinary Member – LOM/N20/23
<b>Awards and Achievements</b>	2017	<b>Honours</b> in Otorhinolaryngology
	2016	<b>Honours</b> in Microbiology
<b>Skills</b>	Microsoft Office Word, SPSS	
<b>Languages</b>	English, Hindi, Bengali	

**Non-Scholastics**

Design of the cover of JASCON 2024 souvenirs

Trained in visual art in different styles, techniques, and media

Reading, Cooking, Gardening, Photography, Travelling