

Skills

- Therapeutic Techniques
- Psychological Assessment
- Crisis Intervention
- Emotional Intelligence
- Communication Skills
- Research Methods
- MS word, Excel, Power point
- Basics of SPSS

Education

➤ MPhil in Clinical Psychology
2023-2025

Amity University Greater Noida
➤ Masters in Applied
Psychology

2021-2023
Amity University Uttar Pradesh
GPA: 8.39

➤ BA in Economics (HONS)
2018-2021
Jesus And Mary College
Delhi, India

First division-GPA: 7.83
➤ XII: science

2017-2018
Father Agnel School Noida
CBSE board (GPA: 93.6%)

Languages

Malayalam: First Language
English: Proficient
Hindi: Proficient
French: Elementary level

Kavya Maria Raju

Compassionate and dedicated clinical psychologist with experience in applying eclectic therapeutic approaches tailored to individual client needs. Skilled in integrating evidence-based techniques to promote holistic well-being. Passionate about working with diverse populations across age groups, cultural backgrounds, and clinical presentations. Committed to fostering a safe, inclusive, and growth- oriented therapeutic environment that empowers clients to navigate challenges and build resilience.

Clinical Training Experience

Air Force Central Medical Establishment (AFCME), New Delhi

02/2024 – 05/2025

I worked in the OPD of the Psychiatry Department, handling patients independently under supervision Conducted initial case intakes, clinical interviews, screening tests, psychological assessments, and devised therapeutic plans tailored to patient needs.

The Millennium School, Noida, Sector 119

12/2023- 01/2024

Observation of children with developmental disorders in an inclusive environment to conduct behavioral analysis and create behavior modification plans, worked alongside occupational therapists and special educators, and gained insight, conducted psychological assessments.

Certificate Courses and Trainings

All About Psychology - Training and Observation Based Therapy Internship

07/2024 - 09/2024

Practical training on case history taking, therapy formulation and management plan.

All About Psychology - Psychiatric Disorders And Case Studies- 07/2024 - 08/2024

12-hour intensive course facilitated by an experienced psychiatrist on major psychiatric disorders, along with case studies for comprehensive understanding.

Online - Forensic Psychology - 07/2024 - 09/2024

Forensic psychology from Cognizavest

Forensic psychology and body language training by Gaurav Gill

Sir Ganga Ram Hospital - Psychology Intern- 07/2022 - 08/2022

Observation based learning in OPD and academic presentations

Wellness Within - Online Therapy Internship - 09/2021 - 04/2023

Fundamental of Acceptance and Commitment Therapy, Dialectic Behavior Therapy, Solution Focused Brief Therapy and Psychological First Aid

NLP and Transaction Analysis

Group Therapy, Motivational Enhancement Therapy, and Neuropsychology

Conferences

8th Asian CBT congress and 1st Asian Trauma conclave, student delegate

Pre-conference workshop on cognitive assessments

International conference on psychology and rehabilitation sciences, paper presenter

Academic Work

'Analyzing the Differential Performances of India States in the Tourism sector: (1947-early 2020)', ATNA Journal

'Family Planning Policies and Sex-Selective Abortions in India: Does the former elevate the later?', ARTHA Journal

'The Relationship Between Perceived Parenting and Machiavellian Orientation in Young Adults', The International Journal of Indian Psychology