



BABITA SINGH KAUSHIK

PERSONAL DETAILS

-  /in/babita-kaushik
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-  +91 8268 137 282
-  15th May 1998

SOFT SKILLS

Empathy
Active Listening
Case Conceptualization
Analytical Reasoning

TECHNICAL SKILLS

Microsoft Office Suite
SPSS for Data Analysis
Teletherapy Platforms

ACCOMPLISHMENTS

Represented College/School and won various inter-school/college competitions (Academic as well as Sports)

INTERESTS

Volunteering
Solo Travel

LANGUAGES

English
Hindi
Marathi

PERSONAL PROFILE

Driven clinical psychologist specializing in counseling, psychoanalysis, and inclusive mental health interventions. Passionate about empowering individuals, fostering resilience, and promoting holistic well-being. Experienced in working with diverse populations and adept at designing tailored intervention plans for complex psychological needs.

EDUCATIONAL HISTORY

M.Phil. In Clinical Psychology (2022-2024)
Institute of Mental Health and Hospital, Agra

UGC NET Qualified (2024)

M.Sc. Clinical Psychology (2021)
Christ University, Delhi, NCR | 70.3%

B.Sc Forensic Science (2019)
Institute of Forensic Science, Mumbai | 7.4 CGPA

INTERNSHIP EXPERIENCE

Intern at **Blessed Angels, Mumbai** (Jan'22- April'22)
Intern at **Feelings Wellbeing, Delhi** (Jan'21-Mar'21)
Intern at **SocioLadder, Mumbai** (May'20-June'20)
Intern at **Cooper Hospital, Mumbai** (Apr'18-June'18)

PROJECTS AND PUBLICATIONS

Emotional Response of Young Adult Male in Romantic Conflict Situation

Research conducted with Sample Size 10 a qualitative study, demographically limited to India. Methods of information collection : In-person Interviews (audio recordings used as evidence with consent)

WORKSHOPS AND MOOC CERTIFICATION

Resilience in Children exposed to trauma, disaster and war - Coursera
POT Programme on Child Centric Disaster Risk Reduction - National Institute of Disaster Management
Neuro Linguistic Programming - Emocare / GTC
Gamification, Motivation Psychology and the art of engagement - Udemy
ICBPO 2020 Virtual international conference on building positive organizations- challenges and opportunities for a sustainable future