Awantika T9/13123, Mahagun Mywoods, Sector-16C, Greater Noida West, UP-201318 Mob: (+91))9910555035 Email: awantika.sinha@gmail.com

Career Objective: To be an asset to the organization and to perform tasks efficiently according to my skills, ability, and knowledge and to make my passion indispensable in the most preferred organization through hard work and consistency.

Educational Details:

Professional Qualification

- PGDGC (Post Graduate Diploma in Guidance & Counseling) from Regional Institute of Education Bhubaneswar, certified from N. C. E. R.T. New Delhi. Session 2005- 2006
- Post Graduate Diploma in Counselling & Spiritual Health from Annamalai University (2018-2019)
- BSS Diploma in Nursery Education from Bharat Sewak Samaj in Jan 2014-2015 Session.
- ➢ Computer Skills:
 - Windows,
 - MS Office
 - Internet surfing etc.

Certificate Courses:

- Career Counseling in 2020
- > NLP (Neuro Linguistic Program) in 2019
- > CBT (Cognitive Behavior Therapy) in 2018

Academic Qualification

- M.A. (Psychology) from BSBA Bihar University, Muzaffarpur with 70% in 2002
- ▶ B.A. (Psychology) from BSBA Bihar University, Muzaffarpur with 70% in 2000
- > I.Sc (Math, phy, chem.) from B.I.E.C, Patna with 55% in 1997
- > 10th from B.S.E.B, Patna with 66% in 1994

- 1. Working as Career Counsellor at Genleap, Gurgaon (on payroll of Mas Callnet India Pvt Limited, Noida) from Mar 2022.
- 2. Worked as Psychologist/Career Counsellor at my own establishment from Mar 2021 to Feb 2022.
- 3. Guest Counsellor/Facilitator @ Shiva NGO, Noida from Oct 2019.
- 4. Worked as Wellness Teacher (Child Counsellor) at St. John's School, Greater Noida West, U.P. from Oct 2019 to Mar 2021.
- 5. Worked as Child Counsellor at St. Peter School, Sector-88, Faridabad, Haryana from May 2018 to May 2019.
- 6. Worked as Mother Teacher cum Child Counsellor at Sai Dham School, Sector-86, Faridabad from March 2016 to Apr 2018.
- 7. Worked as Counsellor at URIVI Vikram National Centre for Adolescents, New Delhi from 1st Sept 2007 to June 2008.

Roles/Work Summary:

- Personality Analysis:
 - a. Performing personality analysis based on following key aspects:
 - Genomics
 - Astromancy
 - Psychometric
 - Ocean Model
 - b. Self-discovery reports discussion session with clients.
 - c. Sharing individual's positive strength & suggest working on certain gray areas.
 - d. Professional fitment suggestion.
- Career Counseling
- Counseling for Children, Teens & Adults for personal or family issues.
- One to One counselling/ Group Counseling

- Management of Parenting Issues and doubts
- Conducting Classes on Value Education & Life Skills
- Conducting awareness program among children.
- Diagnosis & Healing
 - a. Anxiety, Stress and Depression
 - b. Child and Adolescent Problems
 - c. Behavior and Thoughts Problems/Psychological Disorder related issues
 - d. Hypnotherapy Technique for any chronicle problems derived from past instances.

Achievements:

- Senior Diploma in Classical Singing from Prayag Sangit Samiti, Allahabad.
- Junior Diploma in Kathhak Dance from Prayag Sangit Samiti, Allahabad.

About Myself:

- High Motivation levels and perseverance
- Strong academic background
- Consistency in work and performance
- Ability to work hard and efficiently.
- Good Communication and interpersonal skills
- Helping attitude
- Team Player

Personal Detail:

Father's Name: Sri Birendra Prasad Date Of birth: 3rd June 1978 Gender: Female Marital Status: Married Nationality: Indian Languages: English, Hindi.

Hobbies: Playing computer games, reading novels, teaching, and listening to music.

Date:

Place:

(Awantika)