



SAANCHI AGGARWAL

About Me

I am keen on expanding my knowledge and experience in the field of clinical psychology while helping people through my profession. I aspire to pursue Clinical Psychology to help make a difference in people's lives while spreading Mental Health Awareness in our society.

Soft Skills

Public Speaking
Communication
Observational Skills
Team Leadership
Cooperation & Management
Listening Skills
Organisational Skills

Get in Touch



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Education

Cognitive and Behavioural Therapy Practitioner Certificate Course (2023)

Psyk Life

M.A. Clinical Psychology (2021-2023)

Amity University, Noida

Grade: 8.34

B.A. Psychology Honours (2018-2021)

Aryabhatta College, University of Delhi

Grade: 7.0

Experience

Centre for Child and Adolescent Wellbeing (CCAW)

Internship | January 2021 - February 2021

- Observed and studied various cases of Autism, ADHD and Clinical Depression among children and Adolescent under Dr. Deepak Gupta
- Formulated Case Reports on each case observed under supervision.
- Read study material on disorders such as Autism, Mood Disorders, OCD, ADHD and Clinical Depression.

Integrated Centre for Children, Adolescents & Young Adults (ICCAYA) New Delhi

Internship | September 2021- October 2021

- Observed various clinical cases
- Developed case histories and MSE for patients
- Assisted in administration of multiple psychological assessment tests on patients and subsequent evaluation.

Rebuilding Minds

Internship | March 2022- May 2022

- Observed various clinical patients
- Developed case histories
- Assisted in administration of multiple psychological assessment tests on patients and subsequent evaluation.