Dr. Jaya Singh (PT)

 (BPT) (MPT) Neuro

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# Profile Summary

I am a committed, caring and friendly physiotherapist with great passion for helping people of all ages. Experienced in treating people with physical disabilities for more than 3 years I have been involved in complete rehabilitation of disabilities, maintaining consistency for patients of long term treatment, ranging for the patients from different age groups. Eager to help and treat as many patients as possible.

# Experience

**Kailash Hospital, Noida ,SEC.27**

**(APRIL2018 - Present)**

Designation - Assistant Physiotherapist

* Managing patients
* Preparing treatment plan.
* Diagnosing patients with best treatment possible and gaining their trust.
* Handling long term patients.

# Qualification

* **Master of Physiotherapy(MPT)Neuro, (2018-20)** from Choudhary Charan Singh University, U.P. with **83%** aggregate .
* **Bachelors of Physiotherapy(BPT)** (2013-17) from Choudhary Charan Singh University, U.P with **82%** aggregate.
* Intermediate **(12th)** from UP board with **70%** aggregate.
* High School **(10th)** from UP board with **65%** aggregate.

# Skills

* Ability to work with patients with a variety of diagnoses and needs.
* Rehabilitating patients on Neurological conditions, Orthopaedic conditions and Musculoskeletal conditions.
* Preparing treatment plan.
* Managing patients log.
* Well trained in using Electro therapy as per treatment needs.
* Expertise in Manual Therapy.
* Expertise in Postoperative rehabilitation (TKR,THR,PFN etc.)
* Expertise in Post Fracture Rehabilitation
* Expertise in Stroke Rehabilitation

# Machine Operations

* US (Ultrasonic therapy)
* LAZER therapy
* TENS (Transcutaneous Electrical Nerve Stimulation)
* IFT (Interferential therapy)
* Traction (ICT,ILT)
* HP (Hydrocollator Pack)
* CP (Cryotherapy)
* Paraffin Wax (PWB)
* IRR (Infrared Radiation)
* Combination

# Manual Therapy

* NAGS, SNAGS, MWMS
* McKenzie
* Bobath Approach
* Brunnstrome Approach
* Shoulder Mobilization
* Ankle Mobilization
* Wrist And Hand Mobilization
* Elbow Mobilization
* Manual Traction
* Stretching

# Conference and Workshop Attended

* CME ON EDU TRINING ERGONOMICS. At Metro multi speciality hospital, Noida. (5 Aug 2018)
* Participated in CARDIO CONNECT “over arching perspective in cardiac surgery and rehabilitation” at MAX super specialist hospital, Saket.
* International Conference on Neuro rehabilitation: Developing skills. 27 and 28 Nov 2015 at Apollo hospitals, Indraprasth, New Delhi.
* Participated in sports physiotherapy CME on enhance performance - Play Fit. 23rd Aug 2015 at Apollo hospitals, Indraprast, New Delhi.

# Hobbies and Interests

* Singing, Dancing
* Participating in fashion Show.

**Declaration**

I hereby declare that the given above information are true to the best of my knowledge and belief and can be supported with reliable documents when needed.

[ Dr. Jaya Singh (PT) ]