



Harshita Tyagi

Signature Residency
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Ghaziabad

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Professional Summary

Experienced and dedicated psychology educator with a passion for fostering a deep understanding of human behaviour and mental processes, skilled in creating engaging student centred lessons, utilising diverse teaching methods and promoting critical thinking in both theoretical and applied psychology. Committed to fostering a positive learning environment that support student growth and academic success.

Relevant Experience

PGT Psychology

SCHOOL COUNSELLOR

MEERUT PUBLIC SCHOOL FOR GIRL'S
MEERUT

Internship

FORTIS MENTAL HEALTHCARE
NOIDA

Internship

MAX HOSPITAL
DEHRADUN

Internship

TULSI MENTAL HEALTHCARE
GURUGRAM

Skills and Proficiencies

- **Subject Expertise:** In-depth knowledge of psychological theories, concepts, research methods and various branches of psychology such as cognitive, developmental, social and clinical
- **Curriculum Development:** Ability to design and implement engaging lesson plans aligned with educational standard and student needs
- **Classroom Management:** Strong ability to maintain discipline which foster a positive classroom environment and manage diverse learning needs
- **Assessment and Evaluation:** Proficient in developing and administering various forms of assessment
- **Communication Skills:** Strong verbal and written communication skills for effective interaction with students, parents and colleagues
- **Technological proficiency:** Knowledge of using educational technology such as smart boards, online learning platforms to enhance teaching and learning experience of students
- **Research skills:** Ability to guide students in conducting psychological research including hypothesi, data collection and analysis

Education

Masters In Clinical Psychology (M.A)

DIT University
Dehradun

Bachelor of Arts And Education (B.A.B.Ed.)

Banasthali Vidyapith
Rajasthan

10+2

BIRLA BALIKA VIYAPEETH
BITS, PILANI
RAJASTHAN

- **CTET Qualified**

- **RESEARCH PAPER**

A COMPARATIVE STUDY: Effect of Sahaja Yoga on Happiness, Anxiety and Well-being

- **RESEARCH PAPER PRESENTATION**

International Yoga Conference On "Principles And Practices Of Yoga"

