

# YASH BINWANI

## Clinical Psychologist

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55 – Surbhi Avenue phase 1 awadhपुरi, Bhopal, MP | 8120304652 | binwani8@gmail.com

### Objective

Seeking demanding and challenging work with a growth-oriented organization where I can utilize and polish my knowledge for the organization's growth. Passionate about continuous learning and development, I am dedicated to contributing my expertise as a proactive member of the team.

### Experience

#### **CLINICAL PSYCHOLOGIST | ATHENA BEHAVIORAL HEALTH | SEPTEMBER 2024 – PRESENT**

- Conducting psychotherapy sessions
- Administration of psychometric assessments and creating report.
- Providing psychoeducation to patient and family members.
- Guiding counselling psychologists to manage the patients, helping them with group sessions and supervising them.
- Work closely with psychiatrists for diagnostic clarifications and creating a psychotherapeutic plans for the patient.

#### **CLINICAL PSYCHOLOGIST TRAINEE | SGT HOSPITAL | SEPTEMBER 2022-AUGUST 2024**

- Gained hands-on experience in conducting psychotherapy sessions under the guidance and supervision of professors.
- Acquired skills in administering psychometric assessments and preparing assessment reports under supervision.
- Collaborated with junior and senior resident psychologists to observe and contribute to diagnostic clarification and the development of psychotherapeutic treatment plans under supervision.

### Education

- **S.G.T. University, Gurgaon, Haryana**  
*M.Phil. Clinical Psychology*

68%, Completed in 2024

- **Amity University, Noida, U.P.**  
*M.A. Counselling Psychology*

7.79 CGPA, Completed in 2022

- **Bhopal School Of Social Sciences**  
*B. Com, (Honours)*

59.92%, Completed in 2020

- **St. Xavier's School**  
*Commerce, Class XII CBSE Board*

68.4% Completed in 2017

- **St. Xavier's School**  
Class X CBSE Board

7 CGPA, Completed in 2015

## Training and Internships

- **Trainee | Psychosiksha**  
**Duration:** 7 days  
**Description:** Administration of Rorschach Inkblot test (Exner), seating arrangement, Dos and Don'ts, Sequence of presentation, data collection process, Inquiry phase, structure of interpretation of the data, response sheet, scoring and interpretation.
- **Trainee | Psychoshiksha**  
**Duration:** 7 days  
**Description:** Administration of Thematic Apperception Test, seating arrangement, scoring and interpretation.
- **Intern | Indian Council for Profession Mission**  
**Duration:** 3 months  
**Description:** Nature and Scope of Guidance and Counseling, group and individual Guidance, fundamental counseling skills, basic counseling skills, counseling interview, ethics in counselling
- **Intern | Catholics Health Association**  
**Duration:** 1 month  
**Description:** Spread awareness about various diseases in the nearby villages of Bhopal  
Organized health-related workshops for the people of villages  
Organized creative activities for the students of Anganwadi
- **Intern | Indian Council for Professional Education Mission**  
**Duration:** 3 months  
**Description:** Career Counselling and Career Development Importance of Psychometric tests and learning- Interests, Personality, Intelligence and Aptitude tests Live Observation of cases and discussion of case studies

## Core Competencies

- Building and maintaining strong therapeutic alliances
- Conducting individualized, client-centered psychotherapy
- Providing psychoeducation tailored to client needs
- Administering and interpreting psychometric assessments
- Demonstrating active listening and reflective communication
- Practicing empathetic understanding and non-judgmental support.

## Accomplishments

- Represented BHEL in MPCA organized Cricket tournaments
- Represented St. Xaviers School in various athletic tournaments
- Participated in Ad-Mad shows and won prices
- B.A. Vocal Music from Prayag Sangeet Samiti, Allahabad ( 2<sup>nd</sup> year)

## Interests

Reading, Sports, Gym, Singing, Playing Guitar and Sketching Portraits