

ANJALI SRIKANTH

Clinical Psychologist (A)



New Delhi, India |



9958545218 |



anjalisrikanth0330@gmail.com

PROFILE

I am a licensed associate clinical psychologist with experience in psychological assessment, diagnosis, and therapeutic interventions. I specialise in evidence-based approaches, including Behaviour Therapy, Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), catering to individuals encompassing a wide range of mental health concerns through my strong background in psychological testing. I am committed to providing compassionate, patient-centered care aimed at promoting emotional well-being and growth.

CORE COMPETENCIES

- Clinical Psychology
- Personality Testing
- Cognitive Behaviour Therapy
- Psychodiagnostic Assessment
- Behaviour Modification
- Crisis Intervention

WORK EXPERIENCE

Little Leap | Online

December 2022 - March 2023

Part-Time Soft Skills Trainer

- Inculcate and facilitate soft skills in young children which falls under three major skill buckets: Language and Communication Skills, Social and Emotional Skills and Creative and Cognitive Skills.
- Creating roadmaps and personalised educational plans for individual child's development, depending on their needs and future goals through the session.

INTERSHIPS

Clinical and Neuropsychology Internship

22nd Feb – 22nd Mar 2021

Psy-मन, Paschim Vihar, New Delhi

- Obtained clinical and neuropsychological experience on an online platform under the supervision of a licensed psychologist.
- Daily tasks include attending seminar sessions, attending assessment sessions, conducting assessments and writing reports for caseloads, analyse problem behaviours of client including appreciation of case.

Clinical Psychology Internship

1st Oct – 1st Nov 2020

Sentier Mind, Mumbai, India

- Obtained clinical experience on an online platform under the supervision of licensed psychologists.
- Understanding disorders with their respective assessment tools and writing reports.
- Daily tasks: conducting mock clinical interviews, taking individual caseload, performing psychological assessments and writing reports for the caseloads.

Clinical Psychology Intern

June 2018 – July 2018

Mind Vriksha, New Delhi, India

- Obtained clinical experience through shadowing client-approved psychotherapy sessions under the direct supervision of a psychiatrist and a psychologist.
- Improved interpersonal skills by interacting daily with individuals of varying socio-economic backgrounds and experiences.
- Improved observational skills by shadowing a psychologist and taking case histories, individual caseloads under supervision.
- Daily tasks included: taking case histories, MSE, MMSE, taking on individual caseload, providing psychoeducation, performing psycho-social assessments and planning intervention strategies.

ACADEMIC CREDENTIALS

Professional Diploma in Clinical Psychology (PDCP) Percentage: 76.33 SGT University Gurugram, Haryana	2023 – 2024
M.A. Clinical Psychology CGPA: 7.92 Amity University, AIPS Noida, Uttar Pradesh	2020 – 2022
B. A (Hons.) Psychology CGPA: 6.68 University of Delhi New Delhi, Delhi	2016 – 2019
Senior School Certificate Percentage: 93.5 Navy Children School New Delhi, Delhi	2014 – 2016

ADDITIONAL CERTIFICATES

- **Trauma Counselling (2 months)**
By Cognizavest affiliated with ICPEM (2022)
- **Psychological (Eclectic) Therapies (1 month)**
By Socially Souled (2021)