

CURRICULUM VITAE

Shatavisa Majumder (She/Her)

Current Location:

New Delhi, India

Phone: (+91) 8877668764

Email :

shatavisam@yahoo.com

majumdershatavisa@gmail.com

OBJECTIVE

To exercise the application of psychological principles and clinical skills in varied fields. To serve the institution/organisation with optimistic attitude and efficiency.

PROFILE SUMMARY

- Five years of working experience as Clinical Psychologist in psychiatric hospital, de-addiction center and multispecialty hospital.
- Extensive exposure in clinical work through M.Phil. course in hospital settings.
- Specialization in Clinical Psychology with more than 12 months experience in psychological assessment and diagnosis on clinical population.
- Certification in Dance/Movement Therapy
- Hands on experience in computer skills (Microsoft office, PowerPoint, SPSS, Email, Web and Social Skills, Video making/video editing skills).

KEY SKILLS

- Rigorous case history taking and psychological assessment through use of Psychometric Tools including Aptitude Tests, Intelligence tests, Interest Tests, Creativity Tests, Adjustment Tests, Projective tests (to name a few), assessment of Specific Learning Disorder, understanding and diagnosis of psychopathology.
- Application of counselling techniques and psychotherapeutic modules in child, adolescent and adult populations.
- Application of Acceptance and Commitment Therapy and mindfulness based therapies in adolescent and adult populations.
- Application of dance movement techniques in child, adolescent and adult populations.
- Providing queer affirmative psychotherapy to queer individuals and families.
- Emerging research skills.
- Conducting webinars and participating as resource person.

ADDITIONAL SKILLS

- | | |
|---|----------------------------------|
| ▪ Time management | ▪ Successfully meeting deadlines |
| ▪ Organizational ability | ▪ Multi-tasking |
| ▪ Ability to work independently and with team | ▪ Interpersonal skills |
| ▪ Attention to details | |
| ▪ Flexibility | |

EXPERIENCE PROFILE

- **Queer Affirmative Clinical Psychologist**
U Matter Live Better Pvt. Ltd.
May 2023- Present
 - Providing online psychotherapy to clients
 - Supervision and training of trainee psychologists
 - Content writing
- **Clinical Psychologist and HIV Counselor**
Mohandai Oswal Hospital, Ludhiana, Punjab
May 2022- April 2023
 - Provided supportive therapy and Acceptance and Commitment Therapy in Oncology and Palliative care setting.
 - Provided pre and post HIV counseling
 - Attended medical camp in nearby locations
- **Clinical Psychologist**
Mind Plus Retreat, Ludhiana, Punjab
November 2020- April 2022
 - Gathered extensive experience in providing Motivation Enhancement Therapy and Mindfulness-based Relapse Prevention Therapy, Self-Management and Recovery Training (SMART) in group setting to clients in de-addiction unit.
 - Practiced positive psychology, mindfulness and third wave psychotherapies extensively in individual and group therapy.
- **Clinical Psychologist**
Ashoka Neuropsychiatry Hospital and De-addiction Centre, Jalandhar, Punjab
February 2019- November 2020
- **Clinical Psychologist**
Antara Psychiatric Hospital, South 24 Pargana
July 2018- October 2018
 - Conducted psychological assessments including IQ assessment, neuropsychological assessments, personality assessment and diagnostic psychometry of children, adolescents and adults with different psychological and developmental conditions.
 - Provided different psychotherapies to children, adolescents and adults as per their requirement which include cognitive behaviour therapy, relaxation therapy, dialectic behaviour therapy, crisis intervention, family, couple and group therapy and so on.
 - Gathered extensive experience in dealing with clients in de-addiction unit and provided Motivation Enhancement Therapy and Relapse Prevention Therapy.
- **M.Phil Trainee**
Central Institute of Psychiatry
May, 2016- April, 2018
 - Gathered experience in psychiatric history taking and mental status examination of children, adolescents and adults with different psychological conditions in outpatient and inpatient department.
 - Acquired extensive knowledge and skills in conducting psychological assessments and providing psychotherapies to individuals, families and groups.
 - Developed extensive knowledge, skills and interests in dealing with clients with different addictions through 3 months posting in de-addiction unit.
 - Interaction with children with developmental disabilities and conducting assessments of IQ and other developmental conditions at Deepshikha Institute for Child Development and Mental Health, Ranchi.
- Clinical exposure at the psychiatric outpatient department and indoor wards of R. G. Kar Medical College and Hospital, Kolkata.

AWARDS AND ACHIEVEMENTS

- Awarded Late Chandrima Goswami Memorial Award for securing first position from Gokhale Memorial Girls' College in Psychology in B.A Part-I (Honours) Examination.
- First Class eighth rank card in B.A. in Psychology, University of Calcutta.
- Completed Certificate Foundation in Dance/Movement Therapy with first class and distinction.
- Presentation of research paper at Centenary Conference on Psychology, University of Calcutta (October, 2015)
- Presentation of research paper at 16th Annual Conference (JASCON 2016) of Indian Psychiatric Society, Jharkhand State Branch on "Living with Mental Illness", CIP, Ranchi (October, 2016).
- Presentation of research paper at National Conference on Addiction Psychology, AIIMS, Ghaziabad. (September, 2017).
- Presentation of research paper at the 44th National Annual Conference of Indian Association of Clinical Psychologists, Gautam Buddha University, Greater Noida (February, 2018).

ACADEMIC SUMMARY

Master of Philosophy (M.Phil.)

Clinical Psychology

Central Institute of Psychiatry, Ranchi

2016-2018

YEAR	% OF MARKS OBTAINED
I	67.20%
II	66.86%
Cumulative	67% (First class)

Master of Arts (M.A.)

Applied Psychology

University Of Calcutta

2013-2015

SEMESTER	% OF MARKS OBTAINED	GRADE	REMARKS
I	76.00%	A+	Excellent
II	70%	A+	Excellent
III	74.8%	A+	Excellent
IV	72%%	A+	Excellent
CUMULATIVE	73.2%	A+	Excellent (First Class)

Bachelor of Arts (B.A.)

Psychology

Gokhale Memorial Girls College,

University Of Calcutta

2010-2013

- Placed in first class with 67.88% aggregate marks
- Ranked Eighth in B.A. in Psychology in University of Calcutta

Higher Secondary (Std. XII)

Bidhannagar Government High School

West Bengal Council of Higher Secondary Education

2010

- Overall score 78.8%

Secondary (Std. X)

Raghunathganj Girls High School

West Bengal Board of Secondary Education

2008

- Overall score 96.87%
- Ranked second in school

MEMBERSHIP OF LICENCING AUTHORITIES

Rehabilitation Council of India

- Registered as Clinical Psychologist
- Date of Registration- 16/5/2019
- CRR NO. A63528

MEMBERSHIP OF PROFESSIONAL BODIES

Clinical Psychology Society of India (CPSI)

- Professional Life Member- North Zone
- Membership ID- PLM-0048/2022

Creative Movement Therapy Association of India (CMTAI)

- Associate member – Chapter East
- East Membership No- 1040

TRAINING PROGRAMMES

- 6 weeks online training on “**Trauma-focused Acceptance and Commitment Therapy**” with Dr. Russ Harris, Psychwire- June, 2023
- **Foundation Course in Palliative Care- Psychosocial Interventions (Basics)**
Trivandrum Institute of Palliative Sciences- March, 2023
- **Foundation Certificate Course in Forensic Psychology**
Sherlock Institute of Forensic Science India- January, 2023
- **Foundation Course on Dance/ Movement Therapy**
Ballygunge Rhythmosaic School and Dance Institute & Pradip Centre for Autism Management 2015-2016
Placed in first class with distinction with 74.8% marks

WORKSHOPS AND SEMINARS ATTENDED

- A 2 days CRE webinar on “Public Mental Health” organized by Postgraduate Institute of Medical Education and Research (PGIMER), Chandigarh. (October, 2022)

- A 2 days RCI-CRE approved programme on “Autism Spectrum Disorder: Comprehensive Assessment and Integrated Management.” (September, 2022)
- A 3 days RCI-CRE approved international workshop through webinar on “Development of Cognitively Accessible „Easy Read” Communication for self-advocates with IDD”, (September, 2022)
- A 2 days RCI-CRE approved international workshop on “Compassion Focused Therapy: Application in Developmental Disabilities and Psychological Disorder”(August, 2022)
- 46th National Annual Conference of Indian Association of Clinical Psychologists, Chandigarh (February, 2020).
- Annual CME-2016 of Indian Epilepsy Association Ranchi Chapter on “Managing Epilepsy” (November, 2016).
- A 3 days workshop and CRE programme on Dance/ Movement Therapy for Development of communication and Body Attitude in Developmental Disability affiliated by RCI (April, 2016).
- Workshop on Assessment and Management of Specific Learning Disability organized by Psycho Matrix and University of Calcutta (March, 2015).
Workshop on “Cognitive Behaviour Therapy” organized by Antara Psychiatric Treatment and Rehabilitation Centre (October, 2014).
- Participated in a neurolinguistic experiment (Language Comprehension-cross-modal lexical decision task using Electroencephalography) conducted as part of a study under a project funded by the European Research Council at the University of Oxford (February, 2012).

PERSONAL PROFILE

- Date of Birth: 03.04.1993
- Nationality: Indian
- Languages known: Advanced- Hindi, Bengali, English
Intermediate-Punjabi
- Communication address: 4/12, Old C.I.T Buildings, Beliaghata, Kolkata-700010

REFERENCES

1. Ms. Sufia Nusrat, M.Phil (CP), Chief Clinical Executive and Clinical Psychologist, Cadabams, Hyderabad-500075.
[Contact no: 7899076423](tel:7899076423)
2. Prof. Sadhan Dasgupta, Retired Professor, Department of Applied Psychology, University of Calcutta, 92 APC Road, Kolkata-700009.
Email: sdgcal@rediffmail.com
[Contact no: 943233707](tel:943233707)

