**TANYA SINGH**

**UNIVERSITY: AMITY INSTITUTE OF PSYCHOLOGY AND ALLIED SCIENCES**

**AMITY UNIVERSITY, NOIDA**

**Email: tanyasingh0906@gmail.com**

**Contact: +9811771814**

**OBJECTIVE**

To gain an opportunity to work as a Psychologist in a reputed and well-established organization. I intend

to work for the organization in a way such that I become a competent professional, confident in my

clinical skills and enhance my professional identity as a psychologist.

**EDUCATIONAL QUALIFICATIONS**

* BA + MA CLINICAL PSYCHOLOGY (DUAL)
* Grade Point Average: 6.79/10 FIRST DIVISION
* 12th Standard (CBSE Board): 87.2% (Army Public School, Noida)
* 10th Standard (CBSE Board): 70.5% (Army Public School, Bathinda)

**INTERNSHIPS EXPERIENCE**

1.**HOSPITAL** – **Prakash hospital, Noida**

* **DATES –** 16 May 2016 – 05 June 2016
* **HOURS –** 60 hours
* **POSITION –** Intern
* **JOB** – Observation

2.**CENTRE** – **Santulan (the specialized Centre for management of psychiatric and alcohol/drug problems) Bali Nagar, Ramesh Nagar**

* **DATES** – 20 January 2017 – 25 February 2017
* **HOURS –** 60 hours
* **POSITION -** Intern
* **JOB** – Case History taking , group counselling and assessment of in and out patient

3.**CENTRE** – **Santulan (the specialized Centre for management of psychiatric and alcohol/drug problems).**

* **DATES –** 29 May 2017 to 29 June 2017
* **HOURS –** 90 hours
* **POSITION** - Intern
* **JOB** – Case History taking, group counselling and assessment of in and out patient

4.**CENTRE** – **Santulan (the specialized Centre for management of psychiatric and alcohol/drug problems) Bali Nagar , Ramesh Nagar, New Delhi**

* **DATES** – 12th January 2018 to 24th February 2018
* **HOURS** – 90 hours
* **POSITION -** Intern
* **JOB –** Case History taking, group counselling and assessment of in and out patient.

5. **FORTIS ESCORTS HEART INSTITUTE AND RESEARCH CENTRE**

* **DATES -** 21st may 2018 to 29th June 2018
* **HOURS -** 130 hours
* **POSITION -** Intern
* **JOB** - gained experience in dealing with patients from mild to severe stress, took psychological consultation of patients, observed therapy sessions, conducted psychometric testing (Personality and intelligence) on patients.

**6. MAX SUPER SPECIALITY HOSPITAL, SHALIMAR BAGH**

* **DATES -** 25th January 2019 to 9th March 2019
* **HOURS -** 96
* **POSITION -** Intern
* **JOB -** case history, observed OPD and IPD patients, MSE.

7. **KAILASH HOSPITAL AND HEART INSTITUTE**

* **DATES -** 15th May 2019 to 20th June 2019
* **HOURS -** 168
* **POSITION -** Intern
* **JOB -** observed OPD sessions as was working under the psychiatrist

8. AUTISM CENTRE FOR EXCELLENCE, Gurgaon

* 16 august 2021- 5th feb 2022
* Position - case manager/behaviour therapist
* job - classroom Keller, case manager (take behaviour data and uploading on the ACE APP, going on shift with autistic kids and making their individualised education programs as well as behaviour management guideline.

***SKILLS THAT I ACQUIRED IN MY TENURE AS AN INTERN –***

* *Communication Skills*
* *Listening Skills*
* *Empathy*
* *Patience*
* *Punctuality*
* *Rapport formation*
* *Understanding*
* *professional attitude*
* *Psychological assessment*
* *Diagnosing a mental disorder*

**ACHIEVEMENTS**

* Research paper on Correlation between working memory and anxiety among young adults. **Published in International journal of Indian psychology.**
* Part of the Parent child relationship workshops.
* Presentations in seminars on the topic of treatment of borderline personality disorder and what is sleep paralysis.

## Licenses & certifications

* Counselling Psychologist

Counsellors council of India

Issued Apr 2021 · No Expiration Date

Credential ID CRN NO. CRN5123311

* COVID 19 and mental health COVID 19 and mental healthAmerican Psychological Association
* American Psychological Association
* Issued Jun 2020 · No Expiration Date Issued Jun 2020 · No Expiration Date
* Certified counselling practioner

Certified counselling practioner

Achology Achology Issued Jun 2020

No Expiration Date Issued Jun 2020 ·

* Emerging strategies for mood and anxiety disorders

American Psychological Association

* Outpatient management of Geriatric Bipolar disorder

American Psychological Association

* Schizophrenia-spectrum disorders

American Psychological Association

* Suicide prevention individual training

QPR Institute

* Zero suicide prevention Zero suicide prevention

American Psychological Association

**HOBBIES**

Music, travelling, fitness

**PERSONAL DETAILS**

**Date of Birth**: 9 June 1997

**Languages Known:** English and Hindi

**Father’s Name &Occupation:** Col Devesh Singh, SM - Army officer

**Mother’s Name &Occupation:** Mrs. Neelima Singh – Home maker

***I hereby declare all the information above is true to the best of my knowledge.***

 ***- Tanya Singh***