

Mohini Thukran

RCI LICENSED CLINICAL PSYCHOLOGIST

Committed to advancing mental health through evidence-based practice, empathy, collaborative care and ethical responsibility in fostering individual and community well-being.

Experience

Professional Diploma in Clinical Psychology, SGT Hospital, SGT University (Full time-June 2024-August 2025) Role-Trained in ICD-11-250 hours of therapy-adult, child and family psychotherapy in OPD and IPD, psychoeducation and psychodiagnostics assessments.

Delhi Public School Ghaziabad, Sushant Lok, Gurugram-PGT Psychology(Full time-July 2023-March 2024) Role-teaching, Career Counseling, University Placement Coordinator, Class teacher for XII C, and Counseling.

Urivi Vikram National Centre for Adolescents, UVCT, Delhi-Sr. Psychologist (Full time-August 2022-December 2022) Role: Individual Counseling, Group Counseling Career Counseling, Workshops and Life Skills Education, curating modules and proposals.

Launch My Career, Delhi-Trainer & Career Counselor (Full time-Jan 2022-August 2022) Role: Trainer for personality assessment, Workshops with schools, and Career Counseling

Antarmanh Consultancy Pvt. Ltd., Gurgaon-Wellness & Resiliency Coach (Full time- 2021-2022) Role: Counseling clients from Google & Concentrix, EAP, conducting Wellness Sessions with TaskUS, and curating decks, and modules.

Chegg International, U.S. (Remote)-Subject Matter Expert (Part time-2020-April 2021) Role: Research and teaching for Psychology students across the globe.

Shraddha Path School, Delhi Cantt-Psychoeducator and teacher (Full time-2017-2020) Role:Teaching students from class 5 th to 10th, Psychoeducation and Counseling

Education

- **RCI Licenced Professional Diploma in Clinical Psychology-** SGT Medical College Hospital & Research Institute
- **Registered Member Psychologist**-Accredited by American Psychological Association (2021)
- **Professional CBT Diploma**-Accredited by Complementary Therapists Accredited Association (2021)
- **Maharshi Dayanand University-B.Ed (Regular, 2022)**-First Division (80%)
- **University of Delhi-I.P. C.W College, M.A. Clinical Psychology (Regular, 2021)**-First Division (7.909 CGPA)
- **University of Delhi- Gargi College, B. A. (Hons.) Applied Psychology (Regular, 2017)**-First Division (78%)

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mthukran@gmail.com

Location: Gurugram

Language

English: Proficient

Hindi: Proficient

Skills

- **Psychotherapy** (CBT for all mental disorders, DBT, ACT, Narrative, EFT, ABA and PMT) and **support counseling**
- **Couple therapy and Family Therapy** (for internalizing and externalizing disorders)
- **Training and leadership**
- Psychological and Psychodiagnostics **Assessment**
- **Research and Clinical Case Study**
- **MS Office & Curating content**

Awards

- **Research Publication in Wisdom Journal on Trauma, emotion and adolescence:** A transdiagnsotic approach to treat severe dysregulation using EFT (July 2025)
- **Top of class in PDCP course** (2024-2025)
- **Nifty Trainer by LaunchMyCareer**
- **Research Publication in International Journal of Psychological Research** on Understanding personal learning outcomes on online education in the Covid-19 pandemic (2021)
- **Second rank holder** in MD University-B.ed.
- **Top 25% of the class in Delhi University-M.A. Psychology**
- **Research Publication in International Journal of Psychological Research** on Neurolinguistic programming in classroom setting (2017)
- **Scholarship** from Army Welfare Education Society
- **Top 15% of class-B.A. Applied Psychology, Delhi University**
- **Subject Topper** in Psychology and History