

<div> <div>ADITI GUPTA</div> <div>Clinical Psychologist</div> </div>	
	Experience
	<div> <div>Gautam Hospital and Research Centre</div> <div>(January 2023-December 2024)</div> <ul style="list-style-type: none"> <li>Acquired proficiency in taking comprehensive case histories, conducting mental status examinations, and providing psychoeducation.</li> <li>Conducted assessments and diagnostic evaluations by the International Classification of Diseases, 10th Edition (ICD-10).</li> <li>Facilitated evidence-based psychotherapy sessions for clients presenting with a diverse range of mental health conditions, contributing to their overall well-being.</li> </ul> <div>Bhargava Psychiatry &amp; De-Addiction and General Hospital</div> <div>(January 2023-December 2023)</div> <ul style="list-style-type: none"> <li>Enhanced expertise in eliciting detailed case histories and mental status examinations, as well as the delivery of psychoeducation.</li> <li>Executed comprehensive assessments and diagnostic evaluations in alignment with the International Classification of Diseases, 10th Edition (ICD-10).</li> <li>Effectively utilized motivational interviewing techniques with patients experiencing issues related to addiction.</li> <li>Collaborated with children diagnosed with neurodevelopmental disorders.</li> <li>Conducted thorough neurodevelopmental assessments to inform clinical decisions.</li> </ul> <div>Apex Hospitals</div> <div>(July 2024-December 2024)</div> <ul style="list-style-type: none"> <li>Observed patients with various neurological conditions to gain insights into their clinical presentations.</li> <li>Conducted neuropsychological assessments with precision and attention to detail.</li> <li>Provided supportive psychotherapy to patients undergoing treatment for cancer, fostering their emotional resilience and coping strategies.</li> </ul> <div>Vibhas Hospital- Institute of Behavioral Health &amp; Sciences</div> <div>(October 2021-December 2021) (February 2022- April 2022)</div> <ul style="list-style-type: none"> <li>Worked with patients diagnosed with personality disorders, psychotic disorders, mood disorders, substance abuse, and neurocognitive disorders.</li> <li>Well-versed in taking case history and mental status examinations.</li> <li>Trained in conducting assessments and diagnostic evaluations using the Diagnostic Statistical Manual of Mental Disorders 5 (DSM 5).</li> <li>Trained in providing evidence-based treatment.</li> <li>Conducted psychoeducation workshops for patients at the hospital.</li> <li>Conducted group activities with male and female patients.</li> <li>Conducted a S.M.I.L.E workshop in a group at school.</li> </ul> </div>
Contact	
<div> <div>Location</div> <div>Mumbai</div> <div>Phone</div> <div>+91 8080742996</div> <div>E-mail</div> <div>aditiguptaa26@gmail.com</div> </div>	
About Me	
<div> <div>A clinical psychologist is compassionate to work with patients suffering from a broad spectrum of different types of mental health disorders.</div> </div>	
Languages	
<div> <ul style="list-style-type: none"> <li>English</li> <li>Hindi</li> </ul> </div>	
Skills	
<div> <ul style="list-style-type: none"> <li>Empathy</li> <li>Knowledge of psychological theory and practice</li> <li>Ability to work independently and co-dependently</li> <li>Keen observer</li> <li>Active listening</li> <li>Written and verbal communication</li> <li>Flexibility &amp; Adaptability</li> </ul> </div>	

## Projects

- Constructed Hope Scale with sound psychometric properties.
- Conducted 4 days of online Gratitude Intervention with adults.
- Master's Dissertation topic: A comparative study of stress and empathy among pet owners vs non-pet owners in Mumbai, India.
- Conducted a seminar on stress management for university students.
- Conducted a seminar on Men's Mental Health for university students and faculties.
- The second author of a paper: Sensation-seeking and coping style in Indian youth: A comparative study among online gamers and non-gamers.
- Mphil Dissertation: Measuring Needs: Scale Construction of a comprehensive instrument to elicit underlying human needs.

## Education

Course & Year of Passing	Institute & University
<b>MPhil Clinical Psychology (2022-2024)</b>	Suresh Gyan Vihar University (Result Awaited)
<b>MA- Clinical Psychology (2022)</b>	Maniben Nanavati Women's College (75.75%)
<b>BA- Psychology (2020)</b>	S.N.D.T Women's University (79.42%)
<b>HSC - Arts (2017)</b>	S.N.D.T Women's University (70%)
<b>Class 10 (2014)</b>	SVPV School (77%)

## Certifications

- Rational Emotive Behavioral Therapy course from Alison (May 2020).
- General Psychiatric Management for Bipolar Personality Disorder course from Harvard University (August 2020).
- Diploma in Depression course from Alison (April 2021).
- Cognitive Behavioral Therapy Workshop from UPS Education (September 2022).
- Dialectal Behavioral Therapy Workshop from UPS Education (September 2022).
- Stress & Anxiety Management Workshop from UPS Education (September 2022).