



## **SURUCHI SINGH**

**M.Phil. Clinical psychology**

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### **SUMMARY**

Committed job seeker with a history of meeting organization needs with consistent and structured practices. Skilled in working under pressure and adapting to new situations and challenges to best enhance the organizational brand

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### **SKILLS**

- Psychotherapy
- Psychodiagnostic assessment
- Communication and Interpersonal skills
- Research and Development

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### **WORK EXPERIENCE**

**CLINICAL PSYCHOLOGIST**, 05/22- Present

*OnlineCounseling4U*, Delhi, India

- Conduct online therapeutic sessions
- Deal with adult, teenage, elderly population
- Maintain case records

**CLINICAL PSYCHOLOGIST**, 06/22- Present

*Therapy Route*, Online (Self-employed)

- Online psychotherapeutic session

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## **INTERNSHIPS**

### **CLINICAL INTERN, 10/2023 – 12/2023**

***Disha Foundation***, Jaipur, India

- Conducted individual sessions for children with disability.
  - Educated staff and introduced behavioral techniques specific to the child to be done in classroom setup.
  - Maintained up-to-date records of progress notes.
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### **CLINICAL INTERN, 04/2022 - 09/2023**

***Gautam Hospital and Research Centre***, Jaipur, India

- Case history, mental status examination and assessments for clinical diagnoses.
  - Conducted individual and family therapy sessions.
  - Provided crisis intervention services to patients in need.
  - Collaborated with psychiatrist to ensure quality care for all patients.
  - Psychoeducated families and caregivers about mental health issues and treatments.
  - Participated in weekly case conferences to discuss treatment plans and progress.
  - Participated in community outreach programs aimed at raising awareness about mental health issues.
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### **CLINICAL INTERN, 03/2023 - 05/2023**

***Approach Autism Society***, Jaipur, India

- Case history and assessments for diagnostic clarification.
  - Psychoeducated parents and caregivers about autism and comorbid conditions.
  - Conducted Social Role Valorization (SRV) training for the staff.
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### **CLINICAL INTERN, 12/2022 - 02/2023**

***National Institute of Medical Sciences***, Jaipur, India

- Case history, mental status examination and assessments for clinical diagnoses.

- Conducted individual and family therapy sessions.
- Worked in liaison with other healthcare professionals to ensure quality care for all patients.
- Psychoeducated families and caregivers about mental health issues and treatments.
- Participated in weekly case conferences to discuss treatment plans and progress.
- Developed strong knowledge of current clinical best practices and individual therapy techniques.

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**INTERN, 06/2022 – 07/2022**

***Fortis Healthcare and Sukoon Health***, New Delhi, India

- Developed strong knowledge of current clinical practices and individual and group counseling techniques

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**CLINICAL INTERN, 11/2020 – 03/2021**

***Lady Hardinge Medical College***, New Delhi, India

- Observed intake assessments and interviews with clients to determine their needs.
- Observed licensed clinicians providing therapy sessions to the patients and gained insight into practices.

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**INTERN, 06/2018 – 07/2018**

***Society for Promotion of Youth, Juvenile Justice***, New Delhi, India

- Observed client interactions during recreational activities to gain insight into their functioning levels.
- Observed Alcoholics Anonymous and Narcotics Anonymous groups.

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**CLINICAL INTERN, 12/2017 – 01/2018**

***Dr. Ram Manohar Lohia Hospital***, New Delhi, India

- Observed licensed clinicians providing therapy services to gain insight into best practices for working with patients.
- Observed psychiatrists taking case history, mental status

examination and assessments for clinical diagnosis.

- Attended in-patient rounds and observed treatment of patients.

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## EDUCATION

### **M.Phil. Clinical Psychology**

*Amity Institute of Clinical Psychology, Amity University, Rajasthan, (2021-2023)*

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### **Masters of Arts, Psychology**

*Panjab University, Chandigarh, (2019-2021)*

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### **Post Graduate Diploma: Counseling And Family Therapy**

*Indira Gandhi National Open University, Delhi, (2020-2021)*

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### **Bachelors of Arts: Applied Psychology**

*Manav Rachna International Institute of Research and Studies, Delhi NCR, (2016-2019)*

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## ACHIEVEMENTS

- Gold medallist in BA Applied Psychology from Manav Rachna International Institute of Research and Studies
- First position in Writing Competition on “Prevention of Suicide among Students” organized on World Suicide Prevention Day at Amity University, Rajasthan
- First position in Debate competition organised by Commerce Association, Indraprastha College for Women, University of Delhi

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## COCURRICULAR ACTIVITIES

- Participated in Community Awareness Initiative under Unnat Bharat Abhiyan scheme organized by Amity University, Rajasthan on wellbeing of school children
- Participated in a street play on The International Day against Drug Abuse and Illicit Trafficking, organized by Gautam Hospital & Research Centre and Mental Health Foundation
- Participated in a street play on theme “Make Mental Health & Wellbeing a Global Priority” organized by Gautam Hospital & Research Centre and Mental Health Foundation

- Participated in World Alzheimer's Day awareness program at Amity University, Rajasthan
- Participated in Community Awareness Initiative organised by Amity University, Rajasthan, in collaboration on the occasion of World Schizophrenia Awareness Week
- Volunteer at NGO Umeed- a drop of hope, Delhi

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**CONFERENCE/  
SEMINARS  
ATTENDED**

- Attended a workshop on Neuropsychological Assessment and Rehabilitation at Amity University, Rajasthan
- Participated in Annual Conference of Media and Mental Health Subcommittee, Young Psychiatrist Sub-committee, Indian Psychiatric Society, Jaipur
- Menopause and Mental health by Healthy Minds World
- Social Anxiety- One Breath at a Time, organized by Department of Psychology, St. Joseph's College, Bangalore
- Swayam Siddha- Member of organizing committee, Manav Rachna International Institute of Research and Studies
- National Conference on 'Psychological Applications and Interventions' organised by Daulat Ram College, Delhi University

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**CERTIFICATIONS**

- Training on understanding of Autism and Behavior Modification, under Autism Education Outreach Program (AEOP) from Approach Autism Society
- Social Role Valorization training at Approach Autism Society, Jaipur
- Research & Data analysis course from Ramanujan College, University of Delhi
- Cognitive Behavioral Therapy practitioner course from The Academy of Modern Applied Psychology

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**RESEARCH  
PUBLICATION/  
PRESENTED/  
CONDUCTED**

- Conducted research on "Marital quality, expressed emotion and distress in couples undergoing IVF-treatment" for dissertation of M.Phil. Clinical Psychology
- Presented a case report in 49th National Annual Conference of Indian Association of Clinical Psychologists at SGT University, Gurugram
- Presented a paper on "Effect of Covid-19 pandemic on women with Polycystic Ovary Syndrome" in National Association of Psychological Science
- Published a paper on "Effect of personality on resilience in young adults: a comparative study" in The International Journal of Indian Psychology