

# Kritika Rasal

📍 Malviya Nagar, New Delhi | 📞 7428232202 | ✉️ rasalkritika@gmail.com

## Career Objective

Dedicated and compassionate Clinical Psychologist with strong academic credentials and hands-on hospital experience, seeking a morning-shift role in a reputed hospital, clinic, or educational institution. Skilled in psychological assessment, diagnosis, and patient care, with the ability to communicate effectively in English, Hindi, and German. Committed to delivering empathetic, evidence-based mental health support while contributing to organisational excellence.

## Education

**Advanced Diploma in German** – St. Stephen's College, University of Delhi (Ongoing)

**Diploma in German** – Sri Venkateswara College, University of Delhi (2021–2022)

**Certificate in German** – Sri Venkateswara College, University of Delhi (2020–2021)

**Master's in Psychology** – IGNOU (Campus Classes at Jesus and Mary College)

**Bachelor's in Psychology** – Zakir Hussain Delhi College, University of Delhi

## Certifications & Qualifications

- Double UGC-NET Qualified – December 2024 & June 2025 (Psychology)
- German Language Proficiency – Certificate, Diploma, and Advanced Diploma levels

## Professional Experience

### Clinical Psychologist – Neurology Department

Sir Ganga Ram Hospital, New Delhi (Personal Clinical Psychologist to Dr. Anshu Rohatgi, Vice Chairman)

Duration: 1 year (Experience Letter for 6 months internship)

- Conducted case history documentation for psychological & neurological patients
- Performed patient interviews for assessment and treatment planning
- Administered psychological tests and assessments as required
- Prepared detailed reports and maintained patient records
- Offered empathetic counselling and emotional support to patients & families

## **Key Skills**

- Clinical & Diagnostic Skills: Psychological assessments, case formulation, and treatment planning
- Patient Interaction: Building rapport, empathetic listening, and counselling
- Documentation: Report writing, history taking, and case presentation
- Language Skills: Fluent in English, Hindi, and German
- Organisational Skills: Time management, multi-tasking, and adaptability

## **Availability**

- Monday–Thursday: Available for morning shifts until 2:00 pm
- Friday–Saturday: Flexible working hours

## **Achievements & Academic Highlights**

- Delivered a seminar at Apeejay Stya University on 'Improving Mental Health of Youth'
- Shortlisted for admission to PhD in Psychology at IIT Delhi – progressed to Stage 3 of 4 in selection process