CURRICULUM VITAE OF MR. ROUNAK CHATTERJEE

**Designation:** Clinical Psychologist (RCI Registered), Rehabilitation Professional (Research Officer) Dept of Psychiatry, All India Institute of Medical Sciences, Bhopal, M.P

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# OBJECTIVE

An enthusiastic and well-motivated Clinical Psychologist focused in giving maximum level of beneficence and treatment satisfaction to the patients with maintaining highest level of professional ethics. Experienced in conducting various **psychometric assessments** and providing **evidence-based psychotherapies**. Received professional training in the treatment of a wide range of psychological disorders, such as anxiety, depression, childhood disorders, substance abuse disorders, epilepsy, schizophrenia, delusional disorders, and personality disorders. Also received training in the effective management of a subclinical population that deals with daily life problems (Interpersonal issues, exam anxiety, relationship problems etc.). Working in a fMRI-based research project on Patients with Alcohol Dependent Syndrome. Previously I have worked with more than Thousands of wide range Psychiatric Cases. I have expertise and experience in effectively treating individuals suffering with OCD.

# AREA OF INTEREST

* **Psychotherapeutic Interventions-** Cognitive Behaviour Therapy, Exposer and Response Prevention Therapy, Motivational Enhancement Therapy, Mindfulness Based Cognitive Therapy, Dialectical Behavioural Therapy, Cognitive retraining, Rational Emotive Behavioural Therapy, Supportive Therapy, Social Skill Training, Relaxation Training, Group Therapy, Research Methodology.
* IQ Assessments, Neuropsychological Assessments and Screening tests for ASD, ADHD, SLD and other Neurodevelopmental Disorders.
* Diagnosis and Psychodiagnostics.
* Conducting Mass Psychoeducation, Mental Health Awareness and Interactive Sessions / Programs through various platforms including mass media platforms.
* Administrative and Academic Roles.

# EXPERIENCE/ INTERNSHIPS

* Working as a **“Research Officer”** atDept of Psychiatry, **All India Institute of Medical Sciences (AIIMS), Bhopal**, M.P from 1st January 2024 till date.
* Worked as a “**Consultant Clinical Psychologist**” in Psychology Dept, Manobikshan Neuropsychiatric Center, Berhampore, Murshidabad, West Bengal
* Worked as a **“M.Phil. Clinical Psychology Trainee”** in Dept of Clinical Psychology, The ICFAI University Tripura and Modern Psychiatric Hospital, Agartala, Tripura from 2020 to 2022.
* Worked as an **“External Trainee”** in **Behavioural Medicine Unit, Department of Clinical Psychology, NIMHANS Bangalore** from April 2022 to May 2022
* Worked as an “**Intern**” in Department of Psychiatry at Atal Bihari Vajpayee institute of Medical Sciences (**PGIMER**)& **Dr.** **Ram Manohar Lohia Hospital**, New Delhifrom Aug 2019 to Nov 2019.
* Worked as an **“Intern”** in **Psychological Academic Learning Services (PALS), New Delhi** from June 2019 to July 2019.
* Worked as a **“Intern”** in **SGT Medical College and Research Institute**, Delhi-NCR from May 2019 to June 2019.
* Worked as an **“Intern”** in **Khushboo Welfare Society** (A daycare Centre for children with multiple disability) from Jan 2019 to April 2019.
* Worked as an **“Intern”** in **Cheshire Home Unit-PWD Counselling and Rehabilitation Centre**, New Delhi, from Aug 2017 to Nov 2017.
* Worked as an **“Intern”** in **SPYM, Drug De Addiction cum Rehabilitation Centre for Children in Conflict with Law under Juvenile Justice Board**, Mukherjee Nagar, New Delhi, from Feb 2017 to April 2017.
* Worked as an **“Intern”** in **Muskaan Foundation Drug De-Addiction and Rehabilitation Centre**, New Delhi, from July 2016 to Nov 2016.

# ACADEMIC/ PROFESSIONAL QUALIFICATIONS

* M.Phil. in Clinical Psychology from The ICFAI University Tripura, 2020-2022.
* M.Sc. in Clinical Psychology from SGT University, Gurugram, 2018-2020.
* B.Sc. in Clinical Psychology from SGT University, Gurugram, 2015-2018.

# DISSERTATION

* M.Phil. Dissertation on “**Comparing Psychological Distress and Related Correlates among Male and Female Teachers of Private University”** (2022 Completed).
* M.Sc. Dissertation on **“Life Event Stress, Ruminative Behaviour and General Mental Health among Adults”** (2020 Completed).
* B.Sc. Dissertation on “**Personality Dimensions of Adult Cannabis Users and Non-Users**” (2018 Completed).

# PROGRAMME CONDUCTED

* Conducted multiple Support group program and Group Therapy sessions for Individual’s suffering with OCD at Manobikshan Neuropsychiatric centre during the tenure between September 2022 to December 2023.
* Speaker in a Scientific Seminar conducted by Manobikshan on the Topic: - Smartphone Addiction.
* Guest Speaker in more than twenty Live T.V Programs named “Manobikshan Live” a weekly mental health awareness Live Media T.V Program conducted by Imagine CTV Behrampore, Murshidabad, West Bengal.

# CONFERENCE AND SEMINAR ATTENDED / PRESENTED (National)

* Presented a Project at **SYNERGY 2018** in SGT University, Gurugram
* Presented a Project at **SYNERGY 2017** in SGT University, Gurugram

# CONFERENCE AND SEMINAR ATTENDED (International)

* Participation and Volunteering in International Conference on Cognitive Behavioural Interventions (ICCBI 2018) entitled **“Rising Burden of Psycho-social Distress: Need for**

**Transdisciplinary CBT Interventions”** organized by Faculty of Behavioural Sciences, SGT University and **The** **Indian Association for Cognitive Behavioural Therapy (IACBT)** at SGT University, Gurugram from 27th to 29th September, 2018.

* Participation and Volunteering in three-day International Conference on Projective

Psychology entitled **“Advances in Projective Psychology: Techniques and Applications”** organized by Faculty of Behavioural Sciences, SGT University in collaboration with **Somatic Inkblot Society** from 30th Jan to 1st Feb, 2020

# EXTRA CURRICULUMS

* Certificate of participation in Recycle use competition in SGT University, Gurugram
* Certificate of participation in Poster Making Competition on Gender Discrimination in SGT University, Gurugram
* Certificate of participation in Nukkad Natak on Mental Health Awareness Day in SGT University, Gurugram
* Completed 5th Year in Tabla from Chandigarh Gharana
* Completed 3rd Year in Drawing from Bangiya Sangeet Parishad

# TECHNICAL KNOWLEDGE

* Statistical Package for Social Sciences (SPSS).
* fMRI data acquisition, MATLAB and SPM
* MS-Office
* Can Operate Bio Feedback Machine.

# PERSONAL DETAILS

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| Father’s Name :  | Rajendra Prasad Chatterjee  |
| Sex :  | Male  |
| Marital Status :  | Unmarried  |
| Date of Birth :  | 21-08-1997  |
| Languages Known:  | Hindi, Bengali, English  |

# DECLARATION

I hereby declare that all information given above is true and correct to best of my knowledge and belief. If any information is found incorrect, my candidature is liable to be cancelled.

Date: 16-09-2024

Place: Bhopal **(Rounak Chatterjee)**