**Preeti Pilania**

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**OBJECTIVE**

To work professionally in an organization that helps me utilize my knowledge and acumen towards attainment of organization and personal goal.

**EDUCATIONAL QUALIFICATION**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Degree Name** | **Board** | **Institution** | **Year of**  **passing** | **Percentage** |
| P.G Diploma in Guidance and Counselling | Jamia Millia Islamia | Jamia Milia Islamia | 2024 | Awaited |
| M.Phil. (Clinical Psychology) | RCI Approved  A79735 | Amity university  practicing in GRMC | 2021 | 7.0 CGPA |
| M.A Psychology | Banasthali  Board | Banasthali  University | 2018 | 6.9 CGPA |
| B.A Psychology | Banasthali  Board | Banasthali  University | 2016 | 1st division |
| XIIth | Banasthali  Board | Banasthali  University | 2013 | 63% |
| Xth | Haryana Board | St. uttami Bai Sr.  Sec. school | 2011 | 80% |

**ADDITIONAL QUALIFICATION**

Cognitive behavior therapy (Beginners Program), level - 1, on 20, 21st and, 22nd dec, 2017

New Delhi.

Albert Ellis Institute (ATC India) Rational emotive behavioral therapy Level -1 workshop on 12th, 13th, and 14th Nov 2016 at Banasthali University Raj.

Certificate in Rorschach Inkblot Test in institute of mental health and life skill promotion in 6th may 2017 at Moolchand Medicity Hospital New Delhi.

Induction Training for Staff of Addiction Treatment, Facilities on Management of Substance Use Disorders by NDDTC, AIIMS, New Delhi, August 22 - 26, 2022

**WORK EXPERIENCE**

|  |  |  |  |
| --- | --- | --- | --- |
| **Centre** | **Post** | **Gov /Private** | **Duration** |
| Sharda Psychiatric Centre | Clinical psychologist | Private clinic | 1 April 23/ 1 May 24 |
| Chhabra’s Psychiatric Centre | Clinical Psychologist | Private Clinic | 1 Aug 22/ Till Now --- |
| Lady Harding Medical college and hospital | Counsellor (ATF), NDDTC, AIIMS | Government | 17 may 22 / 31 march 23 |
| Atkilife Clinic | Clinical Psychologist | Private Clinic | 1 Feb 24/ Till Now.. |

* Visit as a consultant clinical psychologist for IQ and SLD assessment in Sarvodaya Schools under directorate of Education (DOE)
* Visit as an external in amity university Noida.

**INTERNSHIP**

|  |  |  |  |
| --- | --- | --- | --- |
| **Hospital** | **Department** | **Duration** | **Dates** |
| RML- PGIMER & hospital | dept. of Clinical psychology | 45 days | 15 may 2017 - 30 June 2017. |
| Sir ganga ram hospital | Dept. of Psychiatry | 3 Months | (15 June 2018 – 15 sep-2018 |
| Institute of human behavior and allied sciences (IHBAS) | Dept. of Clinical Psychology | 1 Month | (25 dec 2019-25 Jan 2020) |

**PUBLISHED PAPER**

* International journal of Indian psychology Volume 11, issue 1, Jan – march 2023, title ‘Gender differences in automatic negative thought, anxiety, depression, and quality of life among patient with irritable bowel syndrome’.
* International journal of Indian psychology volume 12, title ‘Adjustment with peers help in well-being of an individual.
* Participated and presented a poster paper at 46th National Conference of Indian Association of Clinical Psychologists – 2020’, Paper Title Is ‘study on effect of mobile usage with reference to academic procrastination on quality of life among undergraduate student.

**WORKSHOPS**

Participated in National workshop on emotional literacy with department of psychology in amity university Jaipur on 23rd to 24th Sep, 2016.

Certificate of Attendance for India's Biggest Mental Health Festival organized by Mental Health Foundation (India) in association with Department of Psychiatry, AIIMS on 10th October 2018 at JLN Auditorium, AIIMS, New Delhi.

Participate in 2nd National conference on world schizophrenia day, on 24th and 25th may 2019 organized by center of excellence in mental health RML Hospital, New Delhi.

Certificate of special efforts in mass awareness campaign against AIDS/Cancer in 2nd may to 11th may

**AREA OF STRENGTH**

Self – motivated

Calm and patience

Good listening skills

Highly adaptable to changes in dynamic environment.

**TECHNICAL EXPERTISE**

Basic Microsoft Office, Internet and web-based applications and basic knowledge of software like SPSS.

**REFERNCES**

Dr. Dinesh Kataria

Director and head department of Psychiatry

Lady Hardinge Medical College and Hospital

Contact no- 9868403522

Dr. Rajendra Kumar Sharma

Head department of Clinical Psychology in

amity university.

Email Id- [rksharma1@gwa.amity.edu](mailto:rksharma1@gwa.amity.edu)

Contact no- 9981469739

DECLARATION

I hereby declare that the information furnished above us true to the best of my knowledge.