



**DR. SIDDHARTH MALHOTRA**  
**MBBS, MD PSYCHIATRY**

**JAIPUR, RAJASTHAN, 302017**

**+919929393934**

**[drsiddharthmalhotrapsy@gmail.com](mailto:drsiddharthmalhotrapsy@gmail.com)**

## **SUMMARY**

I have completed my post-graduation in psychiatry with expertise in psychopharmacology & a proven ability to build patient rapport. Successfully facilitated community mental health consultations & designed individualised care plans, enhancing patient outcomes. Assisted in cognitive behavioural therapy & suicide risk assessment, committed to advancing psychiatric care through research & education. Given Modified-ECT multiple times to improve prognosis.

## **SKILLS**

Patient rapport building  
Behavioural modification  
Psychopharmacology expertise  
Mental health evaluation  
Clinical documentation  
Substance abuse treatment  
Cognitive Behavioural Therapy  
Modified – Electroconvulsive therapy

Diagnostic assessment  
Dialectical behavioural therapy  
Geriatric psychiatry  
Child & adolescent psychiatry  
Suicide risk assessment  
Research  
Psychotherapy techniques  
Team collaboration

## **EXPERIENCE**

**PG RESIDENT (02/2022-02/2025)**

Participated in research projects related to the field of psychiatry.

- Attended professional conferences & seminars to stay current on research developments in the psychiatry field.

- Educated families on disease models of addiction & available interventions for recovery.
- Counselling patients on coping skills to manage stressors in daily life.
- Researched current literature on psychiatric topics relevant to practice settings.
- Examined & conducted diagnostic tests on patients to provide information on general physical conditions or mental disorders.
- Provided direct patient care in psychiatric setting including assessment, diagnosis & treatment of mental health disorders.
- Facilitated referrals between psychiatrists, primary care providers & other specialists as necessary.
- Prescribed medications to patients under the supervision of attending physicians.
- Prescribed & administered psychotherapeutic treatments & medications to treat mental, emotional & behavioural disorders.
- Advised family members regarding diagnosis & treatment options for their loved ones.
- Performed physical examinations on patients as needed.
- Attended seminars, conferences & lectures related to psychiatry topics.
- Observed experienced clinicians providing therapy sessions to gain knowledge & experience.
- Maintained detailed records of patient visits, diagnosis & treatment provided.
- Designed individualized care plans & conducted diagnostic tests on patients to provide further information regarding particular mental disorders & general physical conditions.
- Completed day-to-day duties accurately & efficiently & assisted in performing diagnostic tests and procedures to aid physicians in making accurate diagnoses.
- Learned to evaluate and manage patients in stressful environments.
- Wrote admissions notes, care plans and chart notes for each new patient.

## **EDUCATION & TRAINING**

NIMS UNIVERSITY, JAIPUR, RAJASTHAN, INDIA  
MD PSYCHIATRY (2022-2025)

JNU JAIPUR, RAJASTHAN, INDIA  
NON-ACADEMIC JUNIOR RESIDENT -JANUARY 2019-JULY 2019

SMS MEDICAL COLLEGE, JAIPUR, RAJASTHAN, INDIA  
INTERNSHIP 2017-2018

DR. S.N. MEDICAL COLLEGE, JODHPUR, RAJASTHAN, INDIA  
MBBS – 2012-2017

GYAN VIHAR SCHOOL, JAIPUR, RAJASTHAN, INDIA  
2000-2011

## **ACCOMPLISHMENTS**

Presented posters/case reports at various national & state conferences.  
Presented research papers at state conferences.  
Published original research articles in journals.

## **CERTIFICATIONS**

Certificates in workshops on neuromodulations (rTMS, tDCS)  
Certificates in courses of ALS, BCLS

## **LANGUAGES**

Hindi  
English