

CONTACT

Ritika

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OBJECTIVE

To pursue a career in counseling, guiding individuals in achieving their personal and professional goals, and promoting overall well-being.

EXPERIENCE

03/07/2023 -
17/07/2023

- **Trainee**
Fortis hospital , Gurugram
Complete my internship from Fortis hospital and in this the role or responsibility is psychological assessment and taking case history.

25/07/2024 -
25/08/2024

- **Trainee**
Vashishta Neurocare
Exposure to various clinical psychiatrist cases, interview skills, mental state examination and their management.

EDUCATION

2018

- **Govt. girls Sr. Sec. School, Kiloj (Rohtak)**
Senior secondary
74.2

2021

- **Government P. G. College for women, Rohtak**
Bachelor's degree
64.2

2023

- **Maharshi Dayanand University, Rohtak**
Master's degree
67.2

2024

- **Maharshi Dayanand University, Rohtak**
P. G. Diploma in guidance and counseling
Pursuing

SKILLS

- Problem solving abilities
- Observation and listening
- Empathy and understanding
- Collaboration and teamwork
- Adaptability and flexibility

ACHIEVEMENTS & AWARDS

- Attend Various Seminar Related to Counselling (PGIMS Rohtak, SIRTAR Rohtak)
- Attend Workshop based on CBT
- Cleared the assessment in the IT- ITeS sector