

Aman Kumar

Clinical Psychologist

Rohtak, Haryana

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Willing to relocate: Anywhere

Work Experience

Clinical Psychologist

The Hans Foundation-Ajmer, Rajasthan

Full-time

1 month notice period

November 2024 to Present

Community Outreach Project in Disability and Mental Health- Mobile Therapy Van

- Psychological assessment and Intervention
- Psychotherapy
- Self help skills training
- Social skills training
- Parents/Caregivers group therapy
- Community awareness about disability
- Early identification and intervention
- Community based Rehabilitation
- Capacity Building sessions for Asha Workers and Anganwari Workers

Trainee Clinical Psychologist

JAIN HOSPITAL-Hanumangarh, Rajasthan

Part-time

October 2022 to July 2024

- Case History Taking & MSE
- Psychological Assessment
- Psychotherapeutic Interventions

Trainee Clinical Psychologist

District Government Hospital-Hanumangarh, Rajasthan

Part-time

October 2022 to July 2024

- Psychological Assessment
- Drugs De-addiction Counselling
- Psychotherapeutic Interventions

Trainee Clinical Psychologist

Navjyoti Special Education School-Hanumangarh, Rajasthan

Part-time

October 2022 to July 2024

- Psychological Assessment of Intellectual Disabled Children
- Worked With Autistic, Visually Disabled, Hearing Impaired & Other Disabled Individuals

Trainee Clinical Psychologist

Good Day Defence School (Sainik School)-Hanumangarh, Rajasthan

Part-time

October 2022 to July 2024

- Students Counselling
- Teachers/Staff Mental Health Care
- Psychological Assessment
- Psychotherapeutic Interventions

Trainee Clinical Psychologist

U-TURN DEADDICTION AND REHABILITATION CENTRE-Hanumangarh, Rajasthan

Part-time

April 2024 to May 2024

- Psychological Assessment
- Psychosocial Interventions
- Motivational Interviewing
- Cognitive Behavioral Therapy
- Dialectical Behavioral Therapy
- De-addiction Counselling & Relapse Prevention Therapy

Psychologist

Society For All Around Human Development-Haryana

Freelance

September 2020 to August 2022

- Alcohol & Drugs De-addiction Counselling
- Activity Scheduling
- Counselling of Older Adults in Old-Age Home

Intern

Rebuilding Minds-Delhi, Delhi

Internship

May 2022 to May 2022

- Case History Taking & MSE
- Psychological Assessment
- Psychotherapeutic Interventions
- One on One Counselling Sessions

Intern

Fortis Healthcare-Gurugram, Haryana

Internship

June 2021 to July 2021

- Case History Taking & MSE
- Psychological Assessment

- Psychotherapeutic Interventions
- Counselling sessions

Intern

West delhi psychiatric centre-Janakpuri, Delhi, Delhi

Internship

April 2019 to May 2019

- Detailed Case History Taking & MSE
- Psychological Assessment
- Psychotherapeutic Interventions
- Inpatient Drugs De-addiction counselling
- Group Therapy

Education

M.Phil in Clinical Psychology

Shri Khushal Das University - Hanumangarh, Rajasthan

October 2022 to July 2024

Post Graduate Diploma in Rehabilitation Psychology

State Institute for Rehabilitation Training And Research - Rohtak, Haryana

August 2021 to July 2022

Master's in Psychology

Ignou - Delhi, Delhi

July 2017 to July 2019

Skills / IT Skills

- Dedicated to Work, Good Communication Skills, Psychological Assessment, Psychotherapeutic Intervention and Management, Individual Therapy, Cognitive Behavioral Therapy, Couple Therapy, Family Therapy, Group Therapy, Sex Therapy, Behaviour Modification, Supportive Psychotherapy, Caregiver Management, Respect for All, Better Understanding, Team-Work etc.

Certifications and Licenses

CBT- Cognitive Behavioral Therapy For Anxiety And Depression

July 2022 to Present

- CBT For Anxiety
- CBT For Depression

Psychological First Aid

March 2020 to Present

- Psychological First Aid
- Counselling For Psychological Trauma

Clinical Psychologist

January 2025 to January 2030

Rehabilitation Counselor

March 2023 to January 2030