

## Personal Information

NAME: Shreyas Aneja  
DATE OF BIRTH: 2<sup>nd</sup> June 1996  
GENDER: Male

## Contact Information

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## Education

1. Completed MD in Psychiatry at Kasturba Medical College, Mangalore in February 2025.
2. Completed one year of compulsory internship at KLE's Dr. Prabhakar Kore Hospital and Research Centre, Belagavi in 2020.
3. Passed MBBS with 68.11% from Jawahar Lal Nehru Medical College, Belagavi in Jan 2019.
4. Passed 12th standard with 91% from DL DAV School, Delhi in 2014.
5. Passed 10th standard with a CGPA of 10 from St. Xaviers School, Delhi in 2012.

## Activities and achievements

1. During MD in psychiatry, carried out a case-control study, titled "Study of Personality Traits and Social Support as Predictors of Suicide Attempt in Patients of Alcohol Dependence Syndrome".
  2. Carried a cross-sectional study, titled "A cross-sectional study of clinical, sociodemographic factors and alcohol use in patients with Suicide attempts in a tertiary care hospital in Dakshina Kannada".
  3. Wrote a case report, titled "Pisa Syndrome with Clozapine Therapy in A Young Patient With Schizoaffective Disorder".
- \* All the above are under consideration for publication.
4. Hosted the CME as the Master of Ceremony in 'Insight – Mental Health in Digital Era: Navigating New Frontiers' in 2024, organized by the Department of Psychiatry, Kasturba Medical College, Mangalore.
  5. Participated in a paper presentation, a paper titled "A cross-sectional study of clinical, sociodemographic factors and alcohol use in patients with Intentional self-harm in a tertiary care hospital in Dakshina Kannada" at ANCIPS, National Conference of Psychiatry, organized by the Indian Psychiatry Society in January 2024.
  6. Hosted the CME as the Master of Ceremony in 'Psychiatry Insight – From Trauma to Healing: Empowering Mental Health Recovery' in 2023, organized by the Department of Psychiatry, Kasturba Medical College, Mangalore.
  7. Participated in a poster presentation at 'Insight' CME in November 2023, organized by the Department of Psychiatry, Kasturba Medical College, Mangalore.

8. Participated in a debate competition on May 24, 2023, on World Schizophrenia Day, organized by the Department of Psychiatry, Kasturba Medical College, Mangalore, and won the prize of 3<sup>rd</sup> best speaker.
9. Hosted the Session held on World Schizophrenia Day organized by the Department of Psychiatry, Kasturba Medical College, Mangalore in 2023.
10. Participated in a poster presentation at the Post-Graduate CME of the Indian Psychiatric Society, held at NIMHANS, Bangalore in February 2023.
11. Participated in a Debate competition in Muller's PSYCON, in 2022, on "Supplements in Psychiatry" and was awarded the prize of second-best speaker.
12. Participated as a finalist in the Grand Rounds webinar on Women's Mental Health organized by the Indian Psychiatric Society in 2022.
13. Completed an online course "Prescribing Skills for Indian Medical Graduates" by the Indian Council of Medical Research in October 2021.
14. Participated in BNET Brain Quiz, organized by Bangalore Neuro Education Trust in 2017, hosted by SDM College of Medical Sciences and Hospital, Dharwad.
15. Participated as an organizing committee member in NISACON-2016 held at Jawaharlal Nehru Medical College, Belgaum, Karnataka in 2016.
16. Joined Medical Student Association of India in 2016 and participated in the National General Assembly held in Navi Mumbai in 2016, hosted by D.Y. Patil School of Medicine, Navi Mumbai.
17. Participated in MeDe Vision, a conference held in Mysore in 2016, hosted by J.S.S. Medical College, Mysore.
18. Awarded for commendable academic performance in class 12th.
19. Attained 'Visharad' in Hindustani classical vocal and instrumental music in 2012.
20. Participated in the "Inspire Internship Program" hosted by Delhi University.