**MRS. NUPUR GUPTA KHANDELWAL**

**CLINICAL PSYCHOLOGIST (RCI -CRR No : A64851)**

**House No :- 78 , Agroha Kunj, Sector - 13, Rohini, New Delhi -110085. knupur28@gmail.com**

**9953971747**

# EXPERIENCE

# October , 2024- Mid May, 2025

# Project Technical Staff in AIIMS , New Delhi

Research Project along with field visits.

**Mid February, 2023- October, 2024**

**Clinical Psychologist in Base Hospital , Delhi Cantt..**

* Managed OPD’s as well as IPD’s where clinical assessments, counselling , psychoeducation and psychotherapy was provided to patients as well as family members of people serving the nation in Armed forces of India.
* Collaborated with other departments to develop and implement individualized treatment plans.
* Conducted sessions/ workshops/talks with parents and the general population to educate and bring mental health awareness.
* Conducted Classes for residents pursuing their DNB from the Department.

**September , 2020 - Mid February,2023**

**Clinical Psychologist, Institute of Human Behavior and Allied Sciences (IHBAS),District Mental Health Programme (DMHP), New Delhi, India**

* Provide Diagnosis using Clinical assessment and Psychotherapy to the patients suffering from Mental Health Disorders.
* Increase awareness & reduce stigma related to Mental Health problems.
* Collecting comprehensive patient histories and coordinating treatment plans with multi-disciplinary team members.

# **April, 2020- August,2020**

**Clinical Psychologist, PSYCOOLG WELLNESS PVT. LTD., Bhiwani, India.**

* Tele-psychotherapy of patients, offered diagnoses and consultations and helped clients address mental health concerns.
* Online Clinical Psychology Theoretical Classes/ Internships.

# SKILLS

* Proficient in Psycho- therapeutic & Teaching - Research skills
* Empathetic & Good Listening skills
* Analytical & Problem-solving

# ACCOMPLISHMENTS

* NTA-NET 2019 Qualified
* Qualified F-PACT (Forensic Psychology Aptitude and Caliber Test 2019) conducted by LNJN National Institute of Criminology and Forensic Sciences, Ministry of Home Affairs,Government of India.
* Best Paper Award at 49th NAC IACP 2023 Conference.

# RESEARCH PUBLICATIONS

* Meaningfulness at Work : A Cross-Occupational Study. *International Journal - Dental, Oral and Craniofacial Research* (Impact Factor : 1.16) November, 2016.
* Comparative Study of the influence of moral anxiety and underlying defense

mechanisms among women.*Peer-reviewed: Psychological issues and interventions in health and well-being* (2016).

* Wave of Psychological Pandemic Post COVID-19 Pandemic : *A Systematic Mental Health*

*Review*. IJIP;ISSN:2348-

5396,Vol-11,Issue 2,April- June (2023).

# EDUCATION

* Participated in 1st National Conference on

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| --- | --- | --- | --- |
| 2018 | 1. Phil , Clinical Psychology Pt. B.D. Sharma University of Health Sciences, , Rohtak, Haryana
 |  |  |
| 2016 | M.A. Applied Psychology, Jamia Millia Islamia (JMI), New Delhi |  |  |
| 2013 | B.A(H) PSYCHOLOGY, KeshavMahavidyalaya, University of Delhi |  |  |
| 2010 | 12th, Ramjas School, CBSE, New Delhi |  |  |
| 2008 | 10th , Ramjas School, CBSE, New Delhi |  |  |
|  |  |  |  |

*Psychotherapeutic Assessments and Interventions in Psycho-Oncology* (NCPO - 2025), AIIMS , New Delhi.

* Transition to Tele psychotherapy:

Experiential Perspective of Debutant Therapists, *International Journal of Innovative Science and Research Technology,* ISSN No:-2456-2165 ,10(4), 4210-4215, April (2025).

 **PROFESSIONAL AFFILIATIONS**

* Professional Lifetime

Membership, CLINICAL PSYCHOLOGY SOCIETY OF INDIA (CPSI), PLM - 0055/2022.

* Professional Life Member, INDIAN ASSOCIATION OF CLINICAL PSYCHOLOGISTS (IACP),PLM 894/24.