

SIMRAN TYAGI

CLINICAL PSYCHOLOGIST
(R C I)

☎ 6284968819 ✉ tyagisimran058@gmail.com 📍 Jaipur, Rajasthan



PROFILE

Dedicated Clinical Psychologist with a strong academic foundation and hands-on experience in hospital-based mental health care. Skilled in psychological assessment, therapy, and crisis intervention. Seeking a role to apply my expertise, continuously learn, and contribute to enhancing patient mental health outcomes.

EDUCATION

MPHIL CLINICAL PSYCHOLOGY 67 %

GOVERNMENT MEDICAL COLLEGE
AND HOSPITAL, CHANDIGARH 2022

MASTER'S CLINICAL PSYCHOLOGY 9.13 CGPA

BANARAS HINDU UNIVERSITY
2020-2022

BACHELOR OF SCIENCE 87.33%

St WILFRED COLLEGE FOR GIRLS
2017-2020

SKILLS

- SPSS
- Microsoft Office
(Word, Excel, PowerPoint)
- Case Documentation
- Academic Writing
- Mindfulness Training
- Social Media Content Creation
- Empathy
- Patience and Compassion
- Open-mindedness
- Self-reflection and flexibility

LANGUAGE

- English
- Hindi

EXPERIENCE

CLINICAL PSYCHOLOGY TRAINEE | GMCH, CHANDIGARH | 2023-2025

- Diagnosing mental health problems in adult and children.
- Administration of psychodiagnostic, Intelligence test and neuropsychological batteries.
- Disability certification for ID, SLD and Autism
- Providing therapy for disorders CBT, ACT, MCT, MBCT, REBT, DBT etc.
- Applied behaviour analysis and behaviour therapy.
- Rehabilitation of chronic mental illness
- Management of substance use disorders.
- Crisis Intervention
- Psychological management of other health conditions including cancer, chronic pain, gastric and respiratory problems etc.
- 300+ hours of psychotherapy.
- 250+ hours of behaviour therapy.
- Community mental health programmes.

CAREER COUNSELLOR | PSYCHOLOGY BY TARIKA | 2021-22

- Providing online career counselling sessions.
- Social media content creation.
- Development of academic modules.

COUNSELLOR | CK BIRLA HOSPITAL | 2019-2022

- Providing individual counselling session.
- Applying necessary psychometric tests.
- Development of client specific intervention plan.

INTERN | SDM HOSPITAL | June 2021- August 2021

- Taking psychiatrist case history and mental status examination.
- Providing supportive psychotherapy and progressive muscle relaxation.
- Administration of psychological tests.

DECLARATION: I hereby solemnly declare that the above mentioned information is correct to best of my knowledge.