

# Tannu Malik

📍 Greater Noida, Uttar Pradesh, India   ✉ tannumalik531@gmail.com   ☎ +91 9773552590   📱 in/tannu-malik-080834313

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## SUMMARY

Enthusiastic and compassionate psychology graduate with a strong academic foundation in mental health theories, counseling techniques, and psychological assessment. Recently completed Master's in Applied Psychology, with a keen interest in gaining hands-on clinical experience under the mentorship of an experienced doctor.

Skilled in active listening, empathy, and building rapport to support individuals' mental well-being. Highly motivated to learn and apply evidence-based practices such as CBT and psychometric evaluations. Committed to professional development and delivering ethical, patient-centered care. Seeking an opportunity to train and contribute to a multidisciplinary team while advancing expertise in clinical psychology.

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## EDUCATION

### Master's In Applied Psychology

Minor in Applied Psychology • Gautam Buddha University • Greater Noida, Uttar Pradesh, India • 2024 • 6.8

### Bachelor Of Psychology

Minor in Psychology • Sharda University • Greater noida, India • 2021 • 8.7

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## Observer Counselor

Asha Kiran Self

January 2024 – February 2024, Greater Noida, India

- Monitored and recorded client interactions and behaviors to provide actionable insights for case management.
- Assisted in creating personalized strategies to address emotional, psychological, and behavioral challenges.
- Collaborated with interdisciplinary teams to ensure holistic client care and support.
- Identified at-risk clients and facilitated immediate interventions or referrals.
- Maintained accurate and confidential records of client observations, progress, and feedback

## Counselor Intern

Shanti Homes

August 2022 – September 2022, Greater Noida, India

- Provided one-on-one counseling sessions under supervision, focusing on active listening and empathy.
- Conducted assessments of client needs and assisted in the development of treatment plans.
- Utilized observational skills to identify non-verbal cues indicative of emotional states.
- Participated in case reviews and contributed to team discussions on client progress.

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## CERTIFICATIONS

### Certified in Mental Health First Aid

Asha Kiran Self • 2024

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## INVOLVEMENT

### Active Member, Psychology Club

Gautam Buddha University • April 2024 – Present

- Participated in workshops and discussions on mental health topics.
- Organized events promoting awareness of psychological well-being among students.

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## SKILLS

- Behavioral Analysis & Observation
- Empathetic Listening & Communication
- Case Management & Documentation
- Team Collaboration
- Ethical & Confidential Practice
- Cultural Competency