

Tweesha Chhatbar

Trainee Clinical Psychologist (RCI)

Summary

Trauma-informed therapist with clinical experience in working with children, adolescents, adults, and families. Experience in conducting assessments, delivering therapy, and contributing to research projects across diverse populations. Skilled in module development, clinical documentation, and interdisciplinary collaboration. Currently pursuing an M.Phil. in Clinical Psychology and pre-licensed with the Rehabilitation Council of India (RCI), with licensure expected in July 2025.

Education

Amity University, Noida

M.Phil. in Clinical Psychology

June 2023 – June 2025 (Ongoing)

CHRIST (Deemed to be University)

M.Sc. Psychology (Clinical)

June 2020 – May 2022

Graduated First Class with Distinction

CHRIST (Deemed to be University)

B.Sc. Psychology (Honors)

June 2017 – May 2020

Graduated First Class

Professional Experience

1. Postgraduate Institute of Child Health, Noida

Trainee Clinical Psychologist

- Conducted over 50 assessments on children (Cognitive, Behavioral, Developmental)
- Delivered 100 hours of therapy sessions to children and adolescents
- Collaborated with multidisciplinary teams to provide therapy to children and parents of children diagnosed with thalassemia

2. Disha Neuropsychiatry Centre, New Delhi

Trainee Clinical Psychologist

- Worked with over 60 clients across lifespan
- Delivered over 300 hours of psychotherapy
- Administered psychodiagnostics tests (Projective, IQ, Neurocognitive, Developmental, Personality Tests)

3. Army Hospital (Research & Referral), New Delhi

Trainee Clinical Psychologist

- Assessed over 45 children with neuropsychiatric diagnoses
- Administered neuropsychological assessments
- Delivered over 80 hours of behavior therapy sessions with children diagnosed with neurodevelopmental disorders and their parents

4. Perfect Mind Clinic, New Delhi

Trainee Clinical Psychologist

- Conducted intake interviews for 75+ clients
- Delivered brief interventions (psychoeducational, supportive, solution focused)
- Conducted adult and pediatric psychodiagnostics assessments

5. **National Institute of Mental Health and Neurosciences (NIMHANS), Bengaluru**

Clinical Psychology Trainee – Community Psychiatry Unit V

May 2022 – June 2022

- Participated in DMHP outreach
- Trained 50+ ASHA workers
- Assisted with outpatient case management

Research Experience

- **M.Phil. Dissertation:** Intergenerational Transmission of Trauma and NSSI in Mother-Daughter Dyads (Ongoing)
- **Presented M.Phil. Dissertation** at World Congress on Women's Mental Health (IAWMH) 2025, held at NIMHANS, Bengaluru
- **Delivered a symposium** on "Interpersonal Violence Against Women" at NAOP Conference, Christ University, February 2025
- **Master's Dissertation:** Family Environment and Functioning on Economic Abuse among Indian Married Women
- **Bachelor's Dissertation:** Intimate Partner Sexual Violence and Fat-shaming in Females
- **Paper Presentation:** Family Environment & Economic Abuse, GNDU Amritsar, 2022
- **Poster Presentation:** Substance of Choice & Family Functioning, NAOP Conference, Pondicherry University, December 2019

Contact

Phone: +91 7573046900

Email: tweeshachhatbar@gmail.com

LinkedIn: [linkedin.com/in/tweesha-c-a00237189](https://www.linkedin.com/in/tweesha-c-a00237189)

(References available upon request)