



DR. SANYAM TYAGI

Psychiatrist

CONTACT

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- Vaishali, Ghaziabad, Uttar Pradesh

EDUCATION

- 2015-2021
HIMSR, New delhi
 - MBBS
- 2021-2024
AIIMS, Jodhpur
 - M.D. Psychiatry

COMPETENCE

SKILLS

- Effective Communication
- Public Speaking
- Teamwork
- Leadership
- Critical Thinking
- Time Management

SOFTWARE

SKILLS

- SPSS
- JAMOV
- MS WORD
- MS EXCEL
- MS POWERPOINT

ABOUT ME

I am a dedicated and compassionate psychiatrist with extensive experience in treating a wide range of mental health disorders with expertise in the comprehensive management of psychiatric conditions using advanced procedures such as Electroconvulsive Therapy (ECT) and repetitive Transcranial Magnetic Stimulation (rTMS).

WORK EXPERIENCE

AIIMS Jodhpur Junior Resident

2021-Present

- Comprehensive Patient Management:** Managed over 300+ OPD patients and 70+ inpatients across subspecialties, including deaddiction, child and adolescent, geriatric, and consultation-liaison psychiatry.
- Neurology Collaboration:** Evaluated 200+ patients with neurological conditions (e.g., multiple sclerosis, stroke) during a 2-month neurology rotation.
- Psychiatric Comorbidities:** Assessed and managed psychiatric conditions in 150+ medically ill patients across various departments.
- Emergency Psychiatry:** Managed psychiatric emergencies, including suicidal attempts, alcohol withdrawal, delirium, and agitation.
- Therapeutic Interventions:** Over 100 hours of CBT, DBT, MET, and RPC were administered. 100+ ECT sessions and rTMS for treatment-resistant cases.
- Psychotherapeutic Procedures:** Experienced in Thiopentone and Lorazepam abreaction.
- Psychological Tests:** Assisted with IQ and projective tests.
- Community Psychiatry:** Managed common mental illnesses in community settings during residency.
- Research and Presentations:** Completed a thesis on the personality profile, emotional regulation and coping strategies of parents of children with and without ADHD; presented 7 case conferences, 4 seminars, and 1 journal club.

HAHC Hospital, New Delhi Intern

2020-2021

- Clinical rotation in multiple departments during the course of the internship.
- Management of over 200 COVID-positive patients during MBBS Internship

ACADEMIC RESEARCH PROJECTS

- Personality Profile, Emotional, Regulation And Coping Strategies In Parents Of Children With Attention Deficit Hyperkinetic Disorder: A Comparative Study
- Evaluation Of Burnout, Stress, Coping Skills, Social Media Use And Metacognitive Beliefs Among High School Students Of Jodhpur City: A Pilot Study
- Assessment Of Cognitive Function And Functional Disability Among Symptomatic And Remitted Patients With Depression

PAPER/POSTER PRESENTATION

- Paper Presentation - Freud And History Of Psychoanalysis at History of Health Consciousness in Indian Culture at Jamia Milia Islamia in February 2023
- Poster presentation on Succubus Syndrome at CME on sleep disorders at AIIMS Rishikesh in April 2023
- Poster presentation on Atypical Dhat Syndrome at MIDCIPS, SKIMS, Srinagar, in October 2023

PROFESSIONAL TRAINING

- Online Good Clinical Practice Program
- Workshop on Mindfulness: Skills and Application
- Child & Adolescents Psychiatry workshop
- One Week Online Workshop on Advance Statistical Data Analysis using SPSS during Jan 21-27,2023, organised by Uttar Pradesh University of Medical Sciences, Saifai Etawah & Science Tech Institute, Lucknow, UP India.
- "Mental Health and Wellness" organized by the Centre for Development of Advanced Computing (C-DAC), Bangalore, Government of India (GoI) on 06th and 07th October 2023 at Bengaluru.
- Online certificate program on "Fundamentals of Geriatric Mental Health" by the Department of Geriatric Mental Health, Lokopriya Gopinath Bordoloi Regional Institute of Mental Health, Tezpur.
- NISD-AIIMS Online Training Programme on Addiction Treatment for Medical Practitioners conducted by NDDTC, AIIMS in October 2023.
- Workshop on "OCD & Its Therapeutic Approaches" held on 19/05/2023
- PRAKASHMAY (Pandemic Related Awareness Knowledge and Action Supported Health Management Amongst Youth) Online Training under the "Ministry of Electronics and Information Technology" (MeitY) from 24th July 2023 to 28th July 2023.

VOLUNTEER TASK

- Conducting Autism Awareness Program at AIIMS Jodhpur in April 2022.
- Conducting ADHD Awareness program at AIIMS Jodhpur in October 2022
- Conducting an awareness program on world schizophrenia day in May 2023
- Nebhinani N, Gupta T, Tyagi S. Session for Teacher on 'Identification of common psychological issues among children and adolescents (May 2023, Army Public School, Jodhpur)
- Tyagi S. Session for Teacher on 'ADHD Awareness Program' (July 2023, Happy Hours School, Jodhpur)
- Conducting a workshop on 'ADHD parent skill training program' at AIIMS Jodhpur in September 2023.
- Nebhinani N, Tyagi S. Session for Teacher on 'Identification of common psychological issues among children and adolescents (September 2023, Vidhyashram International School, Jodhpur)
- Mental Health Camp at Karawar Villiage, Rajasthan, in September 2023.
- Mental Health Awareness Campaign at CHC, Dhundara, Rajasthan in September 2023.
- Suicide Awareness Campaign at Government School, Pratap Nagar, Jodhpur, Rajasthan, in September 2023.
- Conducting a workshop on "Parent Management Training For ADHD" at AIIMS Jodhpur in October 2023
- Nebhinani N, Tyagi S. Session for students on 'Depression and anxiety among children and adolescents' (July 2024, Happy Hours School, Jodhpur)

ACCOMPLISHMENTS

- Participation in Summit for Health Equity: Spotlight on Digital Health held at the Indian Institute of Technology, Jodhpur, in association with the Libra Social Research Foundation on 28th October 2023.
- Mental Health and Wellness" organized by Centre for Development of Advanced Computing (C-DAC), Bangalore under the aegis of Office of Principal Scientific Advisor (O/o PSA), Government of India (GoI) during 06th and 07th October 2023 at Bengaluru.
- Participating in the Prelim Round of "Motivational Quizzing" - An Online International Quiz for Aspiring Addiction Psychiatrists on 19th June 2022 organised by Department of Psychiatry, AIIMS Jodhpur and Co-sponsored by NECPAM, ISAM and APSI
- Spotlight on Digital Health held at the Indian Institute of Technology, Jodhpur, in association with the Libra Social Research Foundation
- Participation in 'DISABILITY ASSESSMENT AND DOCUMENTATION' DURING IAPMR NATIONAL MIDTERM CME 2023 HELD ON 14H -17H SEPTEMBER 2023.
- Participation in "MediQuest Psychiatry Quiz" - An Online National Quiz on 2nd June 2024 organised by the National Academy of Medical Science, New Delhi
- Participation in "Annual Neuropsychiatry Webinar" - An National Webinar held on 30th September 2023 organised by the National Institute of Mental Health and Neurosciences, Bengaluru.

REFERENCE

Dr. Naresh Nebhinani
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