

NISHTHA DHINGRA

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OBJECTIVE

Compassionate & empathetic professional seeking a career in mental health, forensic, gender diversity fields. Passionate about creating a positive impact & fostering an inclusive & accessible culture.

EXPERIENCE

Partner & Head Counselor • Career Cart, India • Jan 2023-Present

- Leading & managing the team.
- Effective delivery & counselling of clients.
- Marketing & promotion activities.
- Effective management with external & internal stakeholders.

Psychology Intern • ICHARS, India • Mar 2023-Apr 2023

- Was one of the top 3 performers.
- Learnt about eclectic approach to psychotherapy.
- Collaborated with internal stakeholders.
- Created posts & did social media marketing for eclectic approach.
- Presented my findings to the stakeholders.

Quality Control Analyst • KPMG, Australia • Feb 2022-Oct 2022

- Worked on remediation project with Australia's largest bank- Commonwealth Bank.
- Conducted quality checks with full review using standard processes in order to ensure consistency of outcomes.
- Managed the case load to ensure KPIs are achieved by 125% consistently while maintaining the quality at 100%.
- Collaborated with stakeholders and provided constructive feedback in an efficient & transparent manner.

Program Manager Intern • AI, Australia • Nov 2020-Mar 2021

- Derived financial valuations for the companies & created financial report for the client.
- Project manager for investor-stakeholder relationship collaborating with 50-70 investors for capital investment.
- Project manager for digital marketing project for tradies & created a digital platform for their services.

Consultant Intern • So Brave, Australia • Feb 2020-May 2020

- Investigated economic models on the loss of income for breast cancer among young women.
- Analysed areas of economic and financial impact in turn presenting a financial report with the findings for the client.
- Researched quantifiable measurement indicators and provided relevant recommendations based on findings.

EDUCATION

Master of Arts in Psychology • Jan 2024-Jan 2026 • Indira Gandhi National Open University, India

Diploma in Counseling Master Course Advance (Mental Health) • Jun 2023-Jun 2024 • Counsel India

Master of International Economics & Finance/ Commerce • July 2021 • University of Queensland, Australia

Bachelor of Arts-Economics Honours • June 2019 • Delhi University, India

VOLUNTEERING EXPERIENCE/ LEADERSHIP

VICE PRESIDENT- BRAVE YOU, AUSTRALIA, Jun 2020-Dec 2021

- Public face for the collective- support/ empowerment for young women.
- Offered support & advice to the members.
- First-point-of-call for all members.
- Worked closely with the HR Director to ensure engagement & membership.

MENTOR- UQ, AUSTRALIA, Feb 2020-Nov 2020

- Mentored new students in UQ BEL Global Mates Program providing guidance.
- Offered counselling & support services.

HEAD & MENTOR- ARSD, DU, DELHI, Jul 2016-May 2019

- Was a volunteer in my first year of college.
- Promoted to head & mentor in second & third years.
- Brought in the highest sponsorship from corporates, start-ups centres, restaurants.
- Managed the budget for the event for 3 years consecutively.

CERTIFICATIONS

- **Understanding Autism, Asperger's & ADHD**, University of Derby- July 2024
- **Criminal Profiling**, Cognizavest- Dec 2023
- **ChatGPT & AI Hacks in MS Office**, Skill Nation- Aug 2023
- **Eclectic Approach to Psychotherapy**, ICHARS- Apr 2023
- **Mental Health Certificate**, Alison- Feb 2023
- **Mental Health First Aid**, MHFA Australia- Jan 2021
- **UQ LEADHERS**, UQ Ventures, Australia- Apr 2020