

Dr T D Sanmith

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Resume

I am an extremely hardworking and empathetic psychiatrist with expertise in all aspects of Mental Health. I believe that with proper hard work and smart work we can attain anything. As of my residence I reside in Delhi NCR and I have completed my Post graduation from the prestigious number one ranked government-run institute of Madhya Pradesh. I have been active in research as well and has published 2 research paper both in free Journal. I have also presented paper in MP PSYCHON and poster in CIPCON. As a pg resident during My MD I worked and got trained in MGM government medical college Indore general my hospital and also worked at 200 bedded attached mental hospital Banganga which also had a deaddiction ward. I also did consultant liaison services in general my hospital attending psychiatry calls and patients of all other departments including medicine neurology obs gynae surgery cancer ward among others. Along with this I also visited multiple camps and also jail ward and learned about medico- legal aspects with help of my teachers. **Experience : Postgraduate Resident Doctor M D psychiatry from Mahatma Gandhi Memorial Government Medical college Indore(MD Psychiatry May 2019 – May 2022)**. Post my residency I worked for around 11 months as junior resident and 1 year as senior resident in psychiatry department of NSC government medical college khandwa where I also got expertise in teaching mbbs ug classes. Regarding my undergraduate I have done my MBBS from Saraswathi institute of medical sciences Hapur (2012-2017) and internship from prestigious North DMC medical college and Hindu Rao hospital Delhi.

Schooling from St. marks school Janakpuri New Delhi

Licences and certifications: MPMC Registration .UPMC permanent and additional registration

SKILLS

Psychiatry. Deaddiction. Medical writing. clinical research. Public health. Mental health. Teaching. Stress management .Healthcare

HONORS

Paper presentation : MP PSYCHON 2020

Poster presentation ; CIPCON 2020

Participated in Cerebra 2022

Thesis in residency titled “ Comparative study of efficacy of probiotic nutraceuticals and probiotic food (Curd) along with antidepressant in subjects suffering from depression.

2 Paper publication in NMC indexed journal (both free journals).