



## Professional Profile

I am a psychiatrist by choice, with a passion for empowering individuals on their journey to a better mental health and well-being. In this ever-changing post COVID era, I work keenly toward improvement in child and adolescent mental health.

I have done my thesis on Prefrontal cortex thickness, grey matter volume and gyrification index in first episode schizophrenia

## Expertise Skills

- Child & Adolescent Psychiatry
- General Psychiatry
- Epilepsy and EEG
- Functional Neuroimaging
- Neuromodulation
- Psychopharmacology
- Women & mental health
- De-Addiction Psychiatry
- Psychotherapies
- Psychological Assessments

## Certifications & Accomplishments

- Recipient of 'Leelabati Bholanath Award' in 2021 for 'Gyrification Index in First-Episode Schizophrenia' presented in Annual Conference of Eastern Zonal Branch of Indian Psychiatric Society
- Certification for 'Hands on Training on TMS'

**Member** of Indian Psychiatric Society, Indian Association of Private Psychiatry, Indian Association of Biological Psychiatry



## Personal Information

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Member of Indian Psychiatric Society,  
Indian Association of Biological Psychiatry



## Education

M.B.B.S: - B.J. Government Medical College, Pune  
(2010-2016)

M.D Psychiatry: - Central Institute of Psychiatry, Ranchi  
(2018-2021)

## Work Experience

- ✓ Senior Resident, Central Institute of Psychiatry (Aug 21- Sep 23):
- ✓ Senior Resident, Centre for Child & Adolescent Psychiatry, Central Institute of Psychiatry (July 22-Sep 23)
- ✓ Senior Resident, University College of Medical Sciences & Guru Teg Bahadur Hospital (Sep 2023-Aug 24)
- Responsible for managing in-patient, out-patient and emergency services in general psychiatry, women mental health, deaddiction clinic, geriatric clinic, and epilepsy clinic
- Responsible for admission and management of patients at the Centre for Child & adolescent Psychiatry, CIP, Ranchi
- Involved in clinical research and research in neuromodulation
- Experience in teaching Junior residents, MBBS student psychology, social work students and psychiatric nursing student.
- Coordinated conference such as state conference of psychiatry JASCON 2021, Ranchi

## Presentations

Have conducted symposium and presented award papers in various conferences: -

- Symposium on Neuromodulation Techniques- Less Utilised, Powerful tools in 23<sup>th</sup> Annual National Conference of Indian Association of Private Psychiatry, 2022
- Symposium on Non-invasive Neuromodulation in psychiatric disorders: Recent advances & promises in Annual National Conference of Indian Psychiatric Society, 2023
- Award paper presentations: Young Researcher Award, Schizophrenia Research Foundation 2022RB Davis Award Session in JASCON 2021, Ranchi, Asha Award Session in National Conference of Indian Association of Biological Psychiatry 2021
- Poster Presentation in Annual National Conferences of Indian Psychiatric Society in 2019, 2021, 2022

## **Publications**

- Shukla D, Sharma P, Roy C, Goyal N. Safety and Efficacy of Deep Transcranial Magnetic Stimulation for Management of Emotional Dysregulation in Children and Adolescents with Externalizing Behavior Disorders: Protocol of a Transdiagnostic Sham Controlled fMRI Study. Indian Journal of Psychological Medicine. 2024 Mar 5:02537176241231027
- Sharma P, Naskar I, Shukla D, Samantray S, Goyal N, Kumar G. High-Definition Transcranial Direct Current Stimulation Primed Deep Transcranial Magnetic Stimulation in Ultra treatment-Resistant Adolescent Obsessive-Compulsive Disorder: A Case Report. The Journal of ECT. 2023 Jan 7:10-97.
- Sharma P, Goyal N. How to Write a Scoping Review? International Journal of Advanced Medical and Health Research. 2023 Jan 1;10(1):53-6.
- Naskar I, Sharma P, Goyal N. Familial Creutzfeldt-Jakob Disease with early onset myoclonus: A case for fulminant progression. Indian Journal of Psychiatry. 2023 Jul 1;65(7):795-6.
- Das R, Sharma P, Sundas A, Goyal N, Kumar G, Shukla D, Roy C, Das B. Safety, and efficacy of H7 deep transcranial magnetic stimulation in adolescent obsessive-compulsive disorder: A case report. Asian Journal of Psychiatry. 2023 Feb 11;83:103510.
- Goyal N, Kumar G, Mukherjee A, Sharma P. Bilateral insular deep Transcranial Magnetic Stimulation (dTMS) for improving negative symptoms of Schizophrenia: A proof-of-concept study. Brain Stimulation: Basic, Translational, and Clinical Research in Neuromodulation. 2023 Jan 1;16(1):288-9.
- Sharma P, Pratap A. Transformation obsessions in Obsessive-Compulsive Disorder. Indian Journal of Psychiatry. 2022 Mar;64(Suppl 3):S679.
- Sharma P, Charkhe P, Kumar M. Catatonia Associated with Thyrotoxicosis. Indian Journal of Psychiatry. 2022 Mar;64(Suppl 3):S679.
- Sharma P, Singh A, Bhattacharjee D. Human rights of people with mental illness: Provisions made in mental healthcare act 2017. Indian Journal of Psychiatric Social Work. 2020 Jul 1;11(2).

**Book Chapter**

Sharma P, Goyal N, Dharani R, Approach to a Child with Specific Learning Disorder:  
History Taking; Specific Learning Disorder: An Indian Perspective. Publisher: Jaypee  
Brothers Medical Publisher