**Dr. Aditya Sharma**  
Psychiatrist | M.B.B.S., M.D. Psychiatry

📍 A-11, Pocket-R, Dilshad Garden, Delhi

📞 +91-9462943847 | 📧 dr.aditya.psychiatrist@gmail.com

🗣️ Languages: Hindi, English

🎓 Experience- 4+ years in Mental Health

**Professional Summary**

Empathetic and driven Psychiatrist with hands-on experience in clinical psychiatry, keen on working in collaborative, fast-paced environments. Adept at managing severe mental illnesses, delivering culturally sensitive care, and integrating therapy into holistic treatment models. Curious, communicative, and committed to excellence.

**Educational Qualifications**

* M.D. Psychiatry – SMS Medical College, Jaipur (RUHS) | 2020–2023
* Compulsory Rotatory Internship – SMS Medical College, Jaipur | 2018–2019
* M.B.B.S. – Sawai Man Singh Medical College, Jaipur (RUHS) | 2013–2018

**Work Experiences**

* Senior Residency – IHBAS, New Delhi | Apr 2025-Present
* Senior Residency – GB Pant Institute, New Delhi | Jan–Apr 2025
* Senior Residency – SMS Medical College, Jaipur | Dec 2023–Dec 2024

**Special Interests**

* Child & Adolescent Psychiatry
* Deaddiction Psychiatry
* Sexual Health
* Psychotherapy & Counselling
* Consultation-Liaison Psychiatry

**Research & Conference Presentations**

* Paper: 'A descriptive cross-sectional study to assess pattern of psychiatric disorders in an out-patient child and adolescent psychiatry clinic in a tertiary care hospital' – 37th Annual Conference of IPS Rajasthan Chapter, 2022.
* Poster: 'A cross-sectional study to assess caregiver burden in alcohol dependence syndrome in a tertiary care hospital' – 37th Annual Conference of IPS Rajasthan Chapter, 2022.
* Paper: 'A cross-sectional study to assess depression and anxiety in parents of children and adolescents with intellectual disability in a tertiary care hospital' – 47th Annual Conference of IPS North Zone, 2022.

**Thesis and Publications**

* Thesis: 'An observational study to assess neurological soft signs in Children with ADHD and their relationship with comorbidities'.
* Authored: 'Pattern of psychiatric disorders in an out-patient child and adolescent psychiatry clinic in a tertiary care teaching hospital in North India'.
* Co-authored: 'Profile of Patients in Consultation-liaison Psychiatry - an observational study at a tertiary care teaching hospital in North India'.

**Workshops & Certifications**

* Completed Allo Certificate Course on Sexual Medicine-(Feb to April 2025)
* 'Cognitive Behaviour Therapy for OCD' – AIIMS Jodhpur, Feb 2023
* 'Soft Skills in Professional Life' – MGMC Jaipur, June 2023
* 'Psychotherapy Workshop' by Dr. Salman Akhtar – Psychiatric Associations of South Asia, Sep 2024
* 'Basic Course in Biomedical Research' – ICMR/NMC

**Achievements**

* First Prize – PG Quiz, IPS Rajasthan CME, Bikaner (2022)
* Runner-up – PG Quiz, IPS Rajasthan CME, Sri-Ganganagar (2023)

**Hobbies**

* Music
* Travelling
* Cricket

**References**

* Dr. Sanjay Jain – Senior Professor, Psychiatry, SMS Medical College, Jaipur | +91-9829064858
* Dr. Rajeev Aggarwal- Senior Consultant Psychiatrist, SN Super-Speciality Hospital and Sanjeevani Hospital, Sri-Ganganagar, Rajasthan | +91-9414089860
* Dr Sangeeta Hatila – Psychiatrist (Self Employed), Gurgaon| +91-9461552101
* Dr Mahak Aggarwal – Senior Resident, Psychiatry, AIIMS Bhatinda| +91-9592063009