

Pankaj Narayan

Clinical Psychologist
RCI CRR No. A73638

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EXPERIENCE

- **Lok Nayak Hospital (LNJP) and Maulana Azad Medical College, Government of NCT of Delhi, Delhi**
(Clinical Psychologist)
October 2021- Present
 - Working as a part of Centre of Excellence-Early Intervention Centre (under aegis of Rashtriya Bal Swasthya Karyakram, Government of India) catering to children and adolescents with neurodevelopmental disorders, behavioral disorders, and related issues.
 - Providing detailed psychological assessments including psychodiagnostics, IQ assessments, and neuropsychological assessments.
 - Providing psychological interventions and psychotherapy services to children and adolescents with neurodevelopmental and behavioral disorders.
 - Aiding institute in planning and implementing research in area of neurodevelopmental disorders.
 - Member of medical disability board of the hospital.
 - Providing mental health support to staff members.
- **MindPeers India, Delhi**
(Clinical Psychologist)
March 2022- January 2023
 - Providing telecounseling and psychotherapy to a wide variety of clients for various concerns ranging from psychological distress to psychiatric disorders.
 - Helping a team of counseling psychologists for better understanding of psychiatric disorders.
 - Formulating intervention plans for clients and administering psychodiagnostic assessments.
- **Clinical Psychologist in Private Practice**
August 2021- Present
 - Offering psychotherapy sessions through virtual mediums to clients with psychological disturbances and psychiatric disorders such as personality disorders, anxiety spectrum disorders, obsessive compulsive disorder (OCD), substance use and abuse, depression and other mood disorders etc.
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- **Central Institute of Psychiatry, Ranchi**
(M.Phil Clinical Psychologist)
May 2019-July 2021
 - Detailed case history taking and clinical interviewing
 - Detailed psychological assessments for a wide variety of clients across age groups.
 - Provided psychological interventions and psychotherapy sessions.
 - Presented in institutional case conferences and Seminars.

- **Vidyasagar Institute of Mental Health Neuro and Allied Sciences (VIMHANS), Delhi**
(Clinical Psychology Intern)
July 2017- August 2017

- **Psychological Academic Learning Solutions for Children (PALS), Delhi**
(Clinical Psychology Intern)
June 2017- July 2017

- **Moolchand Medcity, Delhi**
(Clinical Psychology Intern)
June 2015- July 2015

EDUCATION

- **Central Institute of Psychiatry, Ranchi**
M.Phil Clinical Psychology (2019-2021)

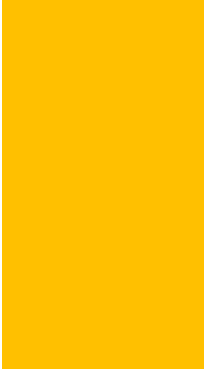
- **University Grants Commission**
UGC NET for Assistant Professor (December 2018; June 2021)

- **University of Delhi**
M.A. Applied Psychology (Specialization in Clinical Psychology)
(2016-2018)

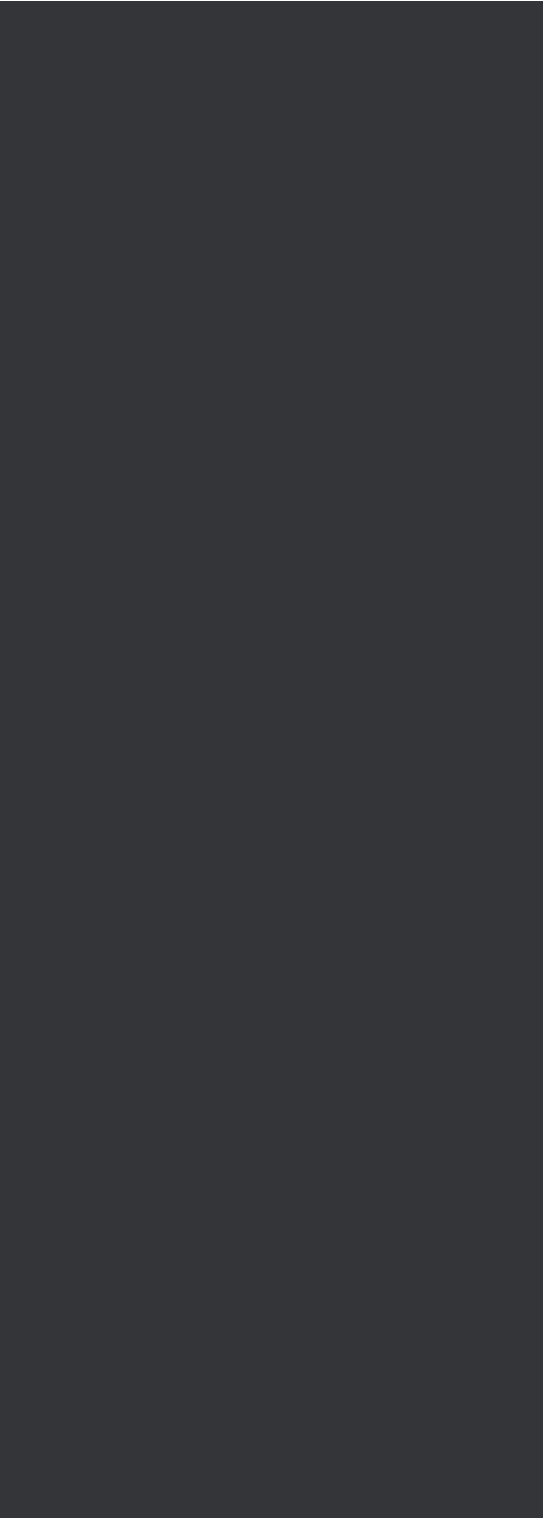
- **Keshav Mahavidyalaya, University of Delhi**
B.A. (Hons.) Psychology (2013-2016)

SKILLS

- Psychological Assessment
- Counseling
- Individual and Group Psychotherapy
- Behavioral Interventions
- Cognitive Behavior Therapy
- Dialectical Behavior Therapy
- Motivation Enhancement Therapy

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- Psychoeducation
 - Clinical Research
 - SPSS

HOBBIES

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- Painting
 - Poetry
Writing