

Contact

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LinkedIn

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Education

2021-2023

M.A. Clinical Psychology

Maniben Nanavati Women's College,
affiliated to S.N.D.T University

2018-2021

B.A. Psychology

Jai Hind College, Mumbai University

2016-2018

Senior Secondary

Bhatnagar International School, New
Delhi

Certifications

- Trauma Informed Psychological Interventions, Connect & Restore
- Integrated Marketing Communications, IIT Roorkee, NPTEL
- Introduction to Digital Marketing, IIDE
- Psychological First Aid, Johns Hopkins University, Coursera

Skills

- English Language Proficiency
- Psychological Assessment
- Communication
- Research

Language

English

Hindi

Hrishti Bhawnani *Psychologist*

Passionate and dedicated towards mental health, seeking a full-time position that offers the opportunity to utilize and hone my skills pertaining to psychological assessment, diagnosis and psychotherapy.

Experience

July 2024 - Present

Jagruti Rehabilitation Centre

Psychologist

- Conducted psychotherapy using various techniques for de-addiction and psychiatric illnesses.
- Conducted psychometric assessments to facilitate diagnosis.
- Conducted Case History, in-take interviews and Mental Status Examination
- Training interns to conduct psychometric tests & equip them with therapeutic techniques
- Engaged in psycho-education with the family regarding diagnosis and assessment reports.

June 2023 - June 2024

Energia Wellbeing Pvt. Ltd.

Consultant Psychologist

- Conducted one-on-one and group sessions with children using cognitive, behavioural and play therapy techniques.
- Engaged in therapy sessions to work on but not limited to emotional regulation, exam anxiety and social cues.
- Conducted psychometric assessments and explained the reports to parents.
- Engaged in sales and facilitated client conversions for their cognitive training programme.
- Project Manager: Responsible for driving sales and ensuring smooth execution of their programme

February 2023 - April 2023

Snehasadan

Clinical Psychology Intern

- Facilitated group therapy sessions.
- Formulated session plans and goals to work on key issues such as emotions, anger management and team building.

August 2022- April 2023

Anandvan Wellness Centre

Clinical Psychology Intern

- Performed intake interviews and mental status examination.
- Administration and scoring of various psychological assessments in order to assist in diagnosis.
- Application of various therapeutic techniques.
- Observed the staff including the Head Psychologist, Psychiatrist and Psychologists.

October 2019 - April 2021

IsEqualTo Learning Systems Pvt. Ltd.

Content Writer Intern

- Utilized exceptional writing, editing, and proofreading skills to produce engaging and error-free content for grades 1-12.
- Completed thorough research into assigned topics.

November 2020 - February 2021

Social Toast Media

Content and Marketing Intern

- Curated and brainstormed social media content and posts for various clients.
- Strategized ways to increase the client's social media presence.
- Created content for a client's website.

June 2020 - September 2020

Soul Prism

Psychology Intern

Acquired knowledge about various psychological assessments, disorders and modalities of therapy through case discussions.

June 2019 - July 2019

Om Creations Trust

Volunteer Worker

Assisted developmentally challenged individuals in making products and helped the non-governmental organization to raise funds.