

# Akanksha Arora

Clinical Psychologist



## Personal details



Akanksha Arora



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NEW DELHI



Female



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## Skills

Client Rapport	●●●●●
Case Conceptualization	●●●●●
Psychological Assessment and diagnosis	●●●●●
Treatment Planning & Implementation	●●●●●
Psychotherapy (CBT, DBT, ACT etc.)	●●●●●
Child and Adolescent Assessment	●●●●●
Child and Adolescent Psychotherapy	●●●●●
Trauma-Informed Care	●●●●●
Family Therapy	●●●●●

## Education

<b>PsyD, Clinical Psychology</b> Rehabilitation Council of India	<b>Aug 2021 - Aug 2025</b>
<b>PsyD, Clinical Psychology</b> Amity University, Noida, Uttar Pradesh	<b>Aug 2021 - Aug 2025</b>
<b>Msc, Clinical Child and Adolescent Psychology</b> Utrecht University, Netherlands	<b>Aug 2018 - Aug 2019</b>
<b>BA + MA, Clinical Psychology</b> Amity university, Noida, Uttar Pradesh	<b>Jul 2013 - Jan 2018</b>

## Clinical Experience (PsyD 2021-25)

<b>Clinical Psychologist Trainee</b> Post Graduate Institute of Child Health, Noida, Uttar Pradesh, India	<b>Jan 2025 - Present</b>
<b>Clinical Psychologist Trainee</b> District Government Combined Hospital, Noida, Uttar Pradesh, India	<b>Oct 2024 - Dec 2024</b>
<b>Clinical Psychologist Trainee</b> Svadhya Neuro-Psychiatric Hospital & Rehab, New Delhi, Delhi, India	<b>Jul 2024 - Oct 2024</b>
<b>Clinical Psychologist Trainee</b> Army R & R Hospital, New Delhi, Delhi, India	<b>Mar 2024 - Jul 2024</b>
<b>Clinical Psychologist Trainee</b> Post Graduate Institute of Child Health, Noida, Uttar Pradesh, India	<b>Sep 2023 - Feb 2024</b>
<b>Clinical Psychologist Trainee</b> District Government Combined Hospital, Noida	<b>Mar 2023 - Aug 2023</b>
<b>Clinical Psychologist Trainee</b> Deen Dayal Upadhyay Hospital (Delhi), New Delhi, Delhi, India	<b>Dec 2022 - Feb 2023</b>
<b>Clinical Psychologist Trainee</b> The Perfect Mind, New Delhi, Delhi, India	<b>Jul 2022 - Nov 2022</b>
<b>Clinical Pathologist Trainee</b> The Happy Tree - Deaddiction and Mental Health Hospital, New Delhi, Delhi, India	<b>Jun 2022 - Jul 2022</b>
<b>Clinical Psychologist Trainee</b> Janakpuri Super Speciality Hospital, New Delhi, India	<b>Mar 2022 - May 2022</b>
<b>Clinical Psychologist Trainee</b> Cosmos Institute of Mental Health & Behavioural Sciences (CIMBS), New Delhi, India	<b>Dec 2021 - Feb 2022</b>
<b>Clinical Psychologist Trainee</b> National Institute for the Empowerment of Persons with Disabilities, Noida, Uttar Pradesh	<b>Sep 2021 - Nov 2021</b>

Cultural Competence	●●●●●
Communication	●●●●●
Analytical Skills	●●●●●
Creative Problem Solving	●●●●●
Problem Solving	●●●●●
Microsoft Office	●●●●●

## Languages

Hindi	●●●●●
English	●●●●●

## Hobbies

- Reading
- Exercising
- Travelling

## Certificates

Certificate for Paper Presentation in the "2 day International Conference on Community health: An Integrative Approach"	Feb 2025
Certificate of Participation for "Third wave psychotherapies: Skills and techniques for Clinical Practice"	Dec 2024
Holistic transitional self development training and practitioner training	Jun 2020
Certificate for participation for assessment of intelligence	
Certificate of Participation for App based cbt for anxiety	