

Fareed Akhtar

E-mail: fareedakhtar60@gmail.com

Mobile: (+91) 75 05 63 64 25

Address: Vill. Imliya Post Rankhandi, Deoband, Dist. Saharanpur 247554

Professional summary

Motivated student in medical field with experience in Nursing department

Experience

Nurse Intern at Anand Hospital, Meerut

22nd July 2024 – Present

- Experience with managing patients in General and Emergency ward of the hospital
- Assisting in patient care by regular monitoring of vitals, giving IV and IM injections, medicines etc.
- Organizing educational seminars for patients on importance of hygiene
- Experience of working with quick response team in Emergency ward for critical patients
- Interpreting vitals such as Blood pressure, SpO2, Pulse, respiration rate and taking appropriate actions
- Experience with insertion of Urinary catheter, Ryles tubes, Canula etc.
- Assisting ventilator patients and file charting the vital records

Psychiatric Nurse Intern at Vimhans Hospital, Delhi

1st Nov 2022 – 31st Dec 2022

- Observing and interpreting the behavior and mood changes of patients with psychological problems
- Establishing good communication with patients and providing emotional support
- Root cause analysis of abnormal tendencies by collecting patient history and other data
- Responsibly giving timely medication to patients as prescribed by doctors
- Organizing physical activities with patients *e.g.* sports, cooking *etc* for mood enhancement

Nurse intern at Faizan hospital, Deoband

10th May – 30th Oct 2022

- Learnt patient care and dressing wounds under the supervision of doctors
- Case studying and patients file charting to develop better understand of medicines
- Helping patients in maintaining Blood sugar levels under the supervision of doctors

Education

University Choudhary Charan Singh, Meerut

Dec 2020 – Present

Bachelors in Nursing (On going)

Shri Ram Krishan Yogashram Centre College

Completion in 2020

Senior secondary school (Completed)

Skills

- Good interpersonal and therapeutic communication skills
- Ability to work with team as well as independently
- **Languages:** Hindi, English, Urdu