

ANSHUMAN JAIN

Pravara Institute of Medical Sciences, Loni, Ahmednagar, Maharashtra – 413736

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EDUCATION

10th Class (CBSE Board): Bikaner Boys School, Bikaner, Rajasthan | **2013-2014**

12th Class (CBSE Board): Pragati Public Sr. Sec. School, Kota, Rajasthan | **2015-2016**

Bachelor of Medicine and Bachelor of Surgery (MBBS): Rural Medical College, Pravara Institute of Medical Sciences, Loni, Ahmednagar, Maharashtra | **2017-2022**

OBJECTIVE

To apply my knowledge, creativity, and interpersonal skills to solve problems effectively, and grow as a professionally sound problem solver. Additionally, I aim to gain a deeper understanding of how a mental health care chain is working and developing.

EXPERIENCE

- ❖ **Internship:** Rural Dr. Vitthalrao Vikhe Patil Pravara Rural Hospital, Loni, Ahmednagar, Maharashtra | **2022-2023**
 - ❖ **ICMR STS 2019 Research:** Published a research paper in **December 2020**.
 - ❖ **Student Council Member:** **2021-2022**
 - ❖ **Institutional Innovative Council Member:** **2020-2022**
 - ❖ **Student Advisory:** College magazine “Ubiquiscope” | **2021-2022**
 - ❖ **Head of Photography:** Founded the college photography club “The Pacemakers” | **2018-2022**
 - ❖ **Head of Music Group “HEADRUSH”:** Member since **2018**, Head from **2021-2022**
 - ❖ **Co-founder of Social Media Platform “Sunn_bhai”:** Provided scientific information on habit creation and self-help; **currently developing a habit development program “HabitAT”** (Instagram, YouTube - sunnn_bhai; Podcast on Spotify - Compounding since 1998).
 - ❖ **Research Mentor:** Assisted batchmates and juniors with research projects; co-authored two research papers.
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CURRICULAR ACTIVITIES

- ❖ **Research Methodology Workshop:** RMC, PIMS-DU | **July 2019**
 - ❖ **Research Study:** Conducted a study on "Is Teacher's Mental Health Neglected? Effects of Students' Attitude and Behaviour on Teacher's Mental Health in a Rural University in Western Maharashtra," **selected for ICMR-STC 2019 & published in Journal of Family Medicine and Primary Care.**
 - ❖ **Family Health Survey:** Conducted in a village in rural Maharashtra, under the guidance of the Department of Community Medicine | **September 2019**
 - ❖ **Moot Court Organizer & Participant:** Theme: Dhara 304-A (Forensic Medicine and Toxicology Department) | **June 2019**
 - ❖ **Anatomy Model Competition:** 1st place, in collaboration with fellow batchmates.
 - ❖ **One-Year Internship:** Completed across multiple departments with a focus on Psychiatry and Neurosurgery.
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EXTRACURRICULAR ACTIVITIES

- ❖ **Event Organizer:** Led various college events, including "PADMANJALI".
 - ❖ **Head of College Ganpati Festival:** **2019**
 - ❖ **College Music Band Leader:** Led the band in **2021-2022**, member since **2018**.
 - ❖ **Founder of Photography Club "The Pacemakers":** Founded in **2018** and contributed to the formation of multiple other university clubs by **2022**.
 - ❖ **Mini-Marathon Participant:** 5 & 10 km Padmabhushan Dr. Balasaheb Vikhe Patil Mini Marathon | February 2019 & 2020
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OTHER EXPERIENCES

- ❖ **Photography:** 7+ years of experience
 - ❖ **Filmmaking:** 4+ years of experience
 - ❖ Released 3 short films on YouTube: **24** (2020), **Calmness and Chaos** (2020), **Being Yourself and Chandrataal Lake** (2021)
 - ❖ Published e-photobook "**OSOSOS**" | **January 2022**
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TECHNICAL SKILLS

- ❖ Word
- ❖ Canva
- ❖ Blackmagic Resolve (Video Editing)
- ❖ Adobe Lightroom