#### **CURRICULUM VITAE**

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# Summary

I am Highly-motivated with a desire to take on new challenges. Strong work ethics, adaptability and exceptional interpersonal skills. Adapt at working effectively unsupervised and quickly mastering new skills. Have experience in Manopchar Psychiatric hospital and can Psychoeducate patients, case history taking, testing, making a report and therapeutic planning. Interested in public speaking and mental health awareness programs. Always eager to learn more.

#### Skills

Fluent in Hindi, English and Telugu
Patient case history taking, testing and report making
Specially trained in Rorschach Inkblot test - Exner system
Certified in Kuchipudi dance and also worked on dance interventions in therapy.
Diagnosis, Therapy planning and Psychoeducation
Interpersonal Communication
Have certification in Child guidance from IGNOU.

### Experience

February 2021 - October 2023
MANOPCHAR -60 bedded hospital RAIPUR, INDIA
Clinical Psychologist
(MPhil Clinical Psychology Scholar,RCI recognised CRR NO-A97205)
April 2024-September 2024.
Worked As Assistant Professor in Shri Rama Chandra Medical College, Porur, Chennai.

Taught students of MSc and MPhil. Also guided students in research work. Worked in Neurorehabilitation center in Sri Ramachandra Medical College.Provided individualized assessments of clients' psychological functioning, including cognitive ability testing and personality assessment.

Conducted psychotherapy sessions with individuals having OCD, Anxiety, Depression and groups of people having mental health issues and develop treatment plans.

Educated patients about mental health issues and available treatment options.

Offered referrals to additional resources such as support groups or community organizations when appropriate.

Worked on research project which contained Rorschach Inkblot test.

Reviewed medical charts or legal documents related to a patient's case history prior to providing treatment services.

Implemented Cognitive Behavioural Therapy and Motivational Enhancement Therapy interventions to promote positive behavior changes.

Provided educational and outreach programs, prevention talks and other presentations to social service agencies, businesses and general public audiences.

Education and Training
MPhil Clinical Psychology(RCI Recognised)
PGIBAMS RAIPUR
October 2023

MA Applied Psychology GITAM University, Visakhapatnam July 2021

BA Psychology, Philosophy and English Literature Hislop college, RTMNU, Nagpur July 2019

#### THROUGHOUT FIRST CLASS

#### Certifications:

Certificate in Kuchipudi Dance, PSR Telugu University, Hyderabad.
Certificate in Guidance, IGNOU, New Delhi.
Certificate in Psychological First Aid, John Hopkins University (Online-Coursera)
Certificate in Autism Spectrum Disorder, UCDAVIS (Online-Coursera)

Languages English,Hindi,Telugu

## Accomplishments

Three years prizes in Psycho Galaxy fest (Intercollegiate) all over Central India at Hislop College, Nagpur.

Presented paper in Inidan Association of Clinical Psychology (IACP) at SGTUniversity, Gurgram, 2023.

Won Best Voulnteer award in National Service Scheme, GITAM University, Vizag.

## Activities

Special interest in projective tests especially Rorschach.

Interested in Public mental health programs and research based works involving dance intervention.

Chennai P.S.Shivani