

Shirley Raj

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Sec 46, Gurgaon

Professional Summary: Dedicated Clinical Psychologist with an experience of about three years of working with people suffering from a broad spectrum of mental disorders as well as teaching MPhil trainees. Adept in major types of assessments and testing used in a Clinical Setup. Enjoys working in a collaborative environment and on projects which encourage creativity and problem solving.

Experience

Name of the Organization	Place	Designation	Month & year	Work & Experience
Amity Institute of Clinical Psychology, Amity University Haryana	Manesar, Gurgaon	Assistant Professor I	24 th August, 2022 till Present	Teaching Clinical Training Supervision Of Clinical Cases Dissertation Guide for MPhil, MSc and BSc Clinical Psychology
Kalinga Institute of Medical Sciences	Bhubaneswar	Clinical Psychologist	January, 2021 – March, 2022	1. Case history taking and diagnosis 2. Clinical Interviews 3. Assessments of intelligence, personality, neuropsych etc 4. Psychotherapy 5. Teaching
Rangsons Healthcare Solutions Private Limited	Bangalore	Clinical Psychologist	September, 2020- December, 2020	1. Clinical Interviews 2. Psychological Assessments 3. Psychotherapy 4. TMS
Paripurnata	Bhubaneswar	Clinical Psychologist	November, 2019- March, 2020	1. Psychological Assessments 2. Psychotherapy 3. Behaviour Therapy for Children

Mental Health Institute (Centre Of Excellence), S.C.B. Medical College & Hospital	Cuttack	Trainee, M.Phil Clinical Psychology	November, 2017- October, 2019	1.Case history taking and diagnosis 2.Clinical Interviews 3.Assessments of intelligence, personality, neuropsych etc. 4. Psychotherapy
Institute Of Health Sciences	Bhubaneswar	Guest Faculty for Psychology	November, 2016 – June, 2017	Teaching
Kalinga Institute of Medical Sciences (KIMS)	Bhubaneswar	Intern	2 nd January, 2015- 2 nd April, 2015	1. Observation(OPD & IPD) 2. Case History taking 3. Psychometric Assessments
Hindustan Times	Jamshedpur	Intern	May to June, 2012	Interview & Report Writing

Educational Qualification

Degree	Institute/ University	Year
M.Phil (Clinical Psychology)	S.C.B. Medical College and Hospital, Cuttack	2017-2019
M.Phil (Psychology)	Utkal University, Bhubaneswar	2015-2016
M.A. (Counseling & Clinical Psychology)	Utkal University, Bhubaneswar	2013-2015
B.A. (Psychology, English Literature & Journalism)	Osmania University, Hyderabad	2010-2013
Intermediate (Psychology, Logic, Political Science, Economics)	S.B. Women's College, (CHSE), Odisha	2008-2010
Matriculation	Stewart School (ICSE)	2008

Seminars & Workshops

1. CRE on 'Trauma Informed Care- Robust Theory to Recent Practices' conducted by Amity Institute of Behavioural (Health) and Allied Sciences (July, 2023)
2. FDP on 'Advance Research Methods', Amity University, Haryana (March, 2023)
3. FDP on 'Bibliometric Analysis, Systematic Literature Review and Meta Analysis', Amity University, Haryana (May, 2023)

4. CRE Training Programme on 'ICT and Education of Children with ASD' conducted by National Institute for the Empowerment of Persons with Intellectual Disabilities, Secunderabad (27.05.2021 to 28.05.2021)
5. National workshop on SPSS Use, Department of Psychiatry, IMS and SUM Hospital, Bhubaneswar, Indian Psychiatric Society Odisha State Branch (February, 2020)
6. Annual Oration and Academic Event, Bhubaneswar Institute of Interventional Psychiatry, Behavioural Sciences and Research (November, 2019)
7. UGC sponsored Cognitive Behaviour Therapy workshop level I, Department of Psychology, Ravenshaw University, Cuttack and the Indian Association for Cognitive Behaviour Therapy (February, 2019)
8. Continuing Medical Education (CME) on 'Addiction Psychiatry', Indian Psychiatric Society, Orissa State Branch in Bhubaneswar (September, 2018)
9. CME on 'Psychosexual Dysfunction', Mental Health Institute (Centre of Excellence), SCB Medical College, Cuttack (July, 2018)
10. Mid-Term CME programme on 'Sexual Dysfunction and its Management', Indian Psychiatric Society, Orissa State Branch at KIMS, Bhubaneswar (June, 2018)
11. Training on 'Autism Assessment and Certification', Institute of Health Sciences, Odisha State Nodal Agency Centre, National Trust Bhubaneswar (March, 2017)
12. Workshop on 'Psychological Testing', Department Of Psychology, Utkal University, Bhubaneswar (November, 2015)
- ~~13. State Level Seminar-cum-Workshop on 'Counseling: Skills and Application', Department Of Psychology, Ravenshaw University, Cuttack (January, 2015)~~
14. National Seminar on 'Educate Excel Encounter- Students Transformed to Transmit', Jesuit Higher Education Association of South Asia (JHEASA) in collaboration with All India Catholic University Federation (AICUF), at AICUF, National Secretariat, Chennai (January, 2012)

Conferences

1. 49th National Annual Conference of Indian Association of Clinical Psychologists, SGT University, Gurugram (February, 2023)
2. 45th National Annual Conference of Indian Association of Clinical Psychologists organized by the Department Of Clinical and Rehabilitation Psychology and Research, National Institute for the Empowerment of persons with visual disabilities, Dehradun, Uttarakhand (May, 2019)
3. 27th Annual Conference, Indian Psychiatric Society, Odisha State Branch, Chillika, Odisha
4. 28th Annual Conference of Indian Psychiatric Society, Odisha State Branch held in Chandipur (December, 2018)
5. 44th National Annual Conference of Indian Association of Clinical Psychologists organized by the Department Of Psychology and Mental Health, SHSS, Gautam Buddha University, Greater Noida, UP (February, 2018)

Publications

Change in Attitude and Help Seeking Pattern of Caregivers and Patients with Mental Disorders in the community - Recent Findings from India -Journal of Family Medicine and Primary Care

Paper Presentations

1. 'Attitudes towards Mental Illness among Caregivers and General Population: A cross sectional study in Cuttack, Orissa' at the 45th National Annual Conference of Indian Association of Clinical Psychologists, Department Of Clinical and Rehabilitation Psychology and Research, National Institute for the Empowerment of persons with visual disabilities, Dehradun, Uttarakhand (May 2019)
2. 'Pathway to Mental Health Care' at the 27th Annual Conference of the Indian Psychiatric Society, Odisha State Branch, Chillika, Odisha
3. 'Impact of Quality of Marital Relationship on Job Involvement and Life Satisfaction among Working Couples' at 49th National Annual Conference of Indian Association of Clinical Psychologists, SGT University, Gurugram (February, 2023)
4. Relationship between Emotional Abuse, Coping and Mental Health among married men: A Correlational Study' at 49th National Annual Conference of Indian Association of Clinical Psychologists, SGT University, Gurugram (February, 2023)

Projects

1. Attitude towards Mental Illness among caregivers and general population (2019), presented at the 45th National Annual Conference of Indian Association of Clinical Psychologists
2. The Efficacy of Brain Polarization in Depression (2019), supervised by Dr. Jashobanta Mahapatra, Associate Professor &HOD, Department of Clinical Psychology, Mental Health Institute (COE), SCB Medical College and Hospital, Cuttack
3. The Life of Brahma Kumaris and Religious Sisters: An Assessment (2016), supervised by Mrs. Mousumi Sethy, Lecturer, P.G. Department of Psychology, Utkal University, Bhubaneswar
4. Pathway to Mental Health Care: A Clinical Study (2015), supervised by Mrs. Namita Das, Reader, P.G. Department of Psychology, Utkal University, Bhubaneswar-presented at the 27th Annual Conference of the Indian Psychiatric Society

Licenses/ Certification

- **University Grants Commission-National Eligibility Test (UGC- NET)** for the post of AssistantProfessor (June, 2015)
- Clinical Psychologist under **Rehabilitation Council of India** (CRR No. A66859)
- Professional Life Member at **Indian Association of Clinical Psychologists** (PLM-837/23)