

SIMAR DANG

Clinical Psychologist

(RCI CRR No. : A96207)

28/12 West Patel Nagar, New Delhi-110008

simardang36@gmail.com

+91 8860 11 2734

I am a compassionate and attentive registered clinical psychologist who is dedicated to patient education, effective administration of therapy, psycho diagnostic assessments. I am a professional who offers a patient-focused and eclectic style of psychotherapy that emphasizes the well-being and autonomy of those seeking treatment. I have a demonstrated history of building a strong rapport with clients while being mindful of the ethics of the profession. Additionally, I am proficient in staying abreast of new developments in psychology while constantly refining my clinical skills through continuing education and attendance at professional development conferences.

CLINICAL PSYCHOLOGY TRAINING:

<p>Training (2021 – 2023):</p> <ol style="list-style-type: none">1. Perfect Mind Clinic, Delhi2. Janakpuri Super Specialty Hospital (JSSH)3. Dr. B.R Ambedkar District Hospital4. Happy Tree De addiction de and Mental Health Hospital5. National Institute of Mental Health (NIMH)6. Disha Neuropsychiatric Clinic and7. Air Force Central Medical Establishment (AFCME)	<p>Received intensive training for two years in the areas of clinical interviewing, psychodiagnostics (IQ, personality, neuropsychological assessments, etc.), rehabilitation, conceptualization of adult and child mental health problems within varied psychological frameworks, disability certification, psychosocial treatment/management of mental illnesses, and research and statistics.</p> <p>Skills:</p> <ol style="list-style-type: none">1. Clinical interviewing2. Psych diagnostics / Psychological assessments (I.Q Assessment, Disability Assessment, Rating scales, adult psychopathology, Personality assessment, Projective Assessments (Rorschach Inkblot test) , Neuropsychological assessment)
--	---

	<p>3. Psychotherapy</p> <p>(Individual psychotherapy: case conceptualization, psychoeducation, cognitive behavior therapy, acceptance and commitment therapy, Dialectical behavior therapy, emotionally focused therapy, solution focused therapy, mindfulness based approaches, grief therapy, crisis intervention and stabilization, motivational enhancement therapy, Trauma focused CBT, Behavior therapy)</p>
--	--

EMPLOYEMENT HISTORY:

Currently working as a full time employee at a private psychiatric clinic

Manastha Health Solutions (1. 03.21 to 31.07.21)

As a Counselling Psychologist: Providing online counselling sessions under supervision.

INTERNSHIP DETAILS

S.no	Institution	Duration	Experiences
I	Resonate psychological services	1 month	<ol style="list-style-type: none"> 1. De-addiction center, 2. Motivational Enhancement therapy, 3. Counseling skills, 4. Communicating empathy, 5. Case history taking
II	Sir Ganga Ram City Hospital	1 month	<ol style="list-style-type: none"> 1. Clinical Settings Psychological assessment: IQ assessment, specific learning disorder 2. Observation of cases: Depression, anxiety, Obsessive compulsive disorder, Marital concerns.
III	National Institute of Public Cooperation and child Development (NIPCCD)	1 month	<ol style="list-style-type: none"> 1. Under adolescent Guidance Centre: 2. Assessment of Learning Disorder: Dyslexia, Dysgraphia, Dyscalculia 3. IQ Assessment and personality assessment

			4. Career counseling sessions
--	--	--	-------------------------------

EDUCATION DETAILS:

Course	Name of College/ University	University	Score(%)	Year of completion
M.Phil. (Clinical Psychology)	Amity Institute of Behavioural Health and Allied Sciences (AIBHAS), Recognized by Rehabilitation Council of India (RCI)	Amity University, Noida	7.64 (CGPA, Silver Medalist)	Batch: 2021 – 2023
M.A Psychology	Department of Psychology, North campus	University of Delhi	71.4	Batch: 2018 -2020
B.A (HONS) Applied Psychology	Shyama Prasad Mukherjee College	University of Delhi	80.49	Batch 2015- 2018
CBSE (CLASS XII)	New Era Public school	NA	91.75	2015
CBSE (CLASS X)	New Era Public School	NA	8.8 (CGPA)	2013

WORKSHOPS/SEMINARS/CERTIFICATIONS

1. Case conferences, Academic seminars and Journal club presentation during M.Phil training.
2. *Poster presentation in National Annual Conference of Indian Association of Clinical Psychologists (Feb 2022)*

RESEARCH AND DISSERTATION

- ❖ Dissertation on Systematic review and a pilot study on developing mindfulness based smoking cessation program (2020) under the supervision of Dr. Dinesh Chhabra, Associate Professor, University of Delhi. (Published in Springer)
- ❖ M.Phil Dissertation: Exploration of Leahy Emotional Schema Model (2002) on Cognitive flexibility, experiential avoidance and symptom severity of obsessive compulsive disorder

