

JAYA GUPTA

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PROFILE

Experienced registered (RCI) Clinical/Rehabilitation Psychologist

with 14 years of experience in the field. Dedicated to serving patients in a meaningful way, listening to their concerns, and helping them learn how to approach their mental, emotional, and behavioral problems. Excel at providing children and adolescents with individual psychotherapy to help them facilitate social, vocational, and personal adjustment to allow them to lead more meaningful and fulfilling lives 12 Years of experience in the field of Clinical Psychology, Psycho-Therapy and Counselling . To get a challenging position of psychologist com lecturer in which I can utilize my experience and make the bright carrier of students.

Key skills

- Expertise in diagnosing, identifying, and treating various psychological conditions.
- Expertise in collecting patient information through interviews, observations, tests and survey's.
- Ability to diagnose any condition in the DSM-IV.
- Attending many seminars and deliver many speeches as guest faculty.
- Ability to detect patterns that enables me to predict and understand behavior .
- Adeptness in creating and implementing patient treatment plans .
- Proficiency in conducting surveys pertaining to human brain function and behavior.
- Skill in creating programs that help address psychological issues in campuses and workplaces .
- Updated with the latest innovations in Clinical Psychology .
- Great interpersonal skills that allow me to collaborate with physicians and other healthcare workers .
- Dedication for work and passion to succeed .
- Excellent observation and motivational skills.
- Knack for helping people especially in dealing with their personal issues.

PROFESSIONAL QUALIFICATION

- Post-Graduation Diploma in Rehabilitation Psychology (PGDRP) from DSMR University (Recognized

RCI)

Diploma in Guidance and Counselling (DGP), Bureau of Psychology, Allahabad.

- Specialization: Psy -Counselling, Psychotherapy and Psycho-diagnostic tests.
- Orientation Training Program in Clinical Psychology (OTCP) Nai Sabah Varanasi .
- Prabhakar in Katthak Dance & Tabla PRAYAGRAJ SANGEET SAMITI ALLAHABAD.

ACADEMIC QUALIFICATION

- M.Phil. in Psychology from M G Kashi Vidhyapeeth University Varanasi
- Completed Post Graduation from PPN degree College in 2005, CSJM UNIVERSITY KANPUR.
- Completed Graduation Degree from S.N. Sen PG College in 2003, CSJM UNIVERSITY KANPUR.
- Completed 12th from GBB Inter College in 2000, U.P. Board, Kanpur.
- Completed 10th from GBB Inter College in 1998, U.P. Board, Kanpur.

PAPER PRESENTATION

- Problematic behavior intervention among children with stress and aggression.
- Mental health and psychological wellbeing-- issues challenge and intervention practices.
- Working and non working woman and her children relationship.
- Identification and management of childhood disorder .
- Suicide : issue challenging prevention and management
- To assess the level of stress burnout and coping strategies nursing students.
- Current issues in practicing psychology : associated with Teenagers and Adolescent.
- Prevention of crime against women.

AREA OF INTEREST /HOBBIES

- Diagnosis Treatment & Management Of Abnormal / Maladaptive behavior.
- Anger /Stress Management /motivational Counselling.
- Issues associated with teenagers & adolescents .

- Event management /photography and dance.

COMPUTER PROFICIENCY

- Well versed in MS Word, MS-Office.
- Proficient in basic use of computer Internet Savvy

PROFESSIONAL EXPERIENCE

Total Experience of 12 Years in the field of Clinical Psychology, Psycho-Therapy and Counselling.

Present organization : POSITIVE VIBES (A Neuropsychiatry Clinic) Safdarjung Enclave New Delhi.

(19 Nov.2020 to present)

Designation : Clinical Psychologist

Job responsibilities :

- Provided psychological counseling, assessments and therapeutics to all OPD patient's .

Last organization: one stop Centre sakhi Kendra Central Delhi MoWCD GOI.

Designation : Centre Administrator OSC.

(02 Dec2019 to present) Job

responsibilities :

- To provide integrated support and assistance to women affected by violence, both in private and public spaces under one roof.
- To facilitate immediate, emergency and non - emergency access to a range of services including medical, legal, psychological and counselling support under one roof to fight against any forms of violence against women Responsible for handling the day-to-day administrative tasks of the office and making sure that everything runs smoothly.
- Carrying out large volumes of filing while retaining a good level of accuracy and efficiency.

- Maintaining an effective administration system.
- Rapidly responding to and resolving any administrative problems.
- Managing related legislative, regulatory and compliance issues.
- Coordinating officers n OSC procedures.
- Making sure that information is quick and easy to locate.
- Ordering and maintaining office stationery and equipment
- Processing staff payrolls, keeping account of finances and updating staff n cases

Last Organization: New Leelamani hospital, Kanpur

Designation: Clinical Psychologist & Psychotherapist

(April 2010 to October 2019)

Job Responsibilities:

- Extensive experience in the assessment, diagnosis, and treatment of psychiatric disorders across different age group.
- Devise and monitor appropriate programs of treatment, including therapy, counseling or advice, in collaboration with colleagues.
- To remove Psychological problem & Behavioral Counselling; Depression & Delusion, CR, Phobia, Addition, OCD, MR/MI.
- Counselling for Child guidance, School & Educational counseling, Behaviour & Career/Family counseling,
- Specialization in Psycho-diagnostic test (TAT, CAT, SIS, RIBT), I-Q test, Stress/anxiety test, Attitude Test, Mental Health & memory Test, Personality & Depression.
- Psycho-Therapy, Relaxation therapy, Behavior / Cognitive Behavior therapy, Yoga/Meditation, MBT(Electro sleep, Brain polarization, Aversion therapy), Bio-feed Back and RTMS etc.
- Develop and evaluate service provision and provide consultation to other professions, encouraging a psychological approach in their work.
- Conducted neurological assessments and completed reports to determine patient's capacity for decision making, to direct treatment goals and to assess any cognitive declines through formal assessment.
- Oversaw and monitored all clinical programs and activities at the center and participated in program development, implementation and evaluation as required.

Present organization : Chhatrapati Shahuji Maharaj University. Kanpur.UP.

Designation : Guest lecturer department of social science (Guidance and Counselling PG diploma course)

Job responsibilities :

- An innovative and knowledgeable professional having 12 years experience as a psychologist com lecturer.
- Proficient in developing new lessons and activities to expand learning opportunities.

- Extensive participation on committees and extra-curricular activities.
- Excellent knowledge of the subject and also has great practical knowledge
- Employ differentiated teaching methods, incorporating, audio and visual activities to address all learning styles.
- Provide individualized instruction to keep all students at expected skill level.
- Identify and organize field trips to enhance curriculum.

Last Organization: Deva institute of healthcare and research Varanasi

Designation: Clinical / Rehabilitation Psychologist (Oct 2019 to Nov 2019) Job

Job responsibilities :

- Provided psychological counseling, assessments and therapeutics to all IPD OPD patient's
- Other duties include offering therapy for difficulties relating to anxiety, depression, addictions, social and interpersonal problems, challenging behavior and, increasingly, a range of more difficult problems like rehabilitating long-stay patients into the community.
- Worked as a rehabilitation psychologist for special needs children's and ANVITA - all women psychological rehabilitation center affiliated to Deva institute of healthcare and research Centre.

Previous Organizations:

(Jan 2007 to Oct 2010)

- Arogyam Hospital, Kanpur.
- Bal Bhawna Spastic Center, Kanpur.
- Manojagrati Rehab Center, Varanasi.
- Children Public School, Fatehpur
- Ursula Horsman hospital Kanpur city government hospital.
- Private practice with Dr. Ganesh Shankar Psychiatrist Kanpur .

Designation: Clinical Psychologist & Counsellor

PROFESSIONAL STRENGTHS

- Capable of giving full attention to what other people are saying, taking time to understand the points being made.
- Excellent communication and interpersonal skills.
- Ability to work independently and handle multiple tasks with team spirit.
- Knowledge of psychological theory and practice. Good research skills.
- Ability to Perform research in schools and colleges hospitals and other public arenas regarding mental health care and concern

EXTRA CURRICULAR ACTIVITIES

- Cultural secretary of S.N.Sen PG College in 2003.
- Took an active part in debates & Games and cultural activities
- Worked with a diverse range of students with varying ethnic, social, educational and economic background.
- Provided services to clients that have a specific disability.
- Took an active part in social activities like mental health awareness mensuration hygiene parenting career counselling programs .
- Providing voluntary services in schools/ rehabilitation center's and NGOs.

ACHIEVEMENTS AND .AWARDS

- Participation and awarded by various psychological workshops, CME & camps in different schools and cities.
- Awarded by ROTARY CLUB /SPASTIC CENTER for Voluntary services.
- Participation of CIPCON& CME 2017 as a delegate G.S.V.M. madical college kanpur.
- Participated National Conference on Psychology & Society today:contemporary issues & interventions .
- Awarded by global disability empowerment awards as a BEST PSYCHOLOGIST BY honorable Minister social justice and empowerment GOI DELHI.
- Participate many national and international conference and CMEs as a invited speaker and paper presenter organised by NIEMPD/NIPCCD / IAHP / CIPCON/ OTHERS UNIVERSITIES / COLLEGES/

- Awarded manytimes as a guest of honour by many culture and social activities and programs all India women development and training society/ Kanpur utsav/asha welfare society/ ROTARY CLUB/and many reputed NGOs . .
 - Attending many seminar and webinar conduct by MoWCD/NIEMPD/ NIPCCD GOI.
 - Member of Amar Ujala BASE (business academic and social entrepreneur) Kanpur.
 - Project director of Shri Sai naina foundation .
 - Lifetime member of all India health psychology .
 - Member of task force team One Stop Centre/DDMA CENTRAL DELHI
 - Formal rehabilitation psychologist in ANVITA-- ALL WOMEN PSYCHOLOGICAL REHAB STATION CENT
- Organized and participate many health and psychological camp's and awareness programs.

PERSONAL INFORMATION

- Father's name : Lt. P. N. Gupta
- Date of Birth : 23rd Jan
- Marital Status : Single
- Languages known : English& Hindi
- Nationality : Indian

Declaration- I hereby declare that the above particulars are true and correct to the best of my knowledge.

Date:

Signature

Place:

(JAYA GUPTA)