

JANVI JAIN

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PERSONAL PROFILE

A dedicated and driven Licensed Psychologist, **RCI No. A98830**, with a sound understanding of clinical psychology and various related concepts and theories. Who aspires be a Compassionate Psychologist committed to serving patients by listening to concerns and guiding patients in approaching behavioral, mental and emotional problems. Polished in interviewing individuals to identify psychological needs and providing accurate diagnosis. Well-versed in various psychological techniques, including cognitive behavioral, mindfulness-based and emotion- focused therapies. Skilled in building rapport with patients in counselling sessions and coordination with practitioners to track progress. Highly organized and dependable.

EDUCATION

Doctorate of Philosophy- Psychology (Part-time) , Amity University, Noida, Uttar Pradesh.	07/2024
Post Gradate Diploma in Rehabilitation Psychology (RCI Licensed Course) Vision Institute of Applies Studies, Faridabad, Haryana (Relevant coursework: Community Based Rehabilitation, Rehabilitation Assessment and Counselling, Disability and Rehabilitation, Psychosocial Issues in Disability)	12/2022- 01/2024
B.A + M.A in Clinical Psychology (CGPA – 8.0) Amity University, Noida, UP (Relevant coursework Basic Research Methodology, Counselling Psychology, Abnormal Psychology, Personality Disorders, Anxiety Disorders, trends in Psychopathology, Sleeping and Eating disorders, Gender Psychology, Psychology of Caregivers, Substance and Addictive Disorders, Stress and coping, Geriatric Disorders, Emotion and Cognitions)	07/2017-12/2021

CAREER EXPERIENCE

Counsellor, Amrita Hospital. Faridabad.	07/2024- till date
<ul style="list-style-type: none">CounsellingRehabilitation ServicesPsychological assessmentPsychological evaluation and treatment	
Mentoring Counsellor, Counsel India (Part time)	02/2024- 06/2024
<ul style="list-style-type: none">MentoringCounsellingCareer GuidanceJob Guidance	
Psychology Intern, Diverse Minds by Divya Malhotra (RCI Licensed Rehabilitation Psychologist)	07/2023-09/2023
<ul style="list-style-type: none">Conduct psychological assessments for individuals with disabilities or chronic conditions.Develop and implement treatment plans to enhance psychological well-being and adaptive functioning.Maintain accurate, confidential patient records and uphold ethical standards.	
Psychology Intern, Manastha Health Solutions	04/2022-06/2022
<ul style="list-style-type: none">Assisted in career counselling, including client intake, action plan development, and group session facilitation.Observed and learned counselling techniques, contributed to research on career development theories.Participated in organising and presenting career workshops and seminars.Provided administrative support, maintained confidentiality of client information.	
Psychology Intern, Sai Dham (NGO)	09/2021-11/2021
<ul style="list-style-type: none">Conducted educational sessions on menstrual health and safe sex, including interactive Q&A sessions.Organised and participated in Teacher's Day event, incorporating dance and cultural activities for children.Completed a detailed case study report on a child affected by parental alcohol abuse and domestic violence.	
Psychology Inter, Cognizavest Clinical	06/2021-07/2021
<ul style="list-style-type: none">Expertly documented patient diagnoses and interventions, effectively tracking outpatient treatment outcomes.Specialised in mental status examinations and diagnostic formulation through rigorous study and practice.Completed advanced clinical psychology case studies and assignments, deepening understanding of complex conditions.	
Psychology Intern, Counsel India Clinical	01/2021-02/2021
<ul style="list-style-type: none">Gained advanced knowledge in treatment and diagnosis by shadowing experienced clinicians.Compiled comprehensive case histories for accurate patient records.Assisted in diagnosing and treating complex conditions, including chemical dependencies and psychiatric disorders.	
Psychology Intern, Cognizavest Forensic Psychology	07/2020-08/2020
<ul style="list-style-type: none">Assisted in forensic psychology research, enhancing understanding of the field.Compiled detailed case histories for accurate and comprehensive records.Aided in developing and implementing treatment plans for forensic cases.	
Psychology Intern, Swati Clinical Psychologist	06/ 2020 – 07/ 2020

- Excelled in detailed case history documentation, ensuring comprehensive client profiles.
- Developed proficiency in basic report writing, delivering succinct and informative summaries.
- Conducted mental status examinations, effectively assessing client mental health.

Psychology Intern, Vimhans, New Delhi

02/ 2020 – 03/2020

- Accumulated 100 hours of supervision, observing clinical psychology staff to develop practical knowledge and skills.
- Gained foundational knowledge in psychiatric disorders, conducting case histories for adults and children.
- Shadowed experienced clinicians, gaining deep insights into treatment, diagnosis, and assessment techniques.
- Enhanced clinical understanding through observation in IPD and OPD sessions, and participation in various workshops.

Psychology Intern, Max Super Speciality Hospital, Delhi

07/2019 – 08/2019

- Provided psychotherapy using cognitive-behavioural, client-centred, and play-therapy techniques for diverse psychological conditions.
- Formulated comprehensive diagnoses and treatment plans through detailed clinical interviews, optimising follow-up care coordination.
- Conducted Mental Status Examinations and patient observations, including therapy sessions.
- Enhanced practical skills and knowledge through 100 hours of supervision with clinical psychology staff and participation in professional workshops.

Psychology Intern, Max Super Speciality Hospital, Delhi

04/2019 – 05/2019

- Observed diverse therapy sessions and conducted psychological tests, including CBT and DPT.
- Provided psychotherapy using cognitive-behavioural, client-centred, and play-therapy techniques for various patient issues.
- Created comprehensive treatment plans from detailed clinical interviews, optimising social worker follow-up.
- Enhanced skills through Mental Status Examinations, therapy session observations, and 100 hours of clinical staff supervision.

Psychology Intern, Metro Hospital, Faridabad, Haryana

06/2018- 07/2018

- Organized clinical interventions and treatment plans for patients suffering from various disorders.
- Observed patients, therapy sessions and did various Mental Status Examination (MSE), and history taking.
- Observed clinical psychology staff and attended 100 hours of supervision to develop practical knowledge and abilities.

Other information

- Research published in a journal, sarcouncil journal of arts humanities and social sciences by sarc publishers on 04-10-2022 on the topic – procrastination as a predictor for stress, substance use and self-esteem.
- **Skills:** Counselling, Psychotherapy, Evidence based therapy, Empathy Active listening, Writing reports, Behavior modification, Communication, Interpersonal skills, Diagnosis and Assessment, Treatment Planning, Client-Centered Approach, Cultural Sensitivity, Research Skills, Confidentiality and Ethics, Teamwork and Collaboration, Psychometric Testing, Problem-Solving and Crisis Control Skills.
- **Other Short Courses:**
 - Introduction to Positive Psychology (*Fortis Healthcare*)07/2021-08/2021
 - Introduction to School Psychology (*Fortis Healthcare*)07/2021-08/2021
 - Rorschach Inkblot Test (*Fortis Healthcare*)07/2021-08/2021
 - Colour Psychology (*Episteme of Psychology*)06/2021-07/2021
 - Introduction of Special Education ^[SEP](*Fortis Healthcare*)^[SEP]05/2021-06/2021
- **Study Abroad Program (SAP), London:** Completed a specialized 1.5-month course at Birkbeck, University of London, focusing on 'Receptive and Expressive Communication Skills, Group Dynamics, and Team Building.' (2019)