
VAANI JAIN

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PROFILE

Dedicated clinical psychologist with M.Phil. in Clinical Psychology from Sri Aurobindo University, committed to fostering a safe, non-judgmental therapeutic environment. I believe in the power of empathy and active listening to build strong, trusting relationships. By using evidence-based interventions and tailoring them to each person's unique needs, I aim to help clients navigate their challenges and foster personal growth in a supportive and compassionate way.

EDUCATION

M.Phil. in Clinical Psychology - Sri Aurobindo University, Indore	2022-2024
P.G. Diploma in Guidance and Counselling - Jamia Millia Islamia, Delhi	2020-2021
M.A. Clinical Psychology - Amity University, Noida	2020-2022
B.A. Hons. Psychology - Kamala Nehru College, Delhi University, Delhi	2017-2020

EXPERIENCE

- **Trainee Clinical Psychology, Sri Aurobindo Institute of Medical Sciences, Indore (October 2022 - September 2024)**
 - Posted under departments of Oncology, Surgery, Neurology, Paediatrics, and Medicine, ensuring timely interventions and improvements in patient outcomes.
 - Conducted comprehensive psychometric assessments, for diagnosis and personalised treatment plans for diverse mental health conditions
 - Taking general psychology lectures for undergraduate students of Physiotherapy, Occupational Therapy and Nursing.
 - Worked under a child psychiatrist at the first exclusive Child and Adolescent Psychiatry Clinic in Indore, gaining hands-on experience in assessment, diagnosis, and therapeutic interventions for young patients, while contributing to multidisciplinary case discussions and treatment planning.
- **Mentor Coach, MapOut Global, (January 2022 - August 2022)**
 - Designed and implemented effective coaching modules aimed at enhancing mentor performance and streamlining the onboarding process for new college mentors.
 - Collaborated with internal teams to create content for the website and social media.
- **Human Resource Internship, Mapout Global (June 2021- August 2021)**
 - Assisted in executing internal hiring processes.
Actively participated in scouting candidates, scheduling interviews and shortlisting candidates for various positions.

SKILLS

Diagnosis and treatment planning, Evidence-based interventions, Behavioural Interventions, Mindfulness and relaxation practices, Collaborating with medical specialities/multidisciplinary teams, Active listening, Case formulation, Ethical practice, Crisis intervention, Interpersonal communication, Report writing

ACCOMPLISHMENTS

- Qualified for Assistant Professor, NET qualified, December cycle 2023
- Paper presentation at National Annual Conference of Indian Association of Clinical Psychologists (2023)
- Member of the core committee at the NACIAP 2024
- Published a paper titled "College Sense of Belongingness and Adjustment of Undergraduate Students in Covid-19" in The International Journal of Indian Psychology (2022)
- Actively practicing Shaolin Kung Fu, Qi Gong and Tai Chi for 6 years under Master Shi Yang Xiang 34th Generation Shaolin Disciple

REFERENCES

Dr. Ajay Sharma

HOD & Associate Professor

Consultant - Clinical, Neuro, Adult and Child Psychologist

Department of Clinical Psychology

Sri Aurobindo University, Indore.

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Dr. Hiral Kothadia

MD Psychiatry (I.H.B.A.S., Delhi)

Post Doctoral Fellowship (Child and Adolescent Psychiatry, JIPMER, Puducherry)

Associate Professor I/C Child and Adolescent Psychiatry

Sri Aurobindo Medical College and P.G. Institute, Indore.

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