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| mahima Mathur |  |
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Objectives

I am seeking a Job opportunity to launch my career in psychology and gain hands-on professional guidance during these formative stages of my development. Through direct client and patient interactions in a real-world setting, I aim to deepen my understanding of psychological concepts and their practical applications.

The job would provide invaluable exposure to professional assessment techniques and therapeutic approaches while allowing me to refine my clinical skills under expert supervision. Learning directly from experienced practitioners would help bridge the gap between academic knowledge and real-world practice. I would gain insights into professional dynamics, workplace protocols, and the nuances of therapeutic relationships.

Beyond technical skills, this experience would help me develop essential professional competencies like client communication, documentation, and collaboration with healthcare teams. Understanding how a psychology practice operates day-to-day would give me perspective on different career paths within the field. The mentorship and networking opportunities would be instrumental in shaping my long-term career trajectory.

I am eager to immerse myself in this learning experience, contribute meaningfully to the organization, and lay a strong foundation for my future as a psychology professional.

Skills

* Research
* Ethical Understanding
* Open Minded Approach
* Good listener
* Empathetic

Education

* Post-Graduated- MA Clinical Psychology from Amity University, 2025
* Graduated- BA in Applied Psychology from Manav Rachna International Institute of Research and Studies, 2022.
* 12th from Bal Bhavan Public School, Delhi in 2020; Affiliated to CBSE; 86%.
* 10th from Bal Bhavan Public School, Delhi in 2018; Affiliated to CBSE; 72%.

**Extracurricular Activities**

* Interned at Headspace Healing for 1 month in June 2024
* Interned at Marengo Asia Hospital for 1 month in February, 2024
* Interned at Marengo Asia Hospital for 1 month in October 2023
* Interned at Hope- The Psychology Clinic for 1 month, 2022
* Volunteered in Autism Awareness Program during B.A., 2022
* Member of the Departmental magazine design team (Manovriti), 2022
* Attended expert lecture session on air pollution and its various aspects
* Attended session – HR Roundtable on emerging leadership paradigm
* Attended session on Mental Health Awareness Programme
* Participated in online wellness chatroom
* Volunteered in organizing a Group Discussion (Charcha 2.0)
* Volunteered in organizing online binge quiz
* Online Workshop on Climate Change Awareness and Action Plan
* Participated in Health and Wellness Campaign
* Participated in MUN(Model United Nations) in 11th standard

**Achievements/Awards**

* International Accredited Certificate in Art Therapy (Udemy)
* Publication: "Exploring the influence of dream content, affect and psychological well-being among young adults"(International Journal of Applied Research)
* Publication: Perception of Gender Justice among Young Adults and its Psychological impact on them (IJNRD)
* Completed Udemy certification in Criminal Psychology: Crime and Personality Disorders
* Certificate of Appreciation for volunteering in the Health Camp Series, 2023
* Received Participation certificate on “Suicide Prevention” week organized by the college psychology department
* Received certificate of appreciation from West Bengal University for poster presentation on “Perception of Gender Justice among Young Adults and its psychological impact on them”

**Hobbies:** Dancing, Reading Novels, listening music

**Language Known:** Hindi, English