

## PROFESSIONAL SUMMARY

Currently in the final month of M. Phil in Clinical Psychology from SGT University, Gurugram. Building my expertise by working closely with professionals on practical cases and learning all the theoretical aspects so that I can serve better. Working on cases that extensively require psychotherapy and psychodiagnostic assessments enabling me to understand symptomatology of the patient and render effective diagnosis. Dedicated to building a well-rounded skill set to provide ethical and effective psychological care.

## INTERNSHIP EXPERIENCE

### Intern, Approach Autism Foundation

July 2022- Aug 2022

- Gained hands-on experience working with individuals with autism spectrum disorder (ASD) across various age groups.
- Learned and assisted in the implementation of visual schedules.
- Supported the development and use of work systems and task-based organization strategies.

### Intern, Cognizavest

July 2022- Dec 2022

- Engaged in a theory-intensive internship focused on core clinical practices essential for psychological assessment and diagnosis.
- Acquired in-depth understanding of case history taking and Mental Status Examination, through structured and semi-structured interviews.

### Intern, Sawai Man Singh Psychiatry Hospital (SMS, Jaipur)

Sep 2019- Dec 2019

- Served as part of the core observation team in OPD & IPD settings, closely observing clinical interviews, diagnostic discussions, and therapeutic rapport-building.
- Administered a range of standardized psychological assessments under the direct supervision of a licensed clinical psychologist.

### Intern, Counselling and Career Development Centre, IIS University

July 2016- July 2017

- Gained foundational training in counseling skills and vocational guidance by supporting adolescents with academic, emotional, and career-related concerns.
- Acquired hands-on experience with career assessment tools and holistic strategies to promote student well-being and informed choices.

## EDUCATION

Program	Institution	% / CGPA	Year of Completion
MA Psychology	Indraprastha College for Women, University of Delhi	7.2	2020-2022
BA Hons. (Psychology)	IIS University, Jaipur	78.07%	2016 – 2019
Senior Secondary	Subodh Public School, Jaipur	97% (best of 4)	2016

## SKILLS

- Strong interpersonal skills; adept at building rapport with diverse clients in both English and Hindi.
- Proficient in conducting psychological assessments and formulating diagnoses.
- Skilled in developing and delivering individualized treatment plans using evidence-based therapies.
- Experienced in monitoring client progress and adjusting interventions as needed.
- Collaborative in interdisciplinary settings; able to coordinate care with psychiatrists, other medical professionals, and families when needed.
- Committed to ongoing learning, reflective practice, and supervision to enhance clinical competence.

## CERTIFICATES

- Play Therapy Certificate Course Oct 2021- Nov 2021
- Certification In Counselling & Guidance July 2016- July 2017

## ACHIEVEMENTS

- UGC NET (Qualified for Assistant Professor) July 2023

## VOULUNTEERING EXPERIENCE

- Vandrevala Foundation March 2023
- IQ Assessment Camp, Govt. of Rajasthan Oct 2019