

CURRICULUM VITAE



PERSONAL INFORMATION

Name	DR. MANALI
Date of Birth	9TH May, 1994
Sex	Female
Citizenship	Indian
Address	Supertech Ecociti, Sector 137, Noida, Uttar Pradesh- 201305
Contact details	Mob: +91-9620737808 Email: manali.sau@gmail.com
Current Position	Junior Resident, Department of Psychiatry, K. S. Hegde Medical Academy, Mangalore
Languages known	English, Hindi, Bengali, Kannada, Malayalam,

OBJECTIVE

To apply for the post of Senior Resident in the Department of Psychiatry at your Medical College. I am interested in clinical work (Out-patient and In-patient care), community camps, academics and research, thus academic post is the next step for me.

AVAILABILITY Immediate

EDUCATIONAL QUALIFICATIONS

Course/Exam.	School/Institute	Period	Results
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Doctor of Medicine (M.D) (MCI recognised)	K. S. Hegde Medical Academy, NITTE University, Mangalore Karnataka, India	2022-2025	Pass with 67%, attempt-1
Bachelor of Medicine and Bachelor of Surgery (M.B.B.S.)	JJM Medical College,Davangere Karnataka, India	2018	Pass with 66.2% marks in aggregate
West Bengal Board of Higher Secondary Education	Bahara Adarsha Vidyapith, West Bengal	2011	Pass with 83.3% marks, attempt -1
West Bengal Board of Secondary Education	Kandi RMC Girls High School, West Bengal	2009	Pass with 87% marks, attempt -1

MEDICAL REGISTRATION

Registration No.	Date	Registering Authority
125813	05-09-2018	Karnataka Medical Council

SPECIALIST REGISTRATION

Qualification	Registration No.	Registering Authority
M.D. Psychiatry (MCI recognized)	125813	Karnataka Medical Council

EMPLOYMENT DETAILS

Designation	Duration	Place of Posting	Name of Employer
Compulsory Rotatory Internship	2017-2018	JJM Medical College,Davangere Karnataka, India	Dean, JJM Medical College, Davangere, Karnataka, India
Resident Medical Officer	March- November , 2019	Medanta ARAMW Hospital, Ranchi- experienced at Neuro & Cardiac ICU	Vice President, Medanta ARAMW Hospital, Ranchi
Registered Medical Advisor	Dec, 2021- March, 2022	Women's health division, Abbott India	Vice President, Abbott India
Junior Resident (Psychiatry)	2022-2025	K.S.Hegde Medical Academy, Karnataka	Dean, K.S.Hegde Medical Academy, Karnataka, India

WORK EXPERIENCE

I. Compulsory Rotatory Internship, JJM Medical College, Davangere, Karnataka(2017-2018)

1. General Medicine (2 months)
2. General Surgery (2 months)
3. Obstetrics & Gynaecology (2 months)
4. Community Medicine (Rural & Urban) (2 months): Community medicine posting included community paediatrics, maternal child health and family welfare, primary health centre and national control programs
5. Orthopedics (1 month)
6. Paediatrics (1 month)
7. Anesthesiology (15 days)
8. Otorhinolaryngology (15 days)
9. Ophthalmology (15days)
10. Psychiatry (15 days)
11. Casualty/Emergency Department (15 days)
12. Dermatology (15 days)

II. Junior Resident at K.S. Hegde Medical Academy, Mangalore (NITTE university) from 2022-2025:

- **Adult in-patient and out-patient Psychiatry**– This includes postings in out-patient and in-patient set ups, detailed workups and discussions with psychopharmacology. Electroconvulsive therapy (ECT) and Ketamine therapy administration was part of this training.
- **Child and Adolescent Psychiatry** - This includes external postings in **NIMHANS**, Bangalore for **2 months**.
- **Neurology & Neuropsychiatry** – This includes work in Neurology department, Electroencephalography (EEG) interpretation and Memory clinic for cognitive deficits for **1 month**.
- **Consultation Liaison psychiatry**- liaison with the departments like medicine, orthopedics, surgery, ICU for emergency psychiatry facilities.
- **Psychology**- includes **1 month** training in therapies like CBT, mindfulness, BT, group therapies, Motivation enhancement therapy, IQ assessment, projection tests.
- **Emergency Psychiatry** -day and night emergency duties throughout the 3 years of residency
- **Community Psychiatry** –
 1. Attended **monthly De-addiction camps**, a part of Sri Kshetra Dharmasthala Rural Development Project, Ujire
 2. **Community De-addiction camp**, A.V. Baliga Memorial Hospital, Udupi – January 2024
 3. **Telepsychiatry** 3-4 times per month.

- Rotation in **Radiodiagnosis** for **15 days**.
- Training at **NITTE rural psychiatry centre- 2 months**
- Active involvement in multiple **patient awareness programmes and CME** conducted by the department.

RESEARCH EXPERIENCE

1. **Original article**

Jhncy SS, **Sau M**, Samuel TV. Impact of handedness on mental and neuropsychological performance in young adults. Natl J Physiol Pharm Pharmacol 2021;11(01):51-55.

2. **Dissertation/Thesis**

Title: **Alcohol dependence syndrome and co-morbid anxiety disorder association based on severity assessment: A cross sectional study.**

Supervised by: Dr.Satheesh Rao, Professor, Department of Psychiatry

COURSES COMPLETED

1. Certified in Basic Life Support (BLS) and Advanced Cardiac Life Support (ACLS) from Medanta ARAMW Hospital, Ranchi.
- 2.Certified in Basic Life Support (BLS) and Advanced Cardiac Life Support (ACLS) from K. S. Hegde Medical Academy, NITTE- Deemed to be University
3. Completed a workshop on synopsis and dissertation writing organized by the NITTE-Deemed to be University.

CONFERENCES/ WORKSHOPS/ CME ATTENDED

I. CME

1. **Psychiatry Insight 2022**, Kasturba Medical College, Mangalore - **Behavioural Addiction among children and adolescents.**
- 2.**Muller Psychon 2022- Recent advances in Psychiatry**
3. **IPS-KC PG CME 2023, NIMHANS**, Annual post graduate training program- IPS, south zonal branch CME, **2023, Chennai.**
4. **Psychiatry Insight, 2023, KMC Mangalore- From trauma to healing: empowering mental health recovery.**

5. **7th National symposium on Women's Mental Health and perinatal psychiatry** at Father Muller Medical College, **2023**.

6. **IPSOCON 2023, Guntur- Exploring Newer Frontiers in clinical psychiatry**, 56th Annual conference of IPS-South zonal branch.

7. **ANCIPS 2024, Kochi - Psychiatric care: Problems, Progress and Prospects**.

8. **National level PG CME- Womb to Tomb: Unraveling the journey of Psychiatry**, KSHEMA **2024**.

9. **TIPPS Excel, STEP 2024**, Bangalore, National conference for post graduates in Psychiatry.

10. **"Seeing the unseen" - Radiology basics for Psychiatrists**, Yenepoya Medical College, Mangalore, **2024**.

II. Workshops

1. **ICD 11- An interactive case based workshop**, Kasturba medical College, Manipal, 2023.

2. **ECT 75 - An update on electroconvulsive therapy**, NIMHANS, 2023.

3. Workshop on Synopsis/Dissertation writing, K.S.Hegde Medical Academy, 2023.

CONFERENCE/CME PRESENTATIONS (PAPER/POSTER/SYMPOSIUM)

- Presented case report in liaison with Neurology department at **Clinical society meeting** in K.S.Hegde Medical Academy, 2023.
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- Presented a poster on “**Unwanted jerks,uninvited bonds: myoclonus and benzodiazepine dependence- a case report**” at **Indian Psychiatric Society South Zonal Branch Annual Conference, 2023 in Guntur**.
- Presented a poster on “ **Hidden struggles:Androgen Insensitivity Syndrome and mental health- a case report**” at **Annual National Conference of Indian Psychiatric Society, 2024**.
- Presented a paper " **Exploring the association between marital status and severity of alcohol dependence in a tertiary care setting: A cross-sectional study**" at **National level PG CME- Womb to Tomb: Unraveling the journey of Psychiatry 2024** in K,S Hegde Medical College and hospital.

CONFERENCES/WORKSHOPS ORGANIZED

1. Member of Organizing Committee and Registration Committee at **National level PG CME- Womb to Tomb: Unraveling the journey of Psychiatry**, held at K.S.Hegde Medical Academy,Mangalore Karnataka, India
1. Master of Ceremonies (M.C.), member of Organizing Committee and Scientific Committee at CME on **National level PG CME- Womb to Tomb: Unraveling the journey of Psychiatry**, held at K.S.Hegde Medical Academy,Mangalore Karnataka, India.

ACADEMIC ACHIEVEMENTS/AWARDS/HONORS RECEIVED

1. **1st Position** –Poster Presentation on the topic: **RELATIONSHIP BETWEEN HANDEDNESS AND COGNITION** at KARMIC, International Undergraduate Research Conference (2015)
2. ICMR accepted research proposal - **GRIP STRENGTH BASED HANDEDNESS & COGNITIVE FUNCTION in CHILDREN, 2014**

OTHER RELEVANT EXPERIENCE

- Have hands on experience in the use of Transcranial Direct Current Stimulation (tDCS).
- Have hands on experience in the use oral Ketamine administration for depressive disorders.
- Have a working knowledge of computers (Windows, Microsoft Office)

RESEARCH INTERESTS

- Psychopharmacology
- Rehabilitation in psychiatry
- Geriatric Psychiatry
- Child Psychiatry
- Brain Stimulation techniques including Transcranial Magnetic Stimulation (TMS), Transcranial Direct Current Stimulation (tDCS)

CO-CURRICULAR ACHIEVEMENTS:

Medical college:

- BREAK THE SILENCE, END THE VIOLENCE- Part of organizing committee for an awareness program regarding Women Safety and Respect for Women
- ATHARVA,2014(Annual Intercollegiate Fest),JJMMC- 1st prize winner in dance and quiz competition.
- NEURONE, 2015(Annual Intercollegiate Fest), S S Institute of Medical Science & Research- 1st prize winner in dance and art competition.

School: Prize winner in dance, debate, creative writing, plays

PROFESSIONAL REFERENCES

1.Prof. (Dr.) Satheesh Rao, MD, DPM

Department of Psychiatry

K.S.Hegde Medical Academy, NITTE deemed to be University,Mangalore, Karnataka, India;

E-mail: satheeshrao@nitte.edu.in

2.Dr. Shrinivasa Bhat U., MD

Professor and Head, Department of Psychiatry

K.S.Hegde Medical Academy, NITTE deemed to be University, Mangalore

Email: bhat.shrinivasa@gmail.com

Date: 24/2/2025

Place: Noida