

SAKINA MERCHANT

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Respected Authority,

I am writing to express my interest in the post of Clinical Psychologist at your reputed and renowned institute. With Master's degree in Clinical Psychology and two years of experience at Ali Yavar Jung National Institute of Speech and Hearing Disabilities (Dvyangjan) in Mumbai, I am well equipped to contribute effectively to your team.

At AYJNISHD(D), I administered Psychological testing and assessments primarily for pediatric clients, ensuring accurate evaluation and diagnosis. Serving as a Consultant on the MHRH Kiran Mental Health Helpline, I provided expert advice and support for a range of mental health concerns.

My experience also includes conducting one-on-one counseling sessions tailored to individual needs, as well as, felicitating Behaviour Modification Programs for Children with Autism Spectrum Disorder, Intellectual Disabilities, Attention deficit Hyperactivity Disorder, and other behavioral problems using evidence based techniques. I have developed comprehensive treatment plans that address the challenges faced by each client, fostering an environment of growth and resilience.

In addition to my Clinical experience, I have delivered lectures and instructional sessions for B.Ed and M.Ed (Special Education) students, enhancing their understanding of psychological principles, theories and practices. This role allowed me to further develop my interpersonal and communication skills as I engaged with the students.

Apart from this, I am also Passionate about professional development and knowledge sharing, as I was honored to organize and felicitate various workshops in the field of psychology. I was also a part of the evaluator's team for the paper evaluations of D.Ed (Special Education). I was deputed to various places for training and paper evaluation in order to enhance in my knowledge and skills.

I am available for an interview at your convenience and look forward to discussing this opportunity further.

Thank you for your time and consideration.

Best Regards,
Sakina Merchant.

Sakina Merchant

Psychologist

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OBJECTIVE

Talented Psychologist versed in psychological principles, theories and assessment techniques. Seeks to build broad-based knowledge with different populations to help in treating disabilities and disorders. Dedicated to offering exceptional support to every patient. Demonstrated knowledge of standard psychological assessment instruments of personality and intellectual functions.

EDUCATION

S.S.C - Lord's High School
2013 – 2014.

H.S.C - Viva College
2015 – 2016.

Bachelor's In Arts (psychology) -
SNDT Women's University
2016 – 2019.

Master's In Clinical Psychology -
Vishwakarma University
2019 – 2021.

KEY SKILLS

Analytical and critical thinking
Activity Planning
Behavior observation
Decision-Making
Dependable and Responsible
Case management
Social perceptiveness
Psychological Assessment
Counseling
Practical Learning

LANGUAGES

English
Hindi
Marathi
Gujarati

EXPERIENCE

❖ Consultant Clinical Psychologist • AYJNISHD-Mumbai
2022-09 – Present

Job Profile -

- Administered testing and assessments for majorly pediatric at the department of psychology.
- Consultant on MHRH Kiran mental health helpline.
- Conducted one on one counseling services.
- Conducted lectures for B.ed.spel ed.
- Behavior modification sessions for autistic, ID, ADHD and children with behavioral issues.
- Created treatment plans and counselling to provide comprehensive care to patients.
- Briefing students about the assessments and evaluating their journals.

❖ Intern • JJ hospital

2022-07 – 2022-08

❖ Intern • Lokmanya Tilak Municipal General Hospital

2022-06 – 2022-07

Job Profile -

- Worked with clients living with mental and developmental delays and employed successful strategies aimed at addressing symptoms and improving quality of life.
- Collected case histories covering personal, work and social details for permanent records.
- Assisted with documenting and evaluating behaviors of individuals with mental health diagnoses.
- Shadowed experienced clinicians to gain in-depth knowledge of treatment, diagnosis and assessment techniques.
- Administered, scored and interpreted psychological tests
- Observed service delivery for cases involving specific problems and broadly disordered behavior.
- Delivered counseling services under close supervision of psychologists.
- Identified psychological, emotional or behavioral issues and diagnosed disorders using information obtained from evaluation techniques